

NEWS FROM THE PEWS at All Souls

MARCH 1, 2026



The mission of All Souls Church is to be a Christ-centered sanctuary where a diverse and inclusive community worships and serves. We live this mission through faithful celebration of the Eucharist, Christian education, and loving nurture of both members and neighbors.



Today

The Second Sunday in Lent

The Decalogue

11 am

Holy Eucharist

The Rev. Sara Palmer, Rector

If you are visiting today,
we joyfully welcome you!

All are welcome to receive
Holy Communion at the Lord's table.

Please join us downstairs in the
Undercroft after the service
for our coffee and fellowship hour.

Today's Readings

The First Lesson,

Genesis 12:1-4a

Calvin Zon

Psalm 121

Chanted by the choir

The Epistle

Romans 4:1-5, 13-17

Lisa Watson

The Gospel

John 3:1-17

Mother Sara Palmer

Prayers of the People

Rick Taylor

* *Next week is 2nd Sunday food pantry
collection for Woodley House.*

WHAT IS THE LENTEN DECALOGUE?

The Lenten Decalogue refers to the liturgical recitation of the Ten Commandments (Exodus 20:1-17) during Sunday services, often accompanying the Confession of Sin to encourage reflection, self-examination, and repentance. It acts as a spiritual tool to prepare for Easter, focusing on God's foundational, liberating love.

Key Aspects of the Lenten Decalogue:

Purpose: Serves as a guide for examining one's relationship with God (commandments 1-3) and neighbors (commandments 4-10).

Context: Used in many liturgical traditions, particularly the [Episcopal Church's penitential order](#) during Lent.

Theme: Emphasizes that God alone frees us from bondage, requiring us to keep Him first, similar to the message in the cleansing of the temple.

Reflective Focus: Often combined with the pillars of Lent: prayer, fasting, and almsgiving.

compliments of ai, via google search.

THE STATIONS OF THE CROSS + FRIDAYS DURING LENT

Booklets are available in the back of the church. Ask an usher for one if you would like to walk the stations on your own. Mother Sara will announce the time and place to meet to walk through the Stations beginning this Friday, March 6.

LENTEN ADULT FORUM

Interested in building your own faith as well as building community and connection with fellow parishioners? There's no better place than the Sunday morning Adult Forum that meets at 10 am in the conference room on the second floor of the administration wing.

Don't let the 10 am time scare you. Grab a cup of coffee or tea from Leybi in the Undercroft and come join the conversation. You'll learn a lot and the sense of trust and intimacy you'll feel – rare enough in these times – will also make the effort rewarding. Try it out for Lent! We're reading John Philip Newell's book, *Sacred Earth, Sacred Soul*.

⇒ *This Sunday: Tara Mancini covers Chapters 2 and 3.*

⇒ *Next week: Chapters 4 & 5 led by vEnessa Acham*



CONSTRUCTION UPDATE

by Jeff Wells, Jr. Warden

This past week construction started on our new nursery and small children's room on the upper floor of the administration wing and on the classrooms on the lower floor that will be leased to Woodley House for offices. All should be ready by Easter. Huge thanks again to Aurora Sherman, Ryleigh Hayworth, Tara Mancini, Jody Koepf-Norris, Aditya Chakrabarti, Joe Neal, Peter Lom, and Albert Painter who helped get us ready for construction by moving furniture, choir lockers, and more last Saturday.

VESTRY NOMINATING COMMITTEE

As required in the Parish Bylaws, the Vestry has appointed Lisa Watson, Jeff Wells, Jim Lewis, and Art Warren as the nominating committee for the upcoming May 17th Annual Parish Meeting where we will be electing a Junior Warden and 3 general members of the Vestry. If you are interested in serving on the vestry or would like more information about the annual meeting, please reach out to one of these individuals.

on the left, the final class of Episcopal 101 this past Wednesday evening. New friends & much Joy!

PARISH PRAYER LIST

The Washington Diocesan Cycle of Prayer, we pray for:

St. David's Church DC; Grace Church, Georgetown; Grace Church, Silver Spring Parish;

In the Wider Anglican Communion, we pray for:

The Nippon Sei Ko Kai;

For those who are sick or in need, we pray especially for: all immigrants living in fear, Haiti, Palestine, Israel, Iran, Ukraine, Sudan;

We Give Thanks for:

For all those working so diligently and hard on our downstairs building area including all contractors, workers and Jeff Wells, our Jr. Warden

Submit prayer requests to Andrea in the church office (andrea@allsoulsdc.org) to stay on for a month at a time. We are prepared to pray indefinitely for your requests.



