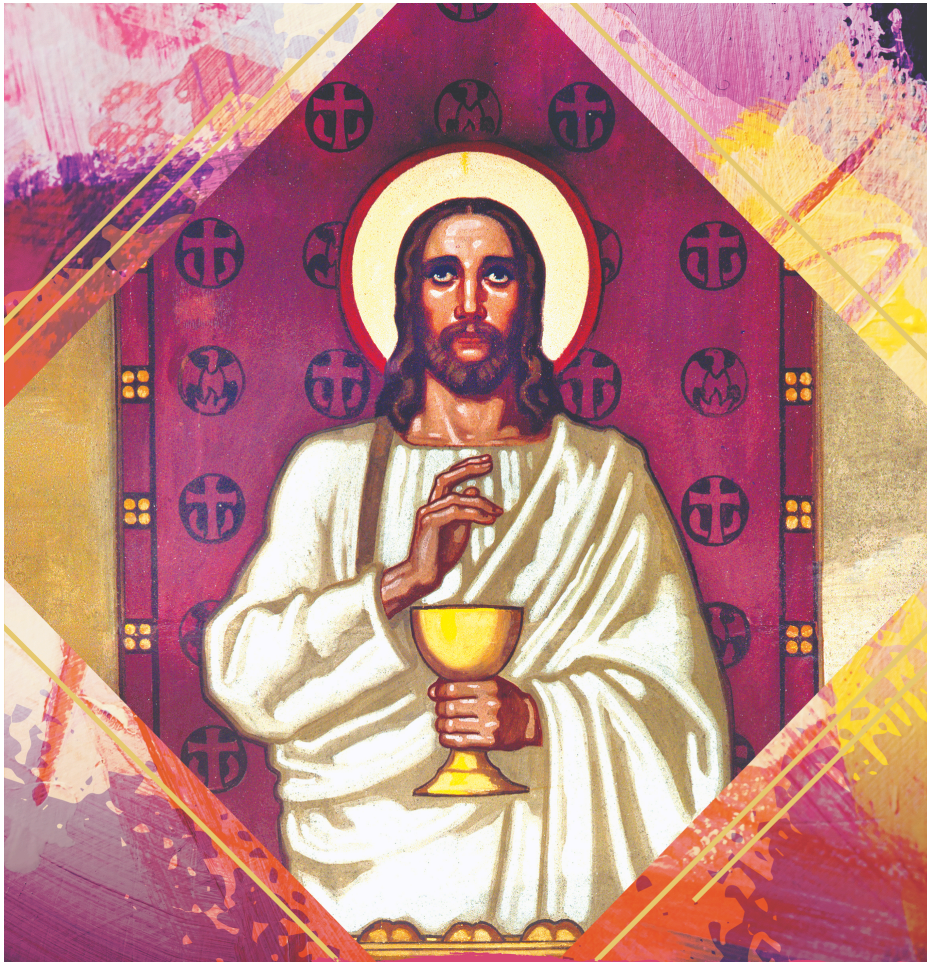


OUR LADY OF MT. CARMEL PARISH

8404 S. CASS AVE. DARIEN. IL 60561



THE MOST HOLY BODY AND BLOOD OF CHRIST

“This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.” - Jn 6:57-58

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

OUR MISSION

We are the Church, alive with Christ, a diverse community rooted in faith, celebrating a liturgy of life. We are prayerfully responsive to the Spirit of the living Gospel, freely and fully ministering to all.

OFFICE PHONE: 630-852-3303 - RELIGIOUS ED: 630-963-3053

JUNE 7, 2026

**THE MOST HOLY BODY AND
BLOOD OF CHRIST**



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bulletin emailed to you!
parishesonline.com

