

Position	Bib	Time	Name	Category	Club	Gender Pos	Cat Pos
1	156	00:40:08	Simon Jones	MS	Abbey Runners	1	1
2	141	00:42:42	Sam Horrocks	MS	Barlick Fell Runners	2	2
3	54	00:42:53	Hayley Carruthers	FS	Hoka	1	1
4	68	00:43:06	Paul Crabtree	M40	Bingley Harriers AC	3	1
5	242	00:43:37	Brian Shaw	M50	Darwen Dashers RC	4	1
6	140	00:45:36	Mark Horrocks	M50	Barlick Fell Runners	5	2
7	2	00:46:05	Steve Abbott	M40	Wesham Road Runners	6	2
8	259	00:46:42	Billy Stephens	MS	Unattached	7	3
9	231	00:46:49	Andrew Robinson	M50	Unattached	8	3
10	18	00:46:52	Mark Bakee	M50	Unattached	9	4
11	154	00:47:05	Rob Jepson	M40	Unattached	10	3
12	247	00:47:08	Jeff Singleton	MS	Bowland Fell Runners	11	4
13	227	00:47:15	Martin Rimmer	MS	Manchester YMCA Harriers	12	5
14	86	00:47:18	Duncan Edwards	M50	Pendle trail runners	13	5
15	20	00:47:22	Nathan Baker	MS	Blackpool, Wyre & Fylde A.C.	14	6
16	211	00:47:37	Andy Porter	M40	Clayton-le-Moors Harriers	15	4
17	209	00:47:41	Sophie Pilkington	FS	Red Rose Road Runners	2	2
18	63	00:48:18	Ben Cook	MS	Clayton-le-Moors Harriers	16	7
19	129	00:48:29	Adam Heys	MS	Clayton-le-Moors Harriers	17	8
20	12	00:48:47	Alex Atkinson	MS	Unattached	18	9
21	235	00:49:25	Keagan Rowe	MS	Unattached	19	10
22	302	00:50:17	Simon Winster	MS	Red Rose Road Runners	20	11
23	60	00:50:28	Barry Clegg	M40	Ribble Valley Runners	21	5
24	174	00:50:32	Simon Major	MS	Unattached	22	12
25	130	00:50:59	Jordan Heys	MS	Target Scaffolds	23	13
26	208	00:51:02	Joel Pilkington	MS	Unattached	24	14
27	19	00:51:06	Dom Baker	MS	Unattached	25	15
28	102	00:51:26	Nathan Green	MU23	Burnley A.C.	26	1
29	61	00:51:29	Lynsey Coan	FS	Unattached	3	3
30	221	00:52:50	Christine Reeday	FS	Craven Energy	4	4
31	238	00:52:58	David Sargent	MS	Lancaster Runners	27	16
32	127	00:53:00	Mike Henderson	M50	Unattached	28	6
33	77	00:53:12	Catherine Derbyshire	F40	Accrington road runners	5	1
34	45	00:53:19	Colin Brown	MS	Stockport harriers	29	17
35	85	00:53:34	Daniel Duperouzel	MS	Unattached	30	18
36	248	00:53:42	Glenis Richardson	F60	Stockport Harriers	6	1
37	3	00:53:44	Ajaz Ahmed	M50	Serengeti AC	31	7
38	244	00:53:52	David Siguenza	M50	Clayton-le-Moors Harriers	32	8
39	268	00:53:58	Jock Taylor	M60	Unattached	33	1
40	296	00:54:07	Alison Williams	FS	Craven Energy	7	5
41	173	00:54:08	Catherine MacLachlan	M40	Lytham St Anne's Road Runners	34	6
42	170	00:54:10	Tom Linton-Neal	MS	Unattached	35	19
43	265	00:54:12	Michael Sweetman	MS	Lancaster Runners	36	20
44	220	00:54:15	Helen Read	F40	Ribble Valley Triathlon Club	8	2
45	157	00:54:18	David Kenneford	M50	Accrington Road Runners	37	9
46	6	00:54:33	David Allison	M50	Unattached	38	10
47	126	00:54:34	Sean Hefford	M40	Unattached	39	7
48	232	00:54:45	James Robinson	MS	Holcombe Harriers	40	21
49	310	00:54:57	James Hodson	MS	Unattached	41	22
50	4	00:55:40	Neil Ainsworth	M50	Unattached	42	11
51	274	00:56:01	David Tolson	M60	Red Rose Road Runners	43	2
52	201	00:56:04	Michael Parker	M50	RUNNING4CF	44	12
53	294	00:56:24	Mark Wilkin	M50	Running4CF	45	13
54	255	00:56:37	Ian Smith	M70	FRA	46	1