SUNDAY, MARCH 8TH
SOUP LUNCHEON IN THE UNDERCROFT
TO BENEFIT SUSTAINABLE VILLAGES OF HONDURAS



Plan to stay for delicious soups, chili, and bread provided by the Outreach Committee after church on March 8 and hear about the work of Sustainable Villages of Honduras (SVH). Honduras is the home of the Episcopal Diocese of Honduras (EDH), which is part of Province IX of The Episcopal Church (TEC) in the United States. EDH was established as a missionary district of TEC in 1967, and elevated to full diocesan status in 1985. Bishop Budde did two years of missionary work there in the 1980s. As of 2021, EDH had 33,088 baptized members across 150 missions and parishes. EDH operates in a context of poverty and drug-trade-induced violence, addressing communities' needs through programs like microcredit, health clinics, and youth formation. The Episcopal Diocese of Washington (EDOW) had a "sister" or "companion diocese" relationship with EDH from the mid-1990s to 2004 (when EDOW announced a formal partnership with the Anglican Church of South Africa), and EDOW continues to list EDH among its international relationships, with a particular focus in 2024 on education. Individual parishes in our Diocese continue to have longstanding ties to villages and Episcopal churches in Honduras. Since the 1990s, several Episcopal parishes in the D.C. area have supported the work of an ecogronomist named Roy Lara in villages in northeast Honduras (the Santa Barbara Province) to diversify crops, use sustainable eco-friendly farming practices, and get excess produce to markets to produce income. This work has also expanded to include replacing indoor fires with cook stoves, dirt floors with cement ones, and barren yards with kitchen

gardens, as well as establishing or improving water systems and health clinics. To better support this work, in 2018, All Souls parishioners Melissa Barrett and Kurt Jacobs along with parishioners from St. Mark's Capitol Hill established a 501 (c)(3) incorporated in D.C. – SVH. Each year SVH raises approximately \$60,000 from supporters in the D.C. area to fund the work that Roy Lara and others do in rural villages in the Santa Barbara Province. In 2024-2025, this work included building a water system for the village of Monte Cristo, bringing water to 40 families/200 people who for fifty years had to walk long distances carrying buckets of water back to their village, as well as building and installing 150 cook stoves to eject smoke outdoors, paving 65 cement floors, opening health clinics, and continuing to teach and spread eco-agriculture through the villages. Come have soup and see the presentation of SVH Board member Thomas Fazio of Eco-City on the work SVH supports to make life sustainable in these Honduran villages, so that young people there have more options than attempting to get to the United States, or joining in the drug trade.

– Outreach Committee





**SAMARITAN
MINISTRY**
of Greater Washington

**SAMARITAN MINISTRY NEXT
STEP BREAKFAST --
THE ANNUAL NEXT STEP**

Breakfast celebrating and supporting Samaritan Ministry of Greater Washington (SMGW) will be at the National Press Club on Saturday, March 14, from 9 am to 10:30 am. This event is FREE, although there is an ask at the end of the breakfast for donations. All Souls will have a table at this event, as it has in past years. This is a special Next Step Breakfast celebrating 40 years of SMGW's service to the greater Washington area. The keynote speaker will be Andy Shallal, Founder and CEO of the restaurant chain Busboys & Poets, whose life-long commitment to justice, community, and human dignity reflects the values that have guided SMGW for its four decades. SMGW was founded in 1986 by 11 Episcopal parishes and one Lutheran church, and is supported today by over 40 partner Episcopal parishes, including All Souls. SMGW provides compassionate, on-going, one-on-one support and mentoring to individuals desiring to "take the next steps" to obtaining housing, employment, high school diplomas, and government IDs and benefits and accomplishing a host of other goals.

Please contact parishioners Joe Neal and Kurt Jacobs about attending this year's Next Step Breakfast at neal.joseph9@gmail.com and kurthjacobs@gmail.com or Sign Up on the Welcome Table and/or through the QR code.

**THE
CREATION ROSE**
World Premiere Screening

A film by
Peter Swanson

**A Gothic Cathedral
Meets a Modern Artist**

Featuring:
**Rowan LeCompte
Dieter Goldkuhle**

In 1942, amid the soaring halls of Washington Cathedral, architect Philip Frohman encountered a 16-year-old boy from Baltimore whose raw talent, he believed, could revolutionize the art of stained glass. Decades later that boy, Rowan LeCompte, would transform the very cathedral that first inspired him. This story of a stained-glass masterpiece reveals the passion, persistence, and vulnerability behind great art.

Thursday, March 12th 6:30
RM Washington National Cathedral
<https://www.ticketleap.events/tickets/wwwglobalvizcom/the-creation-rose-world-premier>

**SCAN THE QR CODE
FOR TICKETS OR GO**

**CAPITAL AREA FOOD BANK
VOLUNTEERING**

Our parish's next volunteer event at the Capital Area Food Bank is on Saturday, May 2, from 1 pm to 3:30 pm. We had 19 volunteers at our last Food Bank event, and had a grand time pouring through bins of canned and packaged goods, separating the wheat from the chaff, that is, the good from the past-expiration-date. Beforehand and after, we drank the Food Bank's super coffee drinks plus coffee we brought. We finished around 2:30 pm. Nineteen pairs of gloved hands make for fun and fast work. The Food Bank needs our help again. We are signed up to bring 20 volunteers this time, so please mark your calendars, sign-up, and come and have a good time contributing to your community. Sign Up Now. - The Outreach Committee

