

MUSIC, EMOTIONS AND MENTAL HEALTH

NOVEMBER 21, 2025

The Glass House (Midtown)
660 12th Avenue
New York, NY 10019
12:00 PM – 5:30 PM

The Neuroscience of Music and Emotions Explore current research on music and emotions and how music can influence emotional states and mental health.

Music Therapy/Music-Based Interventions Explore clinical applications of music that impact emotional expression, improve engagement, and reduce negative behaviors, especially in those with neurocognitive deficits

Register Now:
imnf.org/2025-music-has-power-symposium-awards

There are no prerequisites to take this course. This course is valued at 3 participant hours for NAB, 3 CMTE's for MT-BC's, and (0.3 CEUs) for NCTRC.

Participants will receive a certificate of completion and should refer to their respective professional requirements for continuing education.

CEU CREDIT COURSE



Educational Objectives:

Participants will learn to:

- Identify how music enhances brain function.
- Identify new music-based interventions/technologies to improve access to music-based treatments for mental health
- Understand impact of neuroscience research on clinical practice. Differentiate between prescriptive uses of music and process-oriented music therapy
- Identify ways this knowledge can be applied in MT with adults to promote health and wellness

Who should attend:

- Neuroscientists
- Physicians
- Music Therapists
- Recreation Therapists
- Senior Health Care Administrators
- Geriatric Care managers



Institute for Music and
Neurologic Function

Schedule:

12:00 – 1:00 – Registration

1:00 – 1:05 – Welcome Concetta M. Tomaino, DA, LCAT, MT-BC,
Executive Director & Co-founder, IMNF

1:05 – 2:00 Music and Emotions

- Daniel Bowling, PhD
 - Assistant Professor, Department of Psychiatry and Behavioral Sciences, and Director, Music, Brain & Health Laboratory Division of Interdisciplinary Brain Sciences, Stanford School of Medicine
- Pablo Ripollés, PhD
 - Assistant Professor, New York University
 - Associate Director, Music and Auditory Research Laboratory (MARL), Department of Psychology, Center for Language Music and Emotion (CLaME)

2:05 – 3:00 Music therapy/ music-based interventions

- Ellen McCreedy, PhD
 - Associate Professor, Center for Gerontology and Healthcare Research, Brown University School of Public Health
- Anna Palumbo, Ph.D.
 - NYU Research Manager, Nordoff-Robbins Center for Music Therapy
 - Adjunct Faculty, Department of Psychology, New York University

3:00 – 3:10 Break

3:10– 4:00 Music based technologies

- Joanna Pena-Bickley
 - Founder – CEO, Vibes Ai

4:00– 4:15 Break

4:15 – 5:30 Sound healing experiential led by Grammy-nominated producer, Maejor of the Frequency School, IMNF's 2025 Music Has Power® Awardee.

Fee & Cancellation Policy

Fee: \$100 includes access to symposium. \$150 includes access to symposium and Maejor sound experience (required for the 4 CMTE's for music therapists.)

Cancellation policy – Please contact IMNF by 11/15/25 to request a full refund.

Music, Emotions, and Mental Health is approved by the Certification Board for Music Therapists (CBMT) for **4 CMTE's** Continuing Music Therapy Education credits. The Institute for Music and Neurologic Function# **P-120**, maintains responsibility for program quality and adherence to CBMT policies & criteria. \$150 Fee includes the CMTE registration fee (\$25) for music therapists.

This program is sponsored by Institute for Music and Neurologic Function (IMNF). The IMNF is a certified sponsor of professional continuing education with the National Association of Boards of Examiners for Long Term Care Administrators (NAB). This program is approved for **3 CEUs** for nursing home administrators under its sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

This continuing education session content is pre-approved for **180 min (0.3 CEUs)** by NCTRC.