

ALL SOULS EPISCOPAL CHURCH

2300 CATHEDRAL AVE—WASHINGTON, D.C.



THE SECOND SUNDAY IN LENT

MARCH 1, 2026 AT ELEVEN O'CLOCK A.M.

The mission of All Souls Church is to be a Christ-centered sanctuary where a diverse and inclusive community worships and serves. We live this mission through faithful celebration of the Eucharist, Christian education, and loving nurture of both members and neighbors.

Welcome to our Visitors! We are thankful for your presence with us today and we invite you to join us as we worship God. The liturgy comes from the Book of Common Prayer (BCP) and the music from the blue Hymnal 1982 and the beige African American Heritage Hymnal (AAHH). The “S” music is found in the service section in the front of the Blue Hymnal. All books are found in the pew racks. Where the rubrics invite the people to stand or kneel, an individual may remain seated.

If you are a visitor, please fill out a visitor card and give to an usher or Mother Sara.

THE LITURGY OF THE WORD

Where the rubrics invite the people to stand or kneel, an individual may remain seated.

OPENING ACCLAMATION

Celebrant Bless the Lord who forgiveth all our sins

People ***His mercy endureth forever.***

The people kneel.

THE DECALOGUE

Celebrant God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

People ***Lord have mercy upon us, and incline our hearts to keep this law.***

Celebrant Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

People ***Lord have mercy upon us, and incline our hearts to keep this law.***

Celebrant Thou shalt not take the Name of the Lord thy God in vain.

People ***Lord have mercy upon us, and incline our hearts to keep this law.***

Celebrant Remember that thou keep holy the Sabbath day.

People ***Lord have mercy upon us, and incline our hearts to keep this law.***

Celebrant Honor thy father and thy mother.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Thou shalt do no murder.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Thou shalt not commit adultery.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Thou shalt not steal.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Thou shalt not bear false witness against thy neighbor.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Thou shalt not covet.
People *Lord have mercy upon us, and incline our hearts to keep this law.*

Celebrant Hear what our Lord Jesus saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

THE CONFESSION OF SIN

Celebrant Let us humbly confess our sins unto Almighty God.

All ***MOST MERCIFUL GOD,***
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.

Celebrant The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People *And with thy spirit.*

Celebrant Let us pray,

O GOD, WHOSE GLORY IT IS ALWAYS TO HAVE MERCY: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

The people sit.

THE FIRST LESSON

GENESIS 12:1-4a

THE LORD SAID TO ABRAM, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him.

Reader The Word of the Lord.

People *Thanks be to God.*

PSALM 121

Levavi oculos

Charles Harford Lloyd
(1849-1919)

Sung by the choir.

- 1 I lift up my eyes to the hills; *
from where is my help to come?
- 2 My help comes from the LORD, *
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The LORD himself watches over you; *
the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day, *
nor the moon by night.
- 7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

8 The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.

THE EPISTLE

ROMANS 4:1-5, 13-17

WHAT THEN ARE WE TO SAY WAS GAINED BY ABRAHAM, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord
People *Thanks be to God.*

The people stand.

SEQUENCE HYMN 440 (*Blue Hymnal*)

Sung by all.

Blessed Jesus, at thy word

Liebster Jesu

THE GOSPEL

JOHN 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.
People *Glory be to thee, O Lord.*

THERE WAS A PHARISEE NAMED NICODEMUS, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to

you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Celebrant The Gospel of the Lord.
People *Praise be to thee, O Christ.*
The people sit.

SERMON

THE REVEREND SARA E. PALMER

A brief time of silent reflection is kept after the sermon.

The people stand.

THE NICENE CREED

All WE BELIEVE IN ONE GOD,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,

*and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

THE PRAYERS OF THE PEOPLE

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Leader I ask your prayers for God's people throughout the world; for our Bishop Mariann; for this gathering; and for all ministers and people. Pray for the Church. *Silence.*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace. *Silence.*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble. *Silence.*

I ask your prayers for all who seek God, or a deeper knowledge of Him. Pray that they may find and be found by Him. *Silence.*

I ask your prayers for the departed †(Mother Elizabeth Orens). Pray for those who have died. *Silence.*

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day. *Silence.*

The Celebrant adds a concluding collect.

THE PEACE

Celebrant The peace of the Lord be always with you.

People ***And with thy spirit.***

The people sit.

ANNOUNCEMENTS

If you have a birthday or anniversary this week, please come forward for a prayer.

THE HOLY COMMUNION

THE OFFERTORY

The Celebrant gives an Offertory sentence.

The offering plate will be passed by the ushers. You may also donate by texting ALLSOULS to 73256, or by scanning the QR code.



OFFERTORY ANTHEM

Sung by the choir.

John Stainer
(1840-1901)

God so loved the world, that he gave his only begotten son,
that who so believeth, believeth in him should not perish, but have everlasting life.
For God sent not his Son into the world to condemn the world;
but that the world through him might be saved.

The people stand

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Lift up your hearts.