CONNECT WITH US



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MASS SCHEDULE

WEEKEND MASS

Saturday Vigil | 4:30pm

Sunday | 8:15am, 10am & 12pm

WEEKDAY MASS

Monday - Saturday | 9am

RECONCILIATION

Saturday | 3:15pm - 4pm

CHURCH OFFICE HOURS

Monday - Friday | 8am - 4:30pm

PARISH STAFF

Rev. Jeff Smialek, O.Carm., Pastor

frjeff@ourladyofmtcarmel.org

Rev. Rob Traudt, O.Carm., Parochial Vicar

frrob@ourladyofmtcarmel.org

Deacon Ed Ptacek

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02 PASTOR'S LETTER

June 7, 2026/The Most Holy Body and Blood of Christ

PASTOR'S LETTER

As we head into the summer months, I am looking forward to many cookouts on the deck. It is one of my favorite summer activities. There is nothing better than hamburgers, brats, chicken or a good steak done on the grill. Food is one of the most important aspects of human life. Food does so much more than just nourishing us physically. Food nourishes our souls as well. Food is often how we show our love and form bonds with others. We mark all the important occasions in life with food. Whenever there is a wedding, funeral, baptism, graduation it is standard to have party and invite the whole family over to share in a meal. We mark the holidays by gathering the family and sharing a meal. We connect with friends by saying, "Let's get together for lunch or dinner." The family dinner is indispensable for good healthy family relationships. The family meal is when we share our daily experiences and what is happening in our life with those closest to us. In short, food is love.

God certainly knew the importance of food to human beings and knew that food is an expression of love. In the Gospel today, Jesus says that He is the true bread that came down from heaven. Bread is the most important staple food in most of the world. Every culture eats bread in some form. It could be standard loaf bread, a baguette, a tortilla, a pita or naan, and the list goes on. Bread is eaten around the world. That is why God chose to come to us and be closest to us in the form of bread. One of Jesus' last wishes was to eat the Passover with his disciples. It was during the meal that Jesus told his disciples to continue to do this in memory of him. Jesus told us to eat his body and drink his blood in order to continue to be nourished and brought into relationship with him. The sharing of the Eucharist is the most important thing we do at Catholics. It is how we are nourished spiritually and how we are drawn deeper into communion with one another. We celebrate today the Feast of Corpus Christi. This special day is set aside each year for us to come back to the central element of our faith, the Eucharist and focus again on the presence of Christ in the Eucharist. May the Body and Blood of Christ nourish us into eternal life. After the 12 noon Mass today, we will be having a Eucharistic procession around the property. This is a wonderful public display of our faith.

I am going to be away the next two weekends attending the Carmelite Provincial Chapter in Niagara Falls, Ontario. The Carmelites hold chapter every three years. At chapter we review our communal life by examining our legislative texts and making changes if necessary and we also elect our leadership for the next term of three years. It is also a time for us to renew our bonds of brotherhood with fellow Carmelites from around the country and world. I am on the planning for Chapter which is why I need to be there early and stay after a few days to help it all go well. Please hold the Carmelite community in prayer. Fr. Rob has agreed to stay behind in order to continue to celebrate mass in the parish. Please be considerate of his time as he will be the only priest here.



**REV. JEFF SMIALEK,
O.CARM., PASTOR**

*Our Lady of
Mount Carmel
... Pray for us!
Fr. Jeff*

Readings for the week of June 7, 2026

Sunday: Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20/1 Cor 10:16-17/Jn 6:51-58

Monday: 1 Kgs 17:1-6/ Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:1-12

Tuesday: 1 Kgs 17:7-16/ Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16

Wednesday: 1 Kgs 18:20-39/ Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19

Thursday: Acts 11:21b-26; 13:1-3 (580)/Ps 65:10, 11, 12-13/Mt 5:20-26

Friday: Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7-16/Mt 11:25-30

Saturday: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/Mt 5:33-37



03 INTENTIONS & EVENTS

June 7, 2026/The Most Holy Body and Blood of Christ

MASS INTENTIONS

SATURDAY, JUNE 6

4:30pm Marie Andrews (Friends)

SUNDAY, JUNE 7

8:15am Lena, Mike, Dominick, Nick, Lucy, & Sarah Poli (Nick Rocco)

10:00am Gregory Mallack (Diane & Russell)

Ben Carnevale (Lin & Jerry Zielinski)

Thomas Miller-7th Anniv. (Family)

Wladyslawa Wapiennik (Family)

Noon Aldo Costabile (Tom & Carolyn DiFiglio)

Fr. Cornelius O'Connell (Eugene Munin)

Rowena Cotner-living (Maribeth Seecheung)

MONDAY, JUNE 8

9:00am Ben Carnevale-1st Anniv. (Family)

TUESDAY, JUNE 9

9:00am Erwin Ortiz (Moraga Family)

WEDNESDAY, JUNE 10

9:00am Ralph Moore (Germaine)

Lou Hansen (Friend)

Tom Dillon (Friend)

THURSDAY, JUNE 11

9:00am Jennie Cascory (Vieni Family)

Leonor Gana (Family)

FRIDAY, JUNE 12

9:00am Richard & Geri Hesslau (Pat Monahan)

Patricia Heery-10th Anniv. (Family)

Fr. Gavin Quinn (Sheri)

SATURDAY, JUNE 13

9:00am Frank Gancarz (Frank & Fran Modelski)

Mary Joclyn Moraga (Family)



LITURGICAL MINISTRIES

"Your Gifts are God's Blessings - Share Them!" Sign up for Ministry Opportunities!

