

AUGUST

"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character."

— Martin Luther King, Jr.



Learning in Your Neighborhood

Help your child become familiar with the neighborhood in which you live. Learning can take place at the grocery store, at the park, at the police station or when visiting next door.

- Name letters and numbers you see during your daily travels in your neighborhood. M for McDonalds; the number 4 on a license plate.
- At the grocery store, talk about the colors and shapes of the fruits and vegetables.
- A trip to the local park or playground will build your child's muscles and develop social skills as they play with other children.
- On a walk, your child can learn about the street you live on by looking at street signs, house numbers or mailboxes.



Me Book

Make a cover for your "Me Book". Ask your child to decorate two pieces of paper (one for the front and one for the back)

using different materials. Use a hole puncher and string or yarn to bind the pages together. Label the book, "All About Me."

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Internet Resources

PA's Promise for Children
www.papromiseforchildren.com
Learn about resources in your community at the above website.



A Week of Activities!

🍎 As you do the laundry, make balls out of socks (by rolling them into each other) and have your child practice throwing them into the laundry basket.

😊 Talk about how your family's schedule might change when kindergarten starts. Discuss the things you will need to do to prepare for school in the morning and what will happen after school.

📖 Help your child practice writing his/her name on paper. Show him/her how it starts with a big letter (capital letter) and uses lower case (small letters) for the rest.

🖍️ Ask your child to imagine what kindergarten will be like. Then, ask your him/her to draw a picture.



A Week of Activities!

💧 Freeze two containers of water, one small and the other large. Next, place the frozen container outside. Together, make predictions about what will happen. "I think the small piece will melt by lunch and the large piece will melt by dinner."

👏 Make a family "work day" where everyone has chores to complete. Sing while you work or celebrate when everyone's finished.

👉 Ask your child to imagine what kindergarten will be like. Walk to the school and look at the building as you both describe what you think a day might be like.

▶ Start a kindergarten "count down." Write 30, 29, 28, etc all the way to 1 on a piece of paper. Together, cross out one number each day to show how many days are left until school starts.

Check these out!

I Spy School Days by Walter Wick and Jean Marzollo
Biscuit by Alyssa Capucilli

Make Way for Ducklings by Robert McCloskey

A Story for Bear by Dennis Hasely

My Kindergarten by Rosemary Wells

Everybody Works by Shelley Rotner

A Week of Activities!

📖 Find a book at the library about going to school. Read it together and talk about kindergarten. Ask your child to re-tell it to you.

🧱 Encourage your child to "paint" with water outside on pavements or brick, etc.

▶ Introduce your child to a variety of measurement tools such as a timer, a ruler, measuring cups, and thermometer. Talk about what each one measures or is used for. Practice using them.

👉 Talk about things that your child likes to do now. Then ask what s/he might like to do in the future (next week, next year, when s/he grows up).



A Week of Activities!

👏 Tell your child how proud you are that he or she is going into kindergarten. Explain that it's okay to be nervous or scared. Talk about other new experiences you've had together. "Remember how you felt when you went to that new doctor?"

🍎 Ask your child to draw his or her new teacher a picture. Write down the child's description and name. Encourage your child to take the picture with him or her on the first day.

😊 Together, pick out the clothes your child will wear on the first day of school. Keep them in a special place, along with the book bag and other needed items you have gathered.

🔑 Make ramps by propping cardboard on objects of different heights. Roll balls and small cars down the ramps. Talk about which one goes faster and which one goes slower.



- 😊 Approaches to Learning Through Play
- 🖍️ Creative Thinking and Expression
- 📖 Language and Literacy Development
- ▶ Mathematical Thinking and Expression
- 👏 Social and Emotional Development
- 🍎 Health, Wellness and Physical Development
- 🔑 Scientific Thinking and Technology
- 👉 Social Studies Thinking