

Essential Life Skills Every Young Leader Should Learn

Practical lessons to help kids grow confident, capable, and ready for life's challenges.

GROWING LEADERS
POWERED BY MAXWELL LEADERSHIP FOUNDATION

Staying Calm in Stressful Moments		Learning Problem-Solving Through Practice	
Teach kids to take deep breaths and stay composed when things don't go as planned — calm leaders make better decisions.		Encourage children to find creative ways to overcome small challenges. Mistakes are part of learning.	
Knowing When and How to Ask for Help		Building Patience and Focus	
Show that leadership also means knowing when to seek guidance and work with others.		Help kids learn patience through activities that require time and attention. Leadership grows in consistency.	
Staying Confident and Safe in New Situations		Finding Your Direction (Setting Personal Goals)	
Teach children how to assess situations calmly and trust their instincts when facing something new.		Guide kids to identify what matters to them — even small goals help build purpose and self-leadership.	
Learning to Navigate Challenges		Learning Independence Through Simple Tasks	
Teach problem-solving and adaptability — understanding that obstacles can be opportunities to grow.		Give children small responsibilities; completing them builds self-reliance and pride in accomplishment.	
Taking Initiative in Small Emergencies		Working Safely and Smartly in Teams	
Encourage quick thinking — being prepared to act is an early sign of responsible leadership.		Show how collaboration and communication help teams succeed — leadership often begins with teamwork.	
Adapting to Change			
Help kids stay flexible and optimistic when plans shift — adaptability is key to growth.			

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