November 2026

Carpe Diem
Residential Therapeutic Treatment Homes for Children



Hello November! As the cold weather creeps in, I wanted to take the time to address children in car seats according to Ontario Safety Guidelines. Bulky winter coats and car seats are a dangerous combination. We want to avoid having a lot of bulky clothing inside the harnessing system in the child restraint. In the event of a car crash, all the bulk will squish down and the harness straps become loose, putting the child at risk for more serious injuries. Car seat technicians say to put nothing thicker than a sweatshirt on a child under the harness straps of a car seat. To ensure the child is not cold, you can use their jacket or a blanket to drape over them after they are harnessed.

Please click to watch the video:

https://www.today.com/video/car-seat-alert-a-winter-coat-could-endanger-your-child-585502787887

Installing Car Seats Links:



- **Rear facing infant carrier seat: up to 9 kg or 20 lbs**
  youtube.com/watch?v=1yOO1eJ5Si8&t=2s
- **Forward Facing/Toddler Car Seat: 9-18 kg or 20-40 lbs**
  www.youtube.com/watch?v=Ch2q1GANBvU
- **Booster Seat: under the age of 8 or 28-36 kg or 40-80**
  www.youtube.com/watch?v=x0utsLGLXVw&t=0s

Please note a child can use a seat belt alone when they reach any of the following milestones:

- **turns 8 years old**
- **weighs 36 kg (80 lbs)**
- **reaches a height of 145 cm 4"9 or more**
- **Children under the age of 12 should be sitting in the back seat.**

Let's keep our kids safe!

CHRONICLES

Kim's Korner…

If you are planning on taking any relief / vacation time during the Christmas break (not Christmas day / evening), please email Zulema Best @ Zulema.best@carpediem.ca ASAP as it is a busy time and she will need as much planning time as possible to try and meet the needs of your request. Thank you!



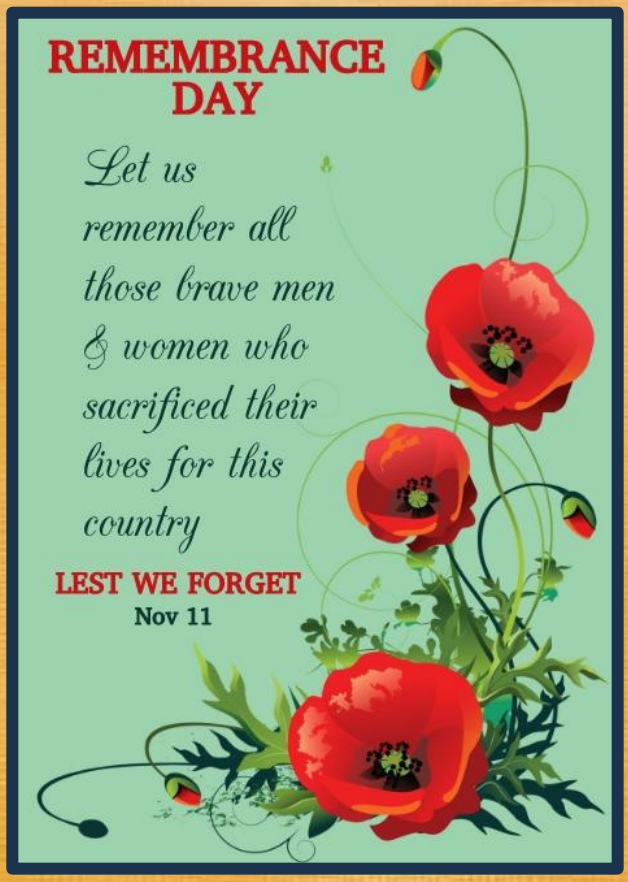
DATES TO REMEMBER

MINISTRY LICENSING
Expected to take place any day now

POLICIES REVIEW
Monday November 2nd
11:00 – 12:30
6:00 – 7:30pm

PLAN OF CARE TRAINING
Tuesday December 1st
1:00 – 2:30
Email: amber.poenn@carpediem.ca

RESOURCE MEETING
Wednesday December 9th
10am @ Carpe Diem Office



ON - CALL

In the event that the pager is not working properly, please refer to the schedule below for the on-call list and dial the on-call worker directly. Thank you!

Nov 1-2	Leon Lamont	289-834-8107
Nov 2 - 8	Lutoya Jones	416-919-1581
Nov 9 – 15	Darlene Woodley	437-448-8383
Nov 16 - 22	Lutoya Jones	416-919-1581
Nov 23 - 29	Janai Thompson	437-453-2584
Nov 30 – Dec 1	Lutoya Jones	416-919-1581

