

ALL SOULS EPISCOPAL CHURCH

2300 CATHEDRAL AVE—WASHINGTON, D.C.



THE THIRD SUNDAY IN LENT

MARCH 8, 2026 AT ELEVEN O'CLOCK A.M.

The mission of All Souls Church is to be a Christ-centered sanctuary where a diverse and inclusive community worships and serves. We live this mission through faithful celebration of the Eucharist, Christian education, and loving nurture of both members and neighbors.

Welcome to our Visitors! We are thankful for your presence with us today and we invite you to join us as we worship God. The liturgy comes from the Book of Common Prayer (BCP) and the music from the blue Hymnal 1982 and the beige African American Heritage Hymnal (AAHH). The “S” music is found in the service section in the front of the Blue Hymnal. All books are found in the pew racks. Where the rubrics invite the people to stand or kneel, an individual may remain seated.

If you are a visitor, please fill out a visitor card and give to an usher or Mother Sara.

THE LITURGY OF THE WORD

HYMN 690 (*Blue Hymnal*)
Sung by all.

Guide me, O thou great Jehovah
Cwm Rhondda

OPENING ACCLAMATION

Celebrant Bless the Lord who forgiveth all our sins
People ***His mercy endureth forever.***

Celebrant If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John 8,9*

THE CONFESSION OF SIN

Celebrant Let us humbly confess our sins unto Almighty God.
The people kneel.

All ***MOST MERCIFUL GOD,***
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;

*we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.*

Celebrant The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

KYRIE S 90
Sung by all

John Merbecke (1510-1585)

Lord, have mercy upon us.
Lord, have mercy upon us.
Lord, have mercy upon us.

Christ, have mercy upon us.
Christ, have mercy upon us.
Christ, have mercy upon us.

Lord, have mercy upon us.
Lord, have mercy upon us.
Lord, have mercy upon us.

THE COLLECT

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Let us pray,

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. ***Amen.***

The people sit.

THE FIRST LESSON

Exodus 17:1-7

FROM THE WILDERNESS OF SIN the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with

Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The Word of the Lord.
People *Thanks be to God.*

PSALM 95

Venite, exultemus

Walter Biery (b. 1958)

Sung by the choir.

- ¹ Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- ² Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- ³ For the Lord is a great God, *
and a great King above all gods.
- ⁴ In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- ⁵ The sea is his, for he made it, *
and his hands have molded the dry land.
- ⁶ Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- ⁷ For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- ⁸ Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- ⁹ They put me to the test, *
though they had seen my works.

¹⁰Forty years long I detested that generation and said, *

“This people are wayward in their hearts;
they do not know my ways.”

¹¹So I swore in my wrath, *

“They shall not enter into my rest.”

THE EPISTLE

Romans 5:1-11

THEREFORE, SINCE WE ARE JUSTIFIED BY FAITH, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord

People *Thanks be to God.*

The people stand.

SEQUENCE HYMN AAHH 524 (*Beige Hymnal*)

Sung by all.

There is a balm in Gilead

Balm in Gilead

THE GOSPEL

John 4:5-42

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People *Glory be to thee, O Lord.*

JESUS CAME TO A SAMARITAN CITY CALLED SYCHAR, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to

eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Celebrant The Gospel of the Lord.
People *Praise be to thee, O Christ.*
The people sit.

SERMON

The Rev. Sara E. Palmer, Rector

A brief time of silent reflection is kept after the sermon.

The people stand.

THE NICENE CREED

All WE BELIEVE IN ONE GOD,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.

*For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

THE PRAYERS OF THE PEOPLE FORM IV

Leader Let us pray for the Church and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People **Hear our prayer.**

Leader Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People **Hear our prayer.**

Leader Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People **Hear our prayer.**

Leader Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

People **Hear our prayer.**

Leader Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

People **Hear our prayer.**

Leader We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People **Hear our prayer.**

The Celebrant adds a concluding collect.

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

The people sit.

ANNOUNCEMENTS

If you have a birthday or anniversary this week, please come forward for a prayer.

THE HOLY COMMUNION

THE OFFERTORY

The Celebrant gives an Offertory sentence.

The offering plate will be passed by the ushers. You may also donate by texting ALLSOULS to 73256, or by scanning the QR code.



OFFERTORY ANTHEM

Like as the Hart

Herbert Howells (1892-1983)

Sung by the choir.

Like as the hart desireth the waterbrooks, so longeth my soul after Thee, O God.

My soul is athirst for God, yea, even for the living God.

When shall I come before the presence of God?

My tears have been my meat day and night,
while they daily say unto me: Where is now thy God?

Psalm 42:1-2

The people stand

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Lift up your hearts.

People ***We lift them up unto the Lord.***

Celebrant Let us give thanks unto our Lord God.

People ***It is meet and right so to do.***

Celebrant IT IS VERY MEET, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS S 113

John Merbecke (1505-1585)

Sung by all.

Holy, Holy, Holy, Lord God of Hosts:

Heaven and earth are full of thy glory.

Glory be to thee, O Lord Most High.

Blessed is he who cometh in the name of the Lord.

Hosanna in the highest.

The people kneel.

ALL GLORY BE TO THEE, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, This is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the

New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

All *Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

The Celebrant breaks the consecrated bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us.

People *Therefore let us keep the feast.*

*All O Lamb of God, that takest away the sins of the world,
have mercy upon us.
O Lamb of God, that takest away the sins of the world,
have mercy upon us.
O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

PRAYER OF HUMBLE ACCESS

All We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

INVITATION TO COMMUNION

Celebrant THE GIFTS OF GOD for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving. Everybody, everybody, everybody is welcome at the table of the Lord.

The people may sit or remain kneeling.

All are welcome to receive Holy Communion. To receive the chalice, gently guide the base of the chalice with your hand to allow the rim to reach your lips. Please refrain from intinction (dipping the bread) into the chalice. Receiving in one kind is full communion. If you prefer to receive a blessing instead, please indicate your choice by crossing your arms across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

HYMN 699 (Blue Hymnal)

*Sung by all.
The people kneel.*

Jesus, Lover of my soul
Aberystwyth

POSTCOMMUNION PRAYER

Celebrant Let us pray.

All ALMIGHTY AND EVERLIVING GOD, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy

everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

PRAYER OVER THE PEOPLE

Celebrant Bow down before the Lord.

Friends, life is short and we do not have much time to gladden the hearts of those who travel this way with us. So be swift to love and make haste to be kind. Grant, most merciful Lord, to thy faithful people pardon and peace, that they may be cleansed from all their sins, and serve thee with a quiet mind; through Christ our Lord. *Amen.*

HYMN 692 (*Blue Hymnal*)
Sung by all.

I heard the voice of Jesus say

The Third Tune
Thomas Tallis

DISMISSAL

Celebrant Let us bless the Lord.

People *Thanks be to God.*

VOLUNTARY

Fantasia on a Theme
by Thomas Tallis

Ralph Vaughan Williams
(1872-1958)
transcribed by Bryan Anderson



Thank you for joining us today at All Souls.

We are privileged to have you with us and invite you to return and worship with us again.

Please join us in the Undercroft after service for Coffee Hour.