

Morning Prayer

Monday - Week 4



(Please stand)

God, come to my assistance

—Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit;

—as it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: “All Creatures of Our God and King”

1. All creatures of our God and King, lift up your voices, let us sing, Alleluia! Alleluia! Bright burning sun with golden gleam, soft silver moon that gently gleams.

O praise God, O praise God, Alleluia, Alleluia, Alleluia!

2. O rushing wind and breezes soft, O clouds that ride the winds aloft, O praise God! Alleluia! O rising morn, in praise rejoice. O lights of evening find a voice.

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Psalmody (please be seated)

(Repeat antiphon after Leader)

Ant: The Lord, the ruler over the kings of the earth, will come; blessed are they who are ready to go and welcome him.

Psalm 90

L: Lord, you have been our dwelling place in all generations. Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.

R: You turn us back to dust, and say, “Turn back, you mortals.” For a thousand years in your sight are like yesterday when it is past, or like a watch in the night.

L: You sweep them away; they are like a dream, like grass that is renewed in the morning; in the morning it flourishes and is renewed; in the evening it fades and withers.

- R: For we are consumed by your anger; by your wrath we are overwhelmed. You have set our iniquities before you, our secret sins in the light of your countenance.
- L: For all our days pass away under your wrath; our years come to an end like a sigh. The days of our life are seventy years, or perhaps eighty, if we are strong.
- R: Even then their span is only toil and trouble; they are soon gone, and we fly away. Who considers the power of your anger? Your wrath is as great as the fear that is due you.
- L: So teach us to count our days that we may gain a wise heart. Turn, O LORD! How long? Have compassion on your servants!
- R: Satisfy us in the morning with your steadfast love, so that we may rejoice and be glad all our days. Make us glad as many days as you have afflicted us, and as many years as we have seen evil.
- L: Let your work be manifest to your servants, and your glorious power to their children. Let the favor of the Lord our God be upon us, and prosper for us the work of our hands— O prosper the work of our hands!

Psalm Prayer

Lord, send your mercy and your truth to rescue us from the snares of evil, and we will praise you among the peoples and proclaim you to the nations, happy to be known as companions of your Son.

(Antiphon all together)

Ant: The Lord, the ruler over the kings of the earth, will come; blessed are they who are ready to go and welcome him.

Psalm 33: "Let Your Mercy Be On Us"

Please repeat refrain after cantor the first time:

Let your mercy be on us, O God, as we place our trust in you.

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Psalm Prayer

Where two or three gather in your name, Lord, you promised to be with them, and share their fellowship. Look upon your family

gathered here in your name, and graciously pour out your blessing upon us.

Reading: Luke 1:5-25

In the days of King Herod of Judea, there was a priest named Zechariah, who belonged to the priestly order of Abijah. His wife was a descendant of Aaron, and her name was Elizabeth. Both of them were righteous before God, living blamelessly according to all the commandments and regulations of the Lord. But they had no children, because Elizabeth was barren, and both were getting on in years. Once when he was serving as priest before God and his section was on duty, he was chosen by lot, according to the custom of the priesthood, to enter the sanctuary of the Lord and offer incense. Now at the time of the incense offering, the whole assembly of the people was praying outside.

Then there appeared to him an angel of the Lord, standing at the right side of the altar of incense. When Zechariah saw him, he was terrified; and fear overwhelmed him. But the angel said to him, "Do not be afraid, Zechariah, for your prayer has been heard. Your wife Elizabeth will bear you a son, and you will name him John. You will have joy and gladness, and many will rejoice at his birth, for he will be great in the sight of the Lord. He must never drink wine or strong drink; even before his birth he will be filled with the Holy Spirit. He will turn many of the people of Israel to the Lord their God. With the spirit and power of Elijah he will go before him, to turn the hearts of parents to their children, and the disobedient to the wisdom of the righteous, to make ready a people prepared for the Lord." Zechariah said to the angel, "How will I know that this is so? For I am an old man, and my wife is getting on in years." The angel replied, "I am Gabriel. I stand in the presence of God, and I have been sent to speak to you and to bring you this good news. But now, because you did not believe my words, which will be fulfilled in their time, you will become mute, unable to speak, until the day these things occur." Meanwhile the people were waiting for Zechariah; and wondered at his delay in the sanctuary. When he did come out, he could not speak to them, and they realized that he had seen a vision in the sanctuary. He kept motioning to them and remained unable to speak. When his time of service was ended, he

went to his home. After those days his wife Elizabeth conceived, and for five months she remained in seclusion. She said, "This is what the Lord has done for me when he looked favorably on me and took away the disgrace I have endured among my people."

Quiet Reflection

Canticle of Zechariah (please stand)

1. Bless'd be the God of Israel, the everliving Lord, who comes in pow'r to save his own, his people Israel. For Israel he raises up salvation's tow'r on high in David's house who reigned as king and servant of the Lord.
2. Through holy prophets did he speak his word in days of old, that he would save us from our foes and all who bear us ill. To our ancestors did he give his covenant of love; so with us all he keeps his word in love that knows no end.
3. Of old he gave his solemn oath to Father Abraham: his seed a mighty race should be and blessed forevermore. He vowed to set his people free from fear of ev'ry foe that we might serve him all our days in goodness, love and peace.

Text: Luke 1:67-79, trans. by James Quinn, SJ. Tune: FOREST GREEN, traditional English melody.

Intercessions

Respond: "Lord, Hear Our Prayer"

Lord's Prayer

Kiss of Peace

Closing Prayer

Lord, you show the world the splendor of your glory in the coming of Christ, born of Mary. Give to us true faith and love to celebrate the mystery of God becoming human. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

—Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

—Amen.