**Dishes and their allergen content**

**Week 4**

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| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| **Monday** | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Butcher’s sausage in a roll |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** | **✓** | **✓** |
| Vegan sausage in a roll |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** |  |  |
| Belgian waffle and fruit |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  | **✓** | **✓** |
| Yoghurt |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Sausage in a roll |  |  |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** |
| GF/DF:Chocolate pot |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |  |
| Vegan:Quorn sausage in a roll |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** |  |  |
| Vegan:Chocolate pot |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |  |
| Jacket and cheese |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese for jackets |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Roll for sausages |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** |  |  |
| Gluten free roll |  |  |  | **✓** |  |  |  |  |  |  |  |  |  |  |
| Bread |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Packed lunches |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |

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| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| **Tuesday** | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Beef bolognese and cheese |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Veggie bolognese and cheese |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Arctic roll and fruit compote |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  | **✓** | **✓** |
| Yoghurt |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Bolognese pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Fruit cookie |  |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| Vegan:Veggie bolognese pasta |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan:Fruit cookie |  |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| Jacket and beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans for jackets |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese for bolognese |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit compote for dessert |  |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| Bread |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Packed lunches |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |

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| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| **Wednesday** | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Chicken roast dinner |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn roast dinner |  |  |  | **✓** |  |  | **✓** |  |  |  |  |  |  |  |
| Apple and berry muffin |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  | **✓** |  |
| Yoghurt |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Chicken roast dinner |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Iced apple cake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan:Sausage roast dinner |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan:Iced apple cake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket tuna mayo sweetcorn |  |  |  | **✓** | **✓** |  |  |  | **✓** |  |  |  |  |  |
| Roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna mayo for jackets |  |  |  | **✓** | **✓** |  |  |  | **✓** |  |  |  |  |  |
| Yorkshire |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten free Yorkshire |  |  |  | **✓** |  |  |  |  |  |  |  |  | **✓** |  |
| Bread |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Packed lunches |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |

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| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| **Thursday** | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Sausage and tomato pasta |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  | **✓** | **✓** |
| Tomato mozzarella pasta |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit jelly and ice cream |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Yoghurt |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Sausage tomato pasta |  |  |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| GF/DF:Fruit jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan:Butter bean pasta |  | **✓** |  |  |  |  |  |  |  |  |  |  |  | **✓** |
| Vegan:Soreen |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket and cheese |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Garlic bread |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  | **✓** |  |
| Salad | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ice cream for pudding |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Bread |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Packed lunches |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |

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| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| **Friday** | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Fishcake in a bun |  | **✓** |  |  | **✓** |  |  |  |  |  |  | **✓** |  |  |
| Salmon fishcake in a bun |  | **✓** |  |  | **✓** |  |  |  |  |  |  | **✓** |  |  |
| Cheese and tomato pizza |  | **✓** |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Ice cream and fruit |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Yoghurt |  |  |  |  |  |  | **✓** |  |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF/DF:Cheese and tomato pizza |  |  |  |  |  |  |  |  | **✓** |  |  |  |  |  |
| Gf/DF:Ice lolly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan:Cheese and tomato pizza |  |  |  |  |  |  |  |  | **✓** |  |  |  |  |  |
| Vegan:Ice lolly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket and beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ketchup | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit for ice cream |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bun for fishcakes |  | **✓** |  |  |  |  |  |  |  |  |  | **✓** |  |  |
| Bread |  | **✓** |  |  |  |  |  |  |  |  |  |  |  |  |
| Packed lunches |  | **✓** |  |  |  |  | **✓** |  |  |  |  | **✓** |  |  |

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| Review date: | 19.06.2025 | Reviewed by: | J Honess |  |  |  |  |