

Stronger than the Silence:

The Road to Recovery Begins with a Voice

For the first time, **craft professionals** are telling their own stories about addiction, hardship & what helped them choose recovery.

This video was created for the **construction industry** to help companies, supervisors, and crews start real conversations, reduce stigma, and connect their people to support.

Watch it. Share it. Support the workforce.

The **Construction Industry Alliance for Suicide Prevention** has tools to help you take the next step.

HOW TO USE THIS RESOURCE:



or visit website address

1. WATCH

Hear real stories from construction pros about addiction, hardship, recovery & how their experiences now help them support others.

2. SHARE

This video was made for your people! Download the free jobsite poster & post it where crews can watch it (e.g. restrooms).

3. TALK

Use the video to start a conversation with your crew. CIASP's free toolbox talks help supervisors lead in a clear, practical way.

4. EDUCATE

CIASP's free tools can help your company better understand how to recognize warning signs & build mental health awareness.

5. SUPPORT

Take the next step with tools that help your company assess its mental health resources, identify gaps & strengthen worker support.

