



ST PETER'S PARISH NEWSLETTER

Served by the Rosminians
 22nd FEBRUARY 2026
 1st SUNDAY OF LENT (YEAR A)



The true spirit of the Institute of Charity is a spirit of humility, which finds all its delight and treasure in the secret life of the soul in God; but it is also a spirit of *charity*, which makes those who are clothed with it alive and active.

And the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."' (Matthew 4:3-4)



Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

The Three Pillars of Lent



Prayer emphasizing the deepening of one's relationship with God. Lent is a season of return — a time to draw closer to God, not just in routine but in relationship. Pray with Scripture, attend Mass, even daily Mass, walk the Way of the Cross. Let your prayer lead to a heart reshaped, softened, and set ablaze with love.

Fasting focusing on self-discipline and abstinence. Why do we fast during Lent? Fasting deepens our spiritual lives. True fasting leads to freedom — the kind that makes space for God to work. Catholics aged 18 to 59 are obliged to fast (i.e. limit to one full meal and two smaller meals that together do not equal a full meal) on Ash Wednesday and Good Friday. Catholics 14 years and older are required to abstain from meat on Ash Wednesday and Good Friday. Consider to take Fridays as day of abstinence, at least during Lent.



Almsgiving emphasizing charity and concern for others. It is described as a witness to fraternal charity and a work of justice pleasing to God. Lent calls us to move beyond token gestures and into radical generosity. This practice encourages Catholics to share their resources with those in need, reflecting God's generosity. Almsgiving can take various forms, including donating money to charitable causes, volunteering time to serve others, or performing acts of kindness. Give in a way that costs you. Step into someone's suffering, not just from a distance, but up close. Offer your time, your presence, your heart.

LIVE Stream Mass
 5.30pm Saturday
 9.30am and 11.30am Sundays
 On our website
www.stpeterscardiff.org.uk
 And on MyParishApp

10.00am Weekday Mass follows with Adoration. Confession after Masses on Weekday & before Vigil Mass.

Mass and Liturgies

Sunday 22nd February	1st Sunday of Lent	9.30am	Bart O'Brien RIP Najla & Al Kowalewski RIP
		11.30am	Julia Rita Evans RIP Les Jenkins RIP
Monday 23rd February	St Polycarp	10.00am	Finbar Murphy (Anniv) Pope Leo's Intentions
Tuesday 24th February	Weekday, 1st Week of Lent	10.00am	Adrian Mellon Cathy Langdon RIP
Wednesday 25th February	Weekday, 1st Week of Lent	10.00am	GE Fr Chris Fuse Pat & Bill Murphy RIP
Thursday 26th February	Weekday, 1st Week of Lent	10.00am	Funeral of Jacquelyn Dunleavy
Friday 27th February	St Gabriel St Gregory of Narek	10.00am	GE Fr Pius Jones GE Fr Barry Cathy Langdon RIP
Saturday 28th February	St Oswald 2nd Sunday of Lent	5.30pm	Clive Lynham (Anniv) Philip Illsley RIP
Sunday 1st March	2nd Sunday of Lent	9.30am	Janos Kovacisk RIP GE Jacque Kovacisk GE Fr Chris Fuse
		11.30am	Philip Illsley RIP Private Intention

Newsletter Items:

stpeterscardiff@gmail.com

Registered Charity No:
242380

Parish Team

Fr Chris Fuse
 Fr Shinto Kumminiyil
 Fr Benny Dennis
 Deacon Mike Randell
 Tel: 02920 483 394

Safeguarding Representative

Meryl Hoffer
 029 2048 1061
 (Safeguarding issues only)

St Peter's Primary School

Headteacher: Gareth Rein
 Email: stpetersprm@cardiff.gov.uk



Eucharistic Adoration

Monday to Friday
after 10am Mass until 11.30am.

Every Friday there is
Rosary for Life 11 -11.30am.

Stations of the Cross

Every Friday
during Lent at 6pm

Different versions of
meditations & prayers
will be used each week



Confessions are available
every weekday after 10am Mass and
before 5.30pm Vigil Mass on Saturday



Walk with Me Lent 2026
is now available from Church Shop
for £1.50

CHURCH SHOP Opening Times

Saturday:
Before and after 5.30pm Mass

Sunday:
Before and after 9.30am Mass
until 11.30am Mass begins



We have a large selection of Mother's Day,
St Patrick's Day and Easter cards and gifts
available. We also have new rosaries and
Mass books for children.

Please feel free to pop in and take a look.

2026 Lenten Talks

"Healing through the Penitents Path"

Every Tuesday throughout Lent at 7:30pm
in St David's Chapel (Entrance from Bedford St)

A potentially life changing Includes talks,
prayers, sharing, testimonies,
and prayer ministry.

See poster in Church porch for more info.
A must for those seeking God!

Six Bible Studies
on the Lenten Sunday Gospels

Starts: Tuesdays 17th February 2026
7pm - 8:15pm

Six consecutive Tuesdays:
17 Feb| 24 Feb| 03 Mar| 10 Mar| 17 Mar| 24 Mar

Free of Charge. LIVE on YouTube.
Registration: comeandsee.org/lent26

We are grateful for your support.
To donate to your parish.

You may like to use the CASHLESS
machine in the porch.

Or use [Paypal.com](https://www.paypal.com)

Or by Bank Transfer, Cheque or
Standing Order

Account: Archdiocese of Cardiff,
St Peter's Cardiff
Sort Code: 20-18-23
Account number: 03743969
Please take a leaflet from the table.

