Current Agencies and Services

Curious about a specific issue facing Calgarians? Community Connect YYC’s partners each have a unique focus. Below, you’ll find information including how to reach them.

Community Connect YYC
Community Connect YYC is a collaborative of Calgary agencies committed to eliminating the barriers and lengthy wait times that make it challenging to access much-needed social services.

SPOKESPERSON
Jessica Cope Williams, Co-CEO

AGENCY MEDIA CONTACT
Kiefer Sutherland, Communications Coordinator
Tel: 403-205-5207
Email: kiefer.sutherland@kindred.ca
Facebook: @CommunityConnectYYC Twitter: @CommConnectYYC Instagram: CommunityConnectYYC

Calgary Immigrant Women’s Association

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC

Immigrant Girls, Boys and More Program - Aims to strengthen social connections and increase support of immigrant youth

Individual / Family Counselling - professional, culturally-sensitive counselling for immigrant women, men and families who are experiencing family, domestic, gender-based and/or intimate partner violence, relationship problems, abuse and trauma.

One-on-One Counselling for Immigrant Women - Provides immigrant women (including seniors and youth) with the opportunity to become involved in the community and develop a sense of belonging.

Supports for Immigrants and Refugees with Mental Health and Addiction Issues - Supports immigrants and newcomers to identify and seek help for addiction issues impacting their lives and build their resilience.

SPOKESPERSON
Eva Szasz-Redmond, Director of Programs Administration

AGENCY MEDIA CONTACT
Fatima Narvaez, Manager, Communications and Marketing
Tel: 403-263-4414 Ext: 179 | Main: 403-444-1571
Email: FatimaN@ciwa-online.com
Facebook: @CIWAyyyc Twitter: @CIWA_yyc Instagram: ciwa_yyc

Canadian Centre for Men and Families

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC

Individual Counselling for Men - Counselling for adult men facing challenges with anxiety, depression, grief & loss, self-esteem and stress.

SPOKESPERSON
Beth Barberree, Executive Director
Canadian Mental Health Association – Calgary Region

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Family Support – Counselling for family members who are caring for a loved one with a mental health or substance use concern
Suicide Bereavement – Group and individual support to stay well after the loss of a loved one

SPOKESPERSON
Michelle Wagner, Director, Operations – Community Mental Health and Wellness

AGENCY MEDIA CONTACT
Amy Ball, Communications Manager
Phone: 403-554-3143
Email: amy.ball@cmha.calgary.ab.ca
Facebook: @cmhacalgaryregion Twitter: @CMHACalgary Instagram: cmhacalgary

Carya

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Language-Specific Counselling – General counselling for individuals, couples, and families in Spanish, Vietnamese, French with other languages available with an interpreter.

SPOKESPERSON
Susan Herman, Director, Strong Families in Community

AGENCY MEDIA CONTACT
Hayley Muir, Communications Specialist
Phone: 403-606-4797
Email: hayleym@caryacalgary.ca
Facebook: @caryacalgary Twitter: @caryacalgary Instagram: caryacalgary

Centre for Sexuality

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Sexual Health Counselling – Support related to sexuality, sexual health, and healthy relationships, including LGBTQ2S+ communities.

SPOKESPERSON
Pam Krause, President and CEO

AGENCY MEDIA CONTACT
Ashley Wilford-Matthews, Fund Development & Communications
Phone: 403-863-3026
Email: awilfordmatthews@centreforsexuality.ca
Centre for Newcomers

**SUPPORT CONNECTED TO COMMUNITY CONNECT YYC**

**Counselling for Immigrants** – General counselling for individuals, couples, and families in Arabic, Hindi, Urdu, Farsi, English, Punjabi.

**Become A Better You** – Counselling for immigrant individuals, couples, and families impacted by domestic violence in Arabic, Hindi, Urdu, Farsi, English, Punjabi.

**SPOKESPERSON**
Faraz Khan, Team Lead, Therapy & Support Centre

**AGENCY MEDIA CONTACT**
David Hohol, Manager, Communications and Marketing
Phone: 403-537-3394
Email: dhohol@centrefornewcomers.ca

Facebook: @Centrefornewcomers  Twitter: @YYCNewcomers  Instagram: yycnewcomers

Hull Services

**SUPPORT CONNECTED TO COMMUNITY CONNECT YYC**

**Single Session and Brief Therapy** - Single session and brief therapy for adults and families with children and youth ages 7 years and up.

**SPOKESPERSON**
Tom Naested, Director of Wellness Services

**AGENCY MEDIA CONTACT**
Kaitlyn Pecson, Communications Manager
Tel: 403-251-8000
Email: kpecson@vecova.ca

Facebook: @hullservices  Twitter: @hullcalgary  Instagram: hull_services

Kindred

**SUPPORT CONNECTED TO COMMUNITY CONNECT YYC**

**Rapid Access Counselling** – Single-session counselling available within three business days.

**SPOKESPERSON