

MORNING PRAYER

Second Wednesday in Ordinary Time

(Year I)



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Please Stand

God, come to my assistance
Lord make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit,
As it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: "Canticle of the Turning"

- 1. My soul cries out with a joyful shout that the God of my heart is great, and my spirit sings of the wondrous things that you bring to the ones who wait. You fixed your sight on your servant's plight, and my weakness you did not spurn, so from east to west shall my name be blessed. Could the world be about to turn?*

Refrain: My heart shall sing of the day you bring. Let the fires of your justice burn. Wipe away all tears, for the dawn draws near and the world is about to turn!

Psalmody

(Repeat antiphon after Leader)

Ant: Lord, you preach the Gospel of the Kingdom and cure every disease among the people!

Psalm 144

L: You are a priest for ever, in the line of Melchizedek.

R: The Lord said to my Lord: "Sit at my right hand till I make your enemies your footstool."

L: The scepter of your power the Lord will stretch forth from Zion: "Rule in the midst of your enemies."

R: "Yours is princely power in the day of your birth, in holy splendor; before the daystar, like the dew, I have begotten you."

L: The Lord has sworn, and he will not repent: "You are a priest forever, according to the order of Melchizedek."

R: You are a priest for ever, in the line of Melchizedek.

Psalm Prayer

Living God, make us conscious of your personal presence. Moment by moment, sustain us in all our human lives and relationships, Empower us to make new decisions with fidelity and generosity.

(Antiphon all together)

Ant: Lord, you preach the Gospel of the Kingdom and cure every disease among the people!

Reading: Hebrews 7:1-3, 15-17

Melchizedek, king of Salem and priest of God Most High, met Abraham as he returned from his defeat of the kings and blessed him. And Abraham apportioned to him a tenth of everything. His name first means righteous king, and he was also "king of Salem," that is, king of peace. Without father, mother, or ancestry, without beginning of days or end of life, thus made to resemble the Son of God, he remains a priest forever. It is even more obvious if another priest is raised up after the likeness of Melchizedek, who has become so, not by a law expressed in a commandment concerning physical descent but by the power of a life that cannot be destroyed. For it is testified: You are a priest forever according to the order of Melchizedek. The word of the Lord.

The Lord Is My Light (Ps 27)

The Lord is my light, the Lord is my help, the Lord is my salvation.

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Psalm Prayer

Lord, you help us conquer the powers of darkness, Strengthen us, this day, in our struggle with evil, we pray.

Reading: Mark 3:1-6

Jesus entered the synagogue. There was a man there who had a withered hand. They watched Jesus closely to see if he would cure him on the sabbath so that they might accuse him. He said to the man with the withered hand, "Come up here before us." Then he said to the Pharisees, "Is it lawful to do good on the sabbath rather than to do evil, to save life rather than to destroy it?" But they remained silent. Looking around at them with anger and grieved at their hardness of heart, Jesus said to the man, "Stretch out your hand." He stretched it out and his hand was restored. The Pharisees went out and immediately took counsel with the Herodians against him to put him to death. The Gospel of the Lord.

Quiet Reflection

Intercessions Respond: "Lord, hear our prayer."

Lord's Prayer

Closing Prayer

Let your saving love, O Lord, be a life-giving stream for body, soul and spirit. Rain down your grace on the dry dusty places of our lives, and refresh us with your living water of Jesus Christ. We ask this through the same Christ our Lord. Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to life everlasting.
Amen.