People ***We lift them up unto the Lord.***

Celebrant Let us give thanks unto our Lord God.

People ***It is meet and right so to do.***

Celebrant IT IS VERY MEET, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sung by all.

***Holy, Holy, Holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he who cometh in the name of the Lord.
Hosanna in the highest.***

The people kneel.

ALL GLORY BE TO THEE, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

All ***OUR FATHER, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

The Celebrant breaks the consecrated bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

AGNUS DEI S-157

John Merbecke (1510-1585)

All O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
grant us thy peace.

PRAYER OF HUMBLE ACCESS

All We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

INVITATION TO COMMUNION

Celebrant THE GIFTS OF GOD for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving. Everybody, everybody, everybody is welcome at the table of the Lord.

The people may sit or remain kneeling.

All are welcome to receive Holy Communion. To receive the chalice, gently guide the base of the chalice with your hand to allow the rim to reach your lips. Please refrain from intinction (dipping the bread) into the chalice. Receiving in one kind is full communion. If you prefer to receive a blessing instead, please indicate your choice by crossing your arms across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

HYMN AAHH 474 (Beige Hymnal)

Sung by all.

Lead me, Guide me

Lead Me

The people kneel.

POSTCOMMUNION PRAYER

Celebrant Let us pray.

All ALMIGHTY AND EVERLIVING GOD, *we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.*

PRAYER OVER THE PEOPLE

Celebrant Bow down before the Lord.

Friends, life is short and we do not have much time to gladden the hearts of those who travel this way with us. So be swift to love and make haste to be kind. Grant, most merciful Lord, to thy faithful people pardon and peace, that they may be cleansed from all their sins, and serve thee with a quiet mind; through Christ our Lord. *Amen.*

HYMN 489 (*Blue Hymnal*)

Sung by all.

The great Creator of the worlds

Tallis' Ordinal

DISMISSAL

Celebrant Let us bless the Lord.

People *Thanks be to God.*

VOLUNTARY

O Man, bemoan thy grievous sin

J.S. Bach (1685-1750)



Please join us in the Undercroft after service for Coffee Hour

Thank you for joining us today at All Souls.

We are privileged to have you with us and invite you to return and worship with us again.

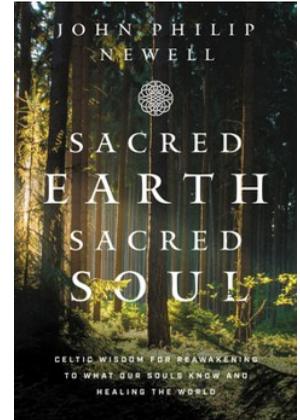
WINTER INTO SPRING 2026
SUNDAY ADULT FAITH FORUM SERIES
MEETING IN THE CONFERENCE ROOM AT 10 AM

Bring your coffee! Bring your questions! Bring yourself!

Lenten Book Study:

Sacred Earth, Sacred Soul

by John Philip Newell Available on Amazon



March

1 - Lenten Book Study, led by Tara Mancini

Chapters 2 & 3

8 - Lenten Book Study, led by vEnessa Acham

Chapters 4 & 5

15 - Lenten Book Study, led by Peter Laugesen

Chapters 6 & 7

22 - Lenten Book Study, led by Sebastian Wellford

Chapters 8, 9 and Conclusion

April

5 - Easter Sunday (NO FORUM)

12 - Spiritual Journey Interview (Rev. Sara Palmer)

19 - What is Life? What is Death? (Sebastian Wellford)

26 - What is Life? What is Death? (Sebastian Wellford)

May

3 - White Christian Nationalism (David Palmer)

10 - Spiritual Journey Interview (Rev. Sara Palmer)

17 - Parish Reflections on Growth and Depth (Rev. Sara Palmer)



Staff

The Rev. Sara Palmer, *Rector*
rector@allsoulsdc.org
Andrea Meier, *Parish Administrator*
office@allsoulsdc.org
Tom Andrew, *Director of Music*
tom@allsoulsdc.org

Acolyte

Heidi Rasciner
Mike McGee

Lectors

Calvin Zon
Lisa Watson
Rick Taylor

Ushers

Jim Solomon
Joe Neal

Coffee Hour

Leybi Romero

All Souls Vestry, vestry@allsoulsdc.org

vEnessa Acham (2026)
Kurt Jacobs (2026)
James Lewis (2026)
John Longstreth (2027)
Tara Mancini (2028)
Nancy Morgan (2027)
Joe Neal (2028)
Will Stewart (2028)
Arthur Warren (2027)

Lisa Watson

senior.warden@allsoulsdc.org

Jeff Wells

junior.warden@allsoulsdc.org

Will Stewart

treasurer@allsoulsdc.org

For Vestry Minutes and Parish Documents

www.allsoulsdc.org/governance



Find AllSoulsDC on Facebook & Instagram

All Souls Episcopal Church

2300 Cathedral Avenue, NW, Washington, DC 20008-1505
www.allsoulsdc.org | 202-232-4244 | office@allsoulsdc.org