Morning Prayer
Monday - Week 2



(Please stand)

God, come to my assistance
—Lord, make haste to help me.
Glory to the Father, and to the Son, and to the Holy Spirit;
—as it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: "All Creatures of Our God and King"

1. All creatures of our God and King, lift up your voi-ces, let us sing, Alleluia! Alleluia! Bright burning sun with golden gleam, soft silver moon that gently gleams.

O praise God, O praise God, Alleluia, Alleluia, Alleluia!

2. O rushing wind and breezes soft, O clouds that ride the winds aloft, O praise God! Alleluia! O rising morn, in praise rejoice. O lights of evening find a voice.

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First Reading Isaiah 35:1-10

The desert and the parched land will exult; the steppe will rejoice and bloom. They will bloom with abundant flowers, and rejoice with joyful song. The glory of Lebanon will be given to them, the splendor of Carmel and Sharon; They will see the glory of the LORD, the splendor of our God. Strengthen the hands that are feeble, make firm the knees that are weak, Say to those whose hearts are frightened: Be strong, fear not! Here is your God, he comes with vindication; With divine recompense he comes to save you. Then will the eyes of the blind be opened, the ears of the deaf be cleared; Then will the lame leap like a stag, then the tongue of the mute will sing. Streams will burst forth in the desert, and rivers in the steppe. The burning sands will become pools, and the thirsty ground, springs of water; The abode where jackals lurk will be a marsh for the reed and papyrus. A highway will be there, called the holy way; No one unclean may pass over it, nor fools go astray on it. No lion will be there, nor beast of prey go up to be met upon it. It is for those with a journey to make, and on it the

redeemed will walk. Those whom the LORD has ransomed will return and enter Zion singing, crowned with everlasting joy; They will meet with joy and gladness, sorrow and mourning will flee.

Psalmody (please be seated)

(Repeat antiphon after Leader)

Ant: When will I come to the the end of my pilgrimage and enter the presence of God?

Psalm 42

L: As a deer longs for flowing streams, so my soul longs for you, O God.

R: My soul thirsts for God, for the living God. When shall I come and behold the face of God?

L: My tears have been my food day and night, while people say to me continually, "Where is your God?"

R: These things I remember, as I pour out my soul: how I went with the throng, and led them in procession to the house of God, with glad shouts and songs of thanksgiving, a multitude keeping festival.

L: Why are you cast down, O my soul, and why do you groan within me? Hope in God; for I shall again praise him, my help and my God.

R: My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar.

L: Deep calls to deep at the thunder of your cataracts; all your waves and your billows have gone over me.

R: By day the LORD commands his steadfast love, and at night his song is with me, a prayer to the God of my life.

L: I say to God, my rock, "Why have you forgotten me? Why must I walk about mournfully because the enemy oppresses me?"

R: With cries that pierce me to the heart, my adversaries taunt me, while they say to me continually, "Where is your God?"

L: Why are you cast down, O my soul, and why are you disquieted within me? Hope in God; for I shall again praise him, my help and my God.

Psalm Prayer

God in heaven, when your strength takes possession of us we no longer say: "Why are you cast down, my soul?" Now that the surging waves of your indignation have passed over us, let us feel the healing calm of your forgiveness. Inspire us to yearn for you always, like the deer fom running streams, until you satisfy every longing in heaven.

(Antiphon all together)

Ant: When will I come to the the end of my pilgrimage and enter the presence of God?

Psalm 33: "Let Your Mercy Be On Us"

Please repeat refrain after cantor the first time:

Let your mercy be on us, O God, as we place our trust in you.

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Psalm Prayer

Lord God, let your salvation come to us as you have promised, that we may keep your law always and, taught by the Word of truth, find strength in his weakness.

Reading: Luke 5:17-26

One day, while Jesus was teaching, Pharisees and teachers of the law were sitting near by (they had come from every village of Galilee and Judea and from Jerusalem); and the power of the Lord was with him to heal. Just then some people came, carrying a paralyzed man on a bed. They were trying to bring him in and lay him before Jesus; but finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus. When he saw their faith, he said, "Friend, your sins are forgiven you." Then the scribes and the Pharisees began to question, "Who is this who is speaking blasphemies? Who can forgive sins but God alone?" When Jesus perceived their questionings, he answered

them, "Why do you raise such questions in your hearts? Which is easier, to say, 'Your sins are forgiven you,' or to say, 'Stand up and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins"—he said to the one who was paralyzed—" I say to you, stand up and take your bed and go to your home." Immediately he stood up before them, took what he had been lying on, and went to his home, glorifying God. Amazement seized all of them, and they glorified God and were filled with awe, saying, "We have seen strange things today."

Reflection

Song: Canticle of Zechariah

Now bless the God of Israel who comes in love and power, who raises from the royal house deliv'rance in this hour. Through holy prophets God has sworn to free us from alarm, to save us from the heavy hand of all who wish us harm.

Remembering the covenant, God rescues us from fear, that we might serve in holiness and peace from year to year. And you, my child, shall go before, to preach, to prophesy, that all may know the tender love, the grace of God most high.

In tender mercy, God will send the dayspring from on high, our rising sun, the light of life for those who sit and sigh. God comes to guide our way to peace, that death shall reign no more. Sing praises to the Holy One, O worship and adore.

Text: Benedictus, Luke 1:68-79, Ruth Dick © 1992, GIA Publications, Inc.
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Intercessions:-- Response: Lord hear our prayer.

Lord's Prayer

Sign of Peace

Closing Prayer

Lord, free us from our sins and make us whole. Hear our prayer, and prepare us to celebrate the incarnation of your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.
—Amen.