



Describing MATURITY

Revised 2025

Describing Spiritual Maturity

At Antioch, we believe discipleship is about becoming—not just doing. That’s why we use a shared framework to help define and pursue spiritual maturity together.

This framework—called Describing Maturity—outlines what it means to grow as a disciple of Jesus through four key dimensions of spiritual maturity:

- Head – Growing in knowledge and understanding of God, Scripture, and salvation.
- Heart – Being transformed in your values, identity, and commitments.
- Corporate Hands – Actively participating in the life and mission of the church community.
- Individual Hands – Practicing your faith and living it out with purpose and intentionality.

Each of these dimensions contributes to a holistic picture of what it means to follow Jesus in every area of life. They are not separate checklists, but interconnected pathways to transformation.

THEIR HEAD

WHAT DO MATURE DISCIPLES UNDERSTAND?

- God: The Existence and Character of God
- The Bible: The Structure, Storyline, and Major Doctrines of the Bible
- Salvation: The Gospel Message and Your Personal Testimony

THEIR HEART

WHAT VALUES DO MATURE DISCIPLES EMBRACE?

- Believing (John 3:16)
- Being (2 Corinthians 5:17)
- Belonging (Ephesians 2:19-22)
- Becoming (Ephesians 4:11-16)

THEIR CORPORATE HANDS

WHAT DO MATURE DISCIPLES DO TOGETHER?

(Acts 2:42-47)

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| • Worship | • Ministry |
| • Fellowship | • Evangelism |
| • Christian Education | • Prayer |

THEIR INDIVIDUAL HANDS

WHAT DO MATURE DISCIPLES PRACTICE PERSONALLY?

- Discern and respond to God's voice (John 10:27)
- Engage in Spiritual Rhythms (1 Timothy 4:7)
- Align Your life with God's Purpose (1 Corinthians 10:31)
- Persevere through trials with hope (James 1:2-4; Romans 5:3-5)
- Share Your Faith with Others (1 Peter 3:15)
- Care for and Disciple Others (Matthew 22:36-40; 28:18-20)

Next Steps

Spiritual maturity doesn't happen all at once, it develops over time through faithful steps, reflection, community, and intentional growth.

That's why we encourage each person at Antioch to complete the Spiritual Maturity Growth Assessment twice each year. This tool allows you to identify where you are growing and where God might be calling you to go deeper.

Your responses help your group facilitator support you well, connect you with resources, and ensure that you're not growing alone.

You can request a copy of the assessment or complete it digitally on the Grow landing page of our website.

Let's grow in Christ together.

– Pastor Hawkins.

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