

CATHOLIC PRAYERS, PRACTICES, and FAITH FACTS

What Prayers, Catholic Practices & Facts does my child need to know?

We learn to pray by praying! Parents are the best teachers, especially by example. Start young with night prayers. Make table prayers and praying with the Church seasons a family habit. Encourage older kids to use traditional prayers in their daily routine and to listen and talk to God in their own words. These practices make us Catholic!

Review the following with your child/teen often as you relearn them yourselves. If you don't recall some of those listed below, check out your child's Faith Formation Handbooks or go to americancatholic.org. If your spouse is not Catholic, share your traditions as a family as a way to help your family respect each others' traditions, values, and beliefs.

FAITH FACTS In your child's GREEN folder, you'll find a glossary of facts he/she will learn in Faith Formation. We'll try to have them circle these *FAITH FACTS* as they are learned. Take a look at the glossary OFTEN so you can help them remember the basics of our faith. We'll have review games and let you know their progress! Basics are introduced at Gr 1. By Gr 7 - 10, youth should review and be very familiar with all of the following:

Grade 1

Sign of the Cross
Glory Prayer
Lord's Prayer
Hail Mary
Apostles' Creed
Grace before Meals/ after Meals
Celebrating Mass

Grade 2 – Review all I add:

Great Commandment
Ten Commandments
The Sacrament of Reconciliation
Act of Contrition
Parts of the Mass
The Seven Sacraments

Grade 3 – Review all & add:

The Beatitudes
Nicene Creed
Prayer to the Holy Spirit
Corporal Works of Mercy
Spiritual Works of Mercy
Precepts of the Church
Stations of the Cross
Rosary & its Mysteries
A Vocation Prayer

Grade 4 - Review all & add:

Hail, Holy Queen
Beatitudes
Precepts of the Church
Conscience, Sin, and Mercy
Faith, Hope, and Love

Grade 5 - Review all & add:

The Divine Praises
Gifts of the Holy Spirit
Moral Virtues
Vocations

Grade 6 - Review all & add:

Revelation
2 Main Parts of the Bible
Gospels, epistles

Grade 7- Review all & add:

Morality & Justice
Sacraments and Prayer

Grade 8- Review all & add:

The Eucharist, The Holy Spirit

Grade 9 – Review all & add:

Catholic Saints and Sacraments
Relationships and Dating