

7 September 2026 - Day of Prayer & Fasting:

Theme: Seeking Jesus for healing, health and wholeness

In the Gospels Jesus reveals a broad vision of healing. His ministry was not limited to physical cures alone. He came to bring healing, restoration, and wholeness to every part of life. Jesus cared for the body, the mind, the spirit, relationships, and communities. He welcomed those who were rejected, restored those who were hurting, and offered hope to those who felt forgotten. His mission was to save, heal, preserve, rescue, and make people whole. He overcame the impact of the Kingdom of Satan on people, with deliverance another aspect of bringing people to wholeness.

Sin, abuse, neglect, rejection, betrayal...all cause great emotional and spiritual pain that hurts just as physical pain does. God, our Great Physician can completely heal our broken hearts and bind our wounds, healing, and making us whole. Spiritual and emotional healing is often a process with steps that we take.

The verses below reflect this *'Seeking Jesus for healing, health and wholeness'* theme and so please read and meditate on each passage to see what God may reveal. Try reading each aloud and putting the verse into a prayer, applying it as appropriate to your situation, your family, our church family and its ministries.

Exodus 15:26	Jer 17:14
Deuteronomy 32:39	Hos 6:1
2 Chronicles 7:13-15	Matthew 10:5-8 11:4-6
Psalms 41:3, 103:2-3, 107:19, 20, 147:3	James 5:13-16
Proverbs 4:20-22, 17:22	1 Peter 2:24
Is 40:29-31, 53:4, 5	3 John 1:2

Prayer and prayer points:

- "Father, help me to keep my focus on You when the pain and hurt are overwhelming. Help me be faithful and see the good and blessings surrounding me. Please strengthen my mind, heart, and body, and heal me today. May the Holy Spirit guide me in peace and comfort. Amen."
- Pray healing for people you know who need a touch from God.
 - Physically
 - Emotionally
 - Mentally - mental health and wellbeing, stress, anxiety and fear
 - Relationally
 - Spiritually
- Pray for the shalom - peace and wellbeing of God - to renew and transform people as they experience the presence of God in their life.
- Pray for gifts of healing and faith to be released in our churches.