55	136	00:56:39	Christine Hockings	F60	Lawley Running Club	9	2
56	246	00:56:41	Duncan Singleton	M40	Bowland Fell Runners	47	8
57	32	00:57:05	Phill Berry	M40	Peak XV Tri	48	9
58	165	00:57:34	Joseph Lancaster	M40	Blackburn Harriers AC	49	10
59	69	00:57:35	Samuel Crawshaw	M40	Chorlton Runners	50	11
60	131	00:58:00	Vicky Heys	F50	Clayton-le-Moors Harriers	10	1

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61	51	00:58:10	Dom Camponi	MS	Calder Valley Fell Runners	51	23
62	175	00:58:29	Claire Markham	F40	Lytham St Anne's Road Runners	11	3
63	82	00:58:54	Gillian Doolan	F50	Stockport Tri Club	12	2
64	230	00:59:07	Paul Roberts	M40	Trawden ac	52	12
65	96	00:59:16	Rowena Garton	F40	Skipton AC	13	4
66	1	00:59:22	Michelle Abbott	F40	Clayton-le-Moors Harriers	14	5
67	219	00:59:29	Julie Prunty	F40	Lonely Goats RC	15	6
68	106	00:59:40	Bella Grimshaw	F40	Clayton-le-Moors Harriers	16	7
69	243	00:59:56	Jacqueline Shaw	F50	Darwen Dashers RC	17	3
70	290	01:00:14	Paul Whelan	M50	Unattached	53	14
71	277	01:00:18	Jonathan Tucker	M60	St. Helens Striders	54	3
72	149	01:00:33	Debbie Huston	F50	Warrington RC	18	4
73	89	01:00:50	Shelley Fawcett	F50	Women on the Run	19	5
74	78	01:01:07	Ruth Derham	FS	Unattached	20	6
75	298	01:01:23	Julie Wilson	F40	Women on the run	21	8
76	62	01:01:30	Chris Collins	M50	Worsthorne with Hurstwood Runners	55	15
77	9	01:01:36	Jonathan Ash	M40	Ribble Valley Runners	56	13
78	176	01:01:43	James Martin	F40	Knowsley Harriers AC	22	9
79	97	01:01:51	David Geldard	M50	Running4CF	57	16
80	307	01:02:02	Diane Carson	F60	Park View 4U Run Group	23	3
81	258	01:02:26	Robert Smith	M50	Ossy Joggers	58	17
82	301	01:02:34	Shaun Windle	M40	Clayton-le-Moors Harriers	59	14
83	160	01:02:46	Ross Kirby	M40	Unattached	60	15
84	304	01:03:02	Mark Wright	M50	Blackpool freedom runners	61	18
85	215	01:03:04	Rowan Power	MS	Unattached	62	24
86	167	01:03:07	Nick Lewer	M70	Unattached	63	2
87	214	01:03:07	Alisha Power	FS	Unattached	24	7
88	194	01:03:16	John Newton	M50	Unattached	64	19
89	233	01:03:25	Susan Rodwell	F50	Unattached	25	6
90	266	01:03:49	Selina Sweetman	FS	Lancaster Runners	26	8
91	195	01:04:17	Shane Newton	M40	Accrington Road Runners	65	16
92	39	01:04:26	Jenny Bond	F40	Unattached	27	10
93	59	01:04:28	Colette Clarkson	F50	Fylde Coast Runners	28	7
94	139	01:04:56	Chris Horne	M50	Leyland Barracudas	66	20
95	94	01:05:07	Amanda Fuller	F40	Blackpool, Wyre & Fylde A.C.	29	11
96	192	01:05:15	Rob Myers	M60	Baildon Runners	67	4
97	152	01:05:17	Robert Iddon	M40	Unattached	68	17
98	279	01:05:24	Alison Unsworth	F50	Unattached	30	8
99	275	01:05:29	Janet Tolson	F60	Red Rose Road Runners	31	4
100	199	01:05:33	Ian Oakey	M50	Settle Harriers	69	21
101	111	01:05:55	Georgina Hampson	FS	Unattached	32	9
102	299	01:06:18	Lesley Wilson	F50	To the hill and back	33	9
103	31	01:06:24	Nikki Berry	F40	Peak XV Tri	34	12
104	240	01:07:02	Emma Schofield	FS	Unattached	35	10
105	207	01:07:21	Dave Pilkington	M60	Unattached	70	5
106	70	01:07:23	Wayne Cronin	M50	Unattached	71	22
