

**AWARENESS.
SUPPORT.
ACTION.**

For workplace
mental wellness.



STRONGER THAN SILENCE

The Road to Recovery Begins with a Voice



REAL STORIES OF ADDICTION, STRUGGLE & RECOVERY FROM TRADE PROS.



SCAN HERE

**Real stories.
No scripts.
Watch Here!**

www.preventconstructionsuicide.com/strongerthansilence

How are you doing, really?



SCAN HERE

Got 5 minutes? This anonymous survey can help you understand what you may be experiencing, connect you to support & find resources to share.

Be part of the change.



SCAN HERE

Take the STAND Up Pledge and join the effort to bring more awareness, support & action to the mental health movement in construction.

What Comes Next?

Visit preventconstructionsuicide.com

- Jobsite Tools
- Awareness Resources
- Company-Wide Solutions
- Join the movement

**NO JUDGMENT.
JUST HELP.**

TEXT, CALL, CHAT

988

Are you or someone you know in crisis? Call or text 988, a free and confidential hotline for live support and help with next steps.