



Describing MATURITY

Revised 2025

Describing Spiritual Maturity

At Antioch, we believe discipleship is about becoming—not just doing. That’s why we use a shared framework to help define and pursue spiritual maturity together.

This framework—called Describing Maturity—outlines what it means to grow as a disciple of Jesus through four key dimensions of spiritual maturity:

- Head – Growing in knowledge and understanding of God, Scripture, and salvation.
- Heart – Being transformed in your values, identity, and commitments.
- Corporate Hands – Actively participating in the life and mission of the church community.
- Individual Hands – Practicing your faith and living it out with purpose and intentionality.

Each of these dimensions contributes to a holistic picture of what it means to follow Jesus in every area of life. They are not separate checklists, but interconnected pathways to transformation.

THEIR HEAD

WHAT DO MATURE DISCIPLES UNDERSTAND?

- God: The Existence and Character of God
- The Bible: The Structure, Storyline, and Major Doctrines of the Bible
- Salvation: The Gospel Message and Your Personal Testimony

THEIR HEART

WHAT VALUES DO MATURE DISCIPLES EMBRACE?

- Believing (John 3:16)
- Being (2 Corinthians 5:17)
- Belonging (Ephesians 2:19-22)
- Becoming (Ephesians 4:11-16)

THEIR CORPORATE HANDS

WHAT DO MATURE DISCIPLES DO TOGETHER?

(Acts 2:42-47)

- | | |
|-----------------------|--------------|
| • Worship | • Ministry |
| • Fellowship | • Evangelism |
| • Christian Education | • Prayer |

THEIR INDIVIDUAL HANDS

WHAT DO MATURE DISCIPLES PRACTICE PERSONALLY?

- Discover and Walk in Purpose (John 10:27; 1 Corinthians 10:31)
- Fully Surrender to God (Romans 12:1-2)
- Engage in Spiritual Rhythms (1 Timothy 4:7)
- Share your Faith with Others (1 Peter 3:15)
- Care for and Disciple Others (Matthew 22:36-40; 28:18-20)

Next Steps

Spiritual maturity doesn't happen all at once. It develops over time through faithful steps, honest reflection, community, and intentional growth.

Wherever you find yourself along the way, you are not growing alone. Bring these four dimensions into your prayers, your groups, and your everyday walk — and let your group facilitator, your fellow members, and the life of this church carry you forward.

Let's grow in Christ together.

– Pastor Hawkins.

Antioch Baptist Church

2535 S 42 Street, Omaha, NE 68105

www.weareantiochomaha.org

Rev. Dwayne Hawkins, Pastor