107	64	01:07:53	Hayley Copeman	F50	Worsthorne with Hurstwood Runners	36	10
108	99	01:08:02	Cesare Giombetti	M40	Darwen Dashers RC	72	18
109	151	01:08:04	Ben Iddon	M40	Unattached	73	19
110	100	01:08:10	Menna Goodwin	F50	Warrington RC	37	11
111	189	01:08:13	Damian Moss	M50	Unattached	74	23
112	291	01:08:25	Rachel Airey	FS	Clayton-le-Moors Harriers	38	11
113	36	01:08:30	Sophie Blow	FS	Bramley breezers	39	12
114	122	01:08:38	David Haworth	M60	Blackburn Road Runners	75	6
115	72	01:08:41	Julia Cunliffe	F70	Helm Hill Runners	40	1
116	182	01:08:48	Sharon Mcloughlin	F50	Unattached	41	12
117	239	01:08:49	Simon Scarr	M50	Blackpool, Wyre & Fylde A.C.	76	24
118	303	01:08:57	David Wray	MS	Future Fitness	77	25
119	146	01:09:29	Paul Howsrd	M40	Unattached	78	20
120	80	01:09:31	Helen Dickson	F50	accrington road runners	42	13

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121	308	01:09:32	Terry Robertson	M60	Park View 4U Run Group	79	7
122	55	01:09:32	Jackie Carruthers	F60	Unattached	43	5
123	118	01:09:47	Meg Harris	FS	Unattached	44	13
124	164	01:09:54	Emma Lancaster	F40	Unattached	45	13
125	179	01:09:56	Andrew Mcarthur	M40	Blackburn road runners	80	21
126	92	01:10:04	Norma Forrester	F50	Knowsley Harriers AC	46	14
127	22	01:10:05	Jane Barnes	F40	Rossendale Harriers	47	14
128	241	01:10:08	Paul Sessford	M50	Keighley & Craven AC	81	25
129	178	01:10:24	Tim Martland	M50	Lymm Runners	82	26
130	271	01:10:31	Karen Thistlethwaite	FS	Lonely Goats RC	48	14
131	153	01:11:06	Sue Jennings	F50	Razzer's Runners	49	15
132	273	01:11:24	Heather Thorn	F40	Trail running nation	50	15
133	172	01:11:29	Catherine Maclachlan	F50	Lytham St Anne's Road Runners	51	16
134	284	01:11:35	Sarah Walker	FS	To The Hill and Back	52	15
135	29	01:11:35	Dave Harvey	M50	Pennine Fell Runners	83	27
136	56	01:11:55	Emma Chamberlain	F40	Let's Run Adventures	53	16
137	286	01:12:00	Leigh Warburton	F50	Unattached	54	17
138	132	01:12:01	Heidi Hird	F50	Blackburn Road Runners	55	18
139	33	01:12:03	Allison Bidder	F60	Blackpool Freedom Runners	56	6
140	249	01:12:19	Ross Slinger	M40	Ossy joggers	84	22
141	276	01:12:49	Janet Tomikinson	F60	Heron Flyers	57	7
142	75	01:13:14	Iain Czapowski	M40	Ribble Valley Runners	85	23
143	76	01:13:40	Hannah Dawson	F40	Fairhaven flyers	58	17
144	98	01:13:55	Violet Gill	F60	St Therasas	59	8
145	264	01:14:00	Sara Summers	F50	Unattached	60	19
146	253	01:14:18	Gill Smith	F60	Baildon Runners	61	9
147	224	01:14:32	Vicki Richardson	FS	Lytham St Anne's Road Runners	62	16
148	133	01:14:33	Sue Hird	F60	Barlick Fell Runners	63	10
149	66	01:14:35	Carrie Courtney	F50	Blackpool Freedom Runners	64	20
150	117	01:14:39	Vicky Hargreaves	F40	Let's Run Adventures	65	18
151	169	01:14:45	Debbie Linton	F50	Leeds Bradford Triathlon Club	66	21
152	252	01:14:47	Elizabeth Smith	F50	Ossy Joggers	67	22
153	88	01:15:06	Mary Emmett	FS	Unattached	68	17
154	184	01:15:11	Barbara Mead-Mason	F50	Blackpool Freedom Runners	69	23
155	281	01:15:19	Lynn Vickers	F50	Southport Waterloo	70	24