Contact Lori Prado

Families are invited to serve as Greeters at our 4:30 PM, 10:00 AM, and Noon Masses.

This is a wonderful opportunity to spend time together while warmly welcoming parishioners and visitors.

We look forward to hearing from Our Lady of Mt. Carmel Families!



Together in Loss is a grief support ministry for anyone who has experienced the loss of a loved one.

Summer Gatherings | Wednesdays

June 17th

July 15th

August 19th

6:30pm- 8:00pm

For information, contact Lori Prado
lori.prado@ourladyofmtcarmel.org



SAINT ANTHONY OF Padua
PRAY FOR US

Feast Day
June 13

"St. Anthony, St. Anthony, come around! Something's lost that must be found!"

Did you learn this rhyme in childhood? St. Anthony of Padua is more than the patron saint for lost items. By his life, he shows a special interest in lost souls. St. Anthony was born to noble parents, but he preferred a simple life of faith to the riches of his childhood. He joined the Franciscan order in 1220. He quickly became known for his eloquence in preaching. He had a way of reaching all sorts, from nobles to clergy to those who had fallen away from the Catholic faith. In addition to preaching, St. Anthony organized supplies for the poor and negotiated release for prisoners of war between Italian city-states. **However you or your loved ones feel lost this week, pray for St. Anthony's intercession!**



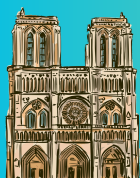
PARISHONERS AROUND THE WORLD

Do you have travel plans this summer? Send us your photos of you and your family in front of churches in cities that you visit.

We will feature them on the digital screens in the lobby area.

Send photos to

frjeff@ourladyofmtcarmel.org



04 RELIGIOUS EDUCATION

June 7, 2026/The Most Holy Body and Blood of Christ



Questions of the Week

Question for Children: How does receiving Holy Communion change how you treat those around you?

Question for Youth: Jesus tells us that through the Eucharist we will remain in him and he is us. How does the Eucharist keep you in relationship with Jesus?

Question for Adults: Share one way that the Eucharist connects us as “one body” – how does it change the way we relate to each other?

Activities of the Week

Use some Legos® to build a human shape. Talk about how each piece of Lego® might represent another person in the parish that is part of the Body of Christ. The Church with her members share talent, time and treasure to maintain the Body of Christ. How does that work? Discuss how various talents that parish members share can complete a whole, representation of Christ on earth



We really need your help!

We are looking for small group leaders. High school students or adults serve in this role. Each small group consists of 5-6 VBS participants and has a junior leader to assist you.

We also need station leaders. Adults serve in these roles.

Each station has 1-2 adult leaders, with 3-4 junior helpers.

If you would like to help, please contact the RE office ASAP so we can get you started with the resources you need.



Darien 4th of July Parade

Help us Celebrate 250 Years!

We will once again participate in the 4th of July Parade. Help us celebrate 250 years with Darien.

We will meet at the Jewel Parking lot at 8:30. If you want to help decorate the truck, please join us at 8:00 am.



If you can't walk with us in the parade, you can help by donating candy that we will toss out to the kids in the parade. Leave any donations by the RE office. Thank you so much!

Family Mass

Our next family Mass is on June 21 at 10:00. We will need readers, greeters, jr. ushers, and gift bearers. We also invite children to sing in the choir at this Mass. Practices will be on Thursdays at 6:30 PM. Call Sherry Rochford in the RE office for more info.

VBS Needs:

Can you help us with a few supplies? We will be making treebark and would like many cans of spray foam like Great Stuff. We will also need a variety of paints in shades of green or brown. We can also use large canvas fabric for ground cover. Call the RE office, or see us this weekend after Mass, for a full list of needs. Thank-You!

YOUTH MINISTRY

June Newsletter

Upcoming Youth Group Meetings

June 17 : Make a T-Shirt **2:00 - 3:30 pm**
****Please note time change!**

June 26 - 28 : Steubenville Conference



Summer Retreat: Steubenville

All rising 9th - 12th graders are invited to attend the Steubenville Conference this summer June 26 -28 at Benedictine University. Wea **one** ticket left! Scan the QR code to sign up today!



