Morning Prayer Friday - Week 3



God, come to my assistance

—Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit;

—as it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: "Sing A New Song"

Sing a new song unto the Lord; let your song be sung from mountains high. Sing a new song unto the Lord; singing alleluia! (LAST TIME REPEAT: Singing alleluia!)

- Yahweh's people dance for joy. O come before the Lord. And play for him on glad tambourines, and let your trumpet sound.
- Rise, O children, from your sleep; your Savior now has come. He has turned your sorrow to joy, and filled your soul with song.
- Glad my soul for I have seen the glory of the Lord. The trumpet sounds; the dead shall be raised. I know my Savior lives.

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Reading 1 Jeremiah 23:5-8

Behold, the days are coming, says the LORD, when I will raise up a righteous shoot to David; As king he shall reign and govern wisely, he shall do what is just and right in the land. In his days Judah shall be saved, Israel shall dwell in security. This is the name they give him: "The LORD our justice." Therefore, the days will come, says the LORD, when they shall no longer say, "As the LORD lives, who brought the children of Israel out of the land of Egypt"; but rather, "As

the LORD lives, who brought the descendants of the house of Israel up from the land of the north"— and from all the lands to which I banished them; they shall again live on their own land.

(Repeat antiphon after Leader)

Ant: You alone I have grieved by my sin; have pity on me, O Lord.

Psalm 51

- L: Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my offense. Wash me thoroughly from my iniquity, and cleanse me from my sin!
- R: For I know my offenses, and my sin is ever before me. Against you, you alone, have I sinned, and done that which is evil in your sight.
- L: That you are justified in your sentence and blameless in your judgment. Behold, I was brought forth in iniquity, and in sin did my mother conceive me.
- R: Behold, you desire truth in the inward being; therefore teach me wisdom in my secret heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.
- L: Fill me with joy and gladness; let the bones which you have broken rejoice. Hide your face from my sins, and blot out all my guilt.
- R: Create in me a clean heart, O God, and put a new and right spirit within me. Do not cast me from your presence, nor deprive me of your holy Spirit.
- L: Restore to me the joy of your salvation, and uphold me with a willing spirit. Then I will teach transgressors your ways, and sinners will return to you.
- R: Deliver me, O God, my helper, and my tongue will sing aloud of your deliverance. O Lord, open you my lips, and my mouth shall declare your praise.

- L: For you take no delight in sacrifice; were I to give a burnt offering, you would not be pleased. The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, you will not despise.
- R: Do good to Zion in your good pleasure; rebuild the walls of Jerusalem, then will you delight in lawful sacrifices, holocausts will be offered on your altar.

Psalm Prayer

Lord, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience. In the joy of the Holy Spirit, may we proclaim your praise and glory before all the nations.

(Antiphon all together)

Ant: You alone I have grieved by my sin; have pity on me, O Lord.

Psalm 100: "We Are God's People"

Please repeat after cantor the first time:

We are God's people, the flock of the Lord!

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Psalm Prayer

God, devoted to us as a loving and compassionate parent, you created us as a sign of your power and elected us your people to show your goodness. Accept the thanks your children offer that all people may enter your courts praising you in song.

Gospel Matthew 1:18-25

This is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit. Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus,

because he will save his people from their sins." All this took place to fulfill what the Lord had said through the prophet:

Behold, the virgin shall be with child and bear a son, and they shall name him Emmanuel, which means "God is with us."

When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home. He had no relations with her until she bore a son, and he named him Jesus.

Reflection

Song: Canticle of Zechariah

Now bless the God of Israel who comes in love and power, who raises from the royal house deliv'rance in this hour. Through holy prophets God has sworn to free us from alarm, to save us from the heavy hand of all who wish us harm.

Remembering the covenant, God rescues us from fear, that we might serve in holiness and peace from year to year. And you, my child, shall go before, to preach, to prophesy, that all may know the tender love, the grace of God most high.

In tender mercy, God will send the dayspring from on high, our rising sun, the light of life for those who sit and sigh. God comes to guide our way to peace, that death shall reign no more. Sing praises to the Holy One, O worship and adore.

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Intercessions:-- Response: Lord hear our prayer.

Lord's Prayer Sign of Peace

Closing Prayer

All powerful God, guide us with your love as we await the coming of your Son. Keep us faithful that we may be helped through life and brought to salvation. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

—Amen.