156	309	01:15:28	Elizabeth Lyon	F40	Unattached	71	19
157	74	01:15:38	Felicity Cunningham	F50	Unattached	72	25
158	104	01:16:31	Victoria Greensmith	F50	Running4CF	73	26
159	125	01:16:33	Clare Heathcote	F40	Tortoise	74	20
160	300	01:16:39	Brian Winder	M70	Darwen Dashers RC	86	3
161	116	01:17:33	Louise Hargreaves	F40	Trawden AC	75	21
162	124	01:17:33	Lisa Heap	FS	Unattached	76	18
163	53	01:17:47	Joan Carlsson	F70	Park View 4U Run Group	77	2
164	236	01:17:49	Jen Royle	F50	Running4CF	78	27
165	159	01:17:49	Cath Kippax	F40	RUNNING4CF	79	22
166	26	01:18:04	Anne Beech	F50	Barlick Fell Runners	80	28
167	11	01:18:30	Dominique Ashford	F50	Unattached	81	29
168	216	01:18:51	Julie Preston	F50	Running4CF	82	30
169	234	01:19:05	Sue Rosin	F40	Stormers	83	23
170	283	01:20:25	Nickola Walker	F50	Blackpool, Wyre & Fylde A.C.	84	31
171	218	01:20:33	Helen Proctor	F50	Women on the Run	85	32
172	278	01:20:37	Lee Turbitt	M50	Trawden AC	87	28
173	115	01:20:57	Angela Hargreaves	F60	Running4CF	86	11
174	293	01:21:09	Clare Wilkin	F50	Running4CF	87	33
175	168	01:21:35	David Leyland	M50	Saddleworth RC	88	29
176	198	01:21:51	Mike O'Brien	M60	Manchester YMCA Harriers	89	8
177	27	01:22:12	Jennifer Beech	F40	Razzer's Runners	88	24
178	163	01:22:12	Sam Lambert	F50	Razzer's Runners	89	34
179	50	01:22:28	Zara Byrne	FS	Thornton Cleveleys R.C.	90	19
180	217	01:22:30	Natasha Price	F40	Penny Lane Striders	91	25

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181	65	01:22:57	Nancy Corbin	F50	Sowerby Bridge Snails R.C.	92	35
182	107	01:23:53	Siobhan Grimshaw	F50	Blackburn Road Runners	93	36
183	121	01:23:53	Claire Haworth	F40	Unattached	94	26
184	101	01:24:06	Samantha Gothard	F40	Unattached	95	27
185	263	01:24:54	Rachel Summers	F50	Unattached	96	37
186	223	01:25:29	Carol Richardson	F50	Burnden Road Runners	97	38
187	181	01:25:44	Lesley Mcgrail	F40	St. Helens Striders	98	28
188	190	01:25:45	Jo Moss	FS	St. Helens Striders	99	20
189	8	01:25:45	Jenny Appleton	F40	St. Helens Striders	100	29
190	135	01:27:24	Christine Ho	F40	UKnetrunner	101	30
191	41	01:27:36	Gayle Brandwood	F40	Blackpool Freedom Runners	102	31
192	23	01:27:37	Dawn Baron	F50	Blackpool Freedom Runners	103	39
193	24	01:28:34	Elizabeth Barrett	F50	Unattached	104	40
194	21	01:29:07	Ellen Barkworth	F60	Blackburn Road Runners	105	12
195	17	01:29:08	Samantha Badland	F40	Blackburn Road Runners	106	32
196	210	01:29:11	Ellen Pope	F60	Blackburn Road Runners	107	13
197	193	01:31:32	Hannah Newell	F40	Fairhaven Flyers	108	33
198	171	01:32:58	Steve Lyons	M60	Lonely Goats RC	90	9
199	138	01:33:43	Kim Hooper	F40	Unattached	109	34
200	110	01:33:43	Jennifer Hale	FS	Witherslack Warriors	110	21
201	183	01:36:11	Clare Mead	F50	Pendle Trail Runners	111	41
202	123	01:36:11	Lynne Hawthornthwaite	F40	Trawden AC	112	35
203	289	01:36:13	Sharon Webber	F40	Trawden AC	113	36
204	204	01:40:15	Diane Peck	F40	Knowsley Harriers AC	114	37
205	257	01:41:41	Michelle Smith	F40	Knowsley Harriers AC	115	38
206	272	01:45:27	Michael Thompson	M70	Unattached	91	4