THANK YOU

FOR YOUR GENEROUS DONATIONS

THE SICK: Christian Babu, Dominika Backmieva, Danielle Camilleri, Pat Carpanini, Susan Cason, Johnny Christo, John Criddle, Todd Davies, Charles Diffey, Sharon Diffey, Francesco, Martin Gower, Emma Green, Jacob Green, Anthony Griffiths, Lillian Hartwell, June Higgs, Barbara Hughes-Moore, Dorothea Kagiza, John Lewis, Maria Maddy, Richard Middleton, Greg Mullett, Dave Thomas, Mary Thomas, Joy Varghese, Eapen Verges, Christopher Warren, Paul Warren, Colin Wilson, Edwin Yhap, Susan Yhap.

ANNIVERSARY

Clive Lynham, Finbar Murphy.

RECENTLY DECEASED

James Aherne, Molly Callus, Teresa Cassar, Joan Collins, Christine Dixon, Jacquelyn Dunleavy,
Diana Hodson, Phillip Illsley, Catherine Langdon, Tina Lucas, Margaret Thomas.



CHILDREN'S LITURGY EVERY SUNDAY

At the 9.30am Mass

All children are welcome to
join us in St David's Chapel



God's Love for You

On the night of betrayal

Lord, You know that I love You. Not only I left everything to follow You, I also told You that 'Even if I must die with you, I will not deny you.' I even have the courage to struck the high priest's servant with my sword when they tried to arrest You. But then what happened to me? I witnessed silently the utterly unfair tribunal you went through, they chained You like a criminal, but You bore it all patiently and in silence. You got spat on, hit by their fists and sticks, being poured with dirty water, being hurled every imaginable insult; as if there is no bounds to their barbarity, to a point that I could not continue watching. Yet my love for you caused me to stay around in the court of the high priest. Was that a mistake? Three people recognised me and three times I denied. Why did I do that? Where was my courage? Was it because of my instinct to danger? Or my mind was too troubled and grief-stricken? Or was it due to exhaust by the sufferings of this sad night? No, I got no excuse. I went back on my words, I renounced You when I knew You need me most! I know I am no longer to be worthy to walk 'on the water' with You, but in tears I beg You to save me once again as I am drowning in this sea of remorse, do not let me fall into this hole of despair, this hole of no return, I confess that I am a great sinner, I admitted that I have committed this horrible sin in front of You which caused me shudder in fear because I know I deserve eternal damnation. But I remember that You said You came not to call the righteous, but sinners to repentance. I am not afraid of being recognised anymore, and I am ready to proclaim both my fault and repentance to the whole universe. Help me Lord, I trust that You are the Christ, the Son of the living God, who has the Power to forgive sin. I boldly ask You to forgive me, because I have this tiny hope and faith that You still Love me, and I trust in your Love. Like a prodigal son in the parable You told us, I now come to you with my contrite heart, because I know that You would also be like the loving father who would never abandon his child. Forgive me, forgive me, Lord, and save me!
Reflection: Lent is a time of repentance. But are we ready to confess our sins? Or do you think you have no sin? Ven. Archbishop Fulton Sheen told us in his prayer: 'I see now why Peter was not made Thy first vicar on earth until after he had fallen three times, in order that the Church of which he was the head might forever understand forgiveness and pardon. Jesus, I begin to see that if I had never sinned, I never could call You 'Saviour'.'

emmaus discover sound of silence

experience a taste of monastery life

14 March 2026 • 11am-6.30pm

Belmont Abbey, Hereford

Age: Year 8 to Year 13

£15, Lunch included

Register at youth@cardiffmenevia.org

Register by 8 March for transport assistance from select pick-up points

ORGAN RECITALS

Peter our Organist will be performing 2 organ recitals in this month and in March. On 26th February, his recital will include the world premiere of Carlotta Ferrari, Passacaglia e doppia fuga su un tema di Reger. And on 19th March, there will be a performance of contemporary organ music by Sarah Davachi, Lauren Redhead and Eva-Maria Houben.

Both recitals start at 7pm.

PARISH COUNCIL MEETING

Tuesday 3rd March

7pm

Front room of the Presbytery

All are welcome to attend including all those who attended the St Peter's Hall meeting

St David's Day Parish Lunch

Thursday 5th March @ 12noon
Community Hall, Bedford Street

Two course lunch
Cawl / Pudding / Coffee / Tea
Wine / Soft Drinks / Music
£ 10.00

Tickets available all Masses from this weekend

Day of Recollection

Belmont Abbey, Hereford
Saturday 7th March 2026
from 10am

led by V. Rev Dom Alexander Kenyon,
the Prior of Belmont.

See poster in Church porch for more info.

emmaus encounter

Holy Week Retreat

27-29 March 2026

Belmont Abbey, Hereford

Ages 18-30 • £150

Single supplement £25 (subject to availability)

Register at youth@cardiffmenevia.org



For over 55s
Community Hall,
Bedford Street.
Wednesdays
1.30pm - 4pm

Tea & Coffee

After 9:30am & 11:30am
Sunday Mass

@ St David's Chapel



CAFOD Family Fast Day 27th February

Envelopes and prayer cards will be available
at the back of the church this weekend.

Please give generously for the poor
in the developing world.

Franciscan Jubilee Year

Pope Leo XIV has proclaimed a "Special Year of St. Francis" to commemorate the 800th anniversary of the saint's death. During this time of grace, **10 Jan 2026 to 10 Jan 2027**, the faithful are granted the opportunity to obtain a **plenary indulgence**.

Please visit: www.ewtn.co.uk/article-pope-leo-xiv-proclaims-franciscan-jubilee-year/

Heart Speaks to Heart Free Six-Week Study Programme

(www.vimeo.com/1166095644?share=copy&fl=sv&fe=ci)

The Archdiocese will be uploading a new one every week. Please use them for personal prayer and reflection.