MIDDLE SCHOOL MISSION TRIP

All **rising 5th - 8th graders** are invited **July 2nd** to participate in our Middle School Mission Trip. We will go to Feed My Starving Children, Northern IL Food Bank, then back to OLMC . Scan the QR to RSVP



OCIA CORNER



For those who may be interested in beginning their journey towards receiving and those planning to receive their Initiation Sacraments next Easter Vigil, please know we will begin to meet in the Fall. The start date will be in September. More specific information will be shared in July. I look forward to meeting with you all then!

If you are or know someone who is interested in becoming Catholic or completing initiation, please contact Jen Emanuele:

jennifer.emanuele@ourladyofmtcarmel.org

06 SPECIAL EVENTS & ANNOUNCEMENTS

June 7, 2026/The Most Holy Body and Blood of Christ

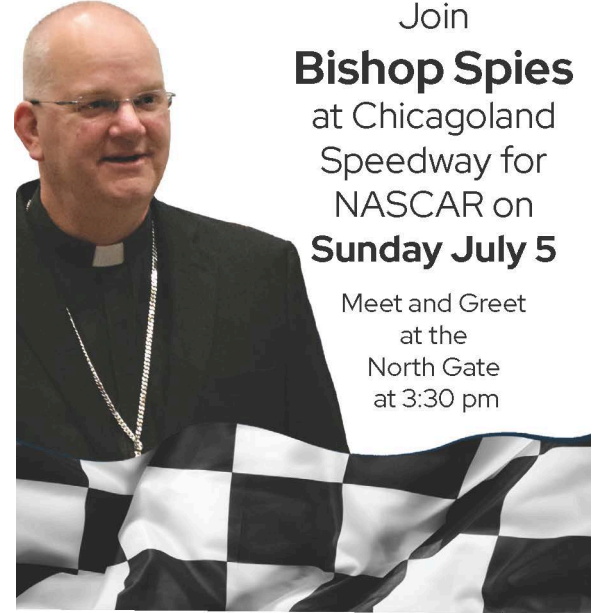


HELP NEEDED

The harvest is great; the laborers are few.

1. We needed help to water the garden on Tuesdays, Thursdays, Saturdays, and Sundays.
2. We also need anyone to pull weeds any day of the week.
3. Lastly, we need harvesters on Mondays and Thursday for the food pantry.

Contact Deacon Ed at 630-254-6934



Join
Bishop Spies
at Chicagoland
Speedway for
NASCAR on
Sunday July 5

Meet and Greet
at the
North Gate
at 3:30 pm

**CHICAGOLAND
SPEEDWAY**

Scan here to buy
specially
priced tickets



Corpus Christi Prayer

O Precious Jesus, The gift of your Body and Blood, shared with us, is unfathomable. Like manna that satiated our hunger, fill us where we lack.

Like the bread given to Elijah in the desert, sustain us.

Grace us with a glimpse into your love for us, now and forever, present in the Eucharist. Amen.



Pray for Our Six New Priests

Fr. Samuel Bergmann

Fr. Andrew Bogusz

Fr. Jonathan Hernandez

Fr. Abel Luviano Santamaria

Fr. Christopher Oyoo Otieno

Fr. Joshua Allen White

Scan to meet our new priests

Joyful Again!

Are you navigating life as a widow or widower? We invite you to join us for support, healing, and community.

Attend a Joyful Again! 2 day Workshop & Spiritual Retreat
June 27th & 28th 2026 | St Julie Billiard Parish, Tinley Park IL
No overnight accommodations available
708-354-7211 | info@joyfulagain.org
For registration visit: www.joyfulagain.org



Why do we celebrate the Hearts of Jesus in the month of June?

Devotion to the Sacred Heart of Jesus is an ancient practice. We can see its Scriptural origins in Jesus' own references to His Heart. "Come to me, all you who labor and are burdened, and I will give you rest ... for I am meek and humble of heart" (c.f. Matthew 11:28, 29).

The devotion received a surge of popularity in the late 1600s. Jesus appeared several times to a French religious sister, St. Margaret Mary Alacoque, pointing to his heart. During this time, the Jansenist heresy had risen in France, which preached limited predestination for salvation. When appearing to Margaret Mary, Jesus affirmed his love for all mankind: "Behold the Heart which has so loved men that it has spared nothing." He asked for a special feast celebrating his Sacred Heart on the Friday following the feast of Corpus Christi. Over time, June has become known as the month of Sacred Heart.