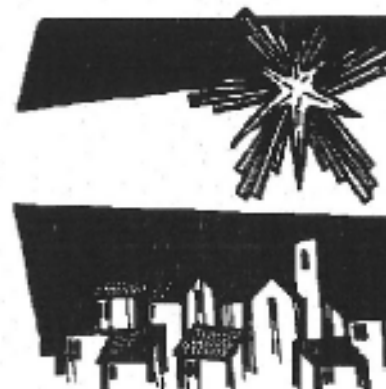


Morning Prayer

Wednesday - Week 1



God, come to my assistance

—Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit;

—as it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: “O Come, O Come Emmanuel”

1. O come, O come, Emmanuel, and ransom captive Israel,
that mourns in lonely exile here until the Son of God
appear.

Rejoice! Rejoice! O Israel to you shall come Emmanuel!

2. O come, O wisdom from on high who orders all things
mightily; to us the path of knowledge show, and teach us
in her ways to go.
3. O come, O come, Thou Lord of might, who to thy tribes
on Sinai's height in ancient times didst give the law, in
cloud, and majesty, and awe.

Text: Latin, 9th century. Music: Chant, Mode 1, Veni, Veni Emmanuel, adapt. by T. Helmore, 1811-1890.

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Psalmody

(Repeat antiphon after Leader)

Ant: O Lord, in your light we see light itself.

Psalm 36

L: Sin speaks to the sinner in the depths of the heart; there is no fear of God before our eyes.

R: For she flatters herself in her own eyes that her iniquity cannot be found out and hated. The words of her mouth are mischief and deceit; she has ceased to act wisely and do good.

L: He plots mischief while on his bed; he sets himself in a way that is not good; he clings to what is evil.

R: Your steadfast love, O LORD, extends to the heavens, your faithfulness to the clouds. Your justice is like the mountains of God, your judgments are like the great deep.

L: To human and beast you give protection. O Lord, how precious is your steadfast love. O God, the children of your people take refuge in the shadow of your wings.

R: They feast on the abundance of your house, they drink from the stream of your delights. For with you is the fountain of life; in your light do we see light.

L: O continue your steadfast love to those who know you, and your salvation to the upright of heart! Let not the foot of arrogance come upon me, nor the hand of the wicked drive me away.

R: There the evildoers lie prostrate, they are thrust down, unable to rise.

Psalm Prayer

Lord, you are the source of unfailing light. Give us true knowledge of your mercy so that we may renounce our pride and be filled with the riches of your house.

(Antiphon all together)

Ant: O Lord, in your light we see light itself.

Reading: IS 25:6-10A

On this mountain the LORD of hosts will provide for all peoples A feast of rich food and choice wines, juicy, rich food and pure, choice wines. On this mountain he will destroy the veil that veils all peoples, the web that is woven over all nations; he will destroy death forever. The Lord GOD will wipe away the tears from all faces; The reproach of his people he will remove from the whole earth; for the LORD has spoken. On that day it will be said: "Behold our God, to whom we looked to save us! This is the LORD for whom we looked; let us rejoice and be glad that he has saved us!" For the hand of the LORD will rest on this mountain. The word of the Lord.

Psalm 80: "Lord, Make Us Turn To You"

Please repeat refrain after cantor the first time:

Lord, make us turn to You, show us Your face, and we shall be saved.

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Psalm Prayer

Turn our eyes to see the truth of your judgements, O Lord. When our spirits are tried by fire, may the anticipation of seeing you make us rejoice in your justice.

Reading: Matthew 15:29-37

Jesus went along the Sea of Galilee. He went up on the mountain, and sat down there. Great crowds came to him, bringing with them the lame, the maimed, the blind, the dumb, and many others. They put them at his feet, and he healed them. The result was great astonishment in the crowds as they behld the mute speaking, the lame walking, and the blind seeing. They glorified the God of Israel. Then Jesus called his disciples to him and said, "My heart is moved with pity for the crowd. They have been with me now three days, and have nothing to eat. I do not wish to send them away hungry, for fear they may collapse on the way." His disciples said to him, "Where are we to get enough bread in the desert to feed so great a crowd?" Jesus said to them, "How many loaves do you have?"

They said, "Seven, and a few small fish." Commanding the crowd to sit down on the ground, he took the seven loaves and the fish, and having given thanks he broke them and gave them to the disciples. The disciples gave them to the crowds. They all ate and were satisfied; and they took up seven baskets full of the broken pieces left over.

Canticle of Zechariah

Now bless the God of Israel who comes in love and power, who raises from the royal house deliverance in this hour. Through holy prophets God has sworn to free us from alarm, to save us from the heavy hand of all who wish us harm.

Remembering the covenant, God rescues us from fear, that we might serve in holiness and peace from year to year. And you, my child, shall go before, to preach, to prophesy, that all may know the tender love, the grace of God most high.

In tender mercy, God will send the dayspring from on high, our rising sun, the light of life for those who sit and sigh. God comes to guide our way to peace, that death shall reign no more. Sing praises to the Holy One, O worship and adore.

Text: Benedictus, Luke 1:68-79, Ruth Dick © 1992, GIA Publications, Inc.

Tune: FOREST GREEN, CMD; English; harm. by Michael Joncas, © 1987, GIA Publications

Intercessions

Respond: "Lord, Hear Our Prayer"

Lord's Prayer

Closing Prayer

Lord our God, grant that we may be ready to receive Christ when he comes in glory, and to share in the banquet of heaven where he lives and reigns with you and the Holy Spirit, one God, forever and ever.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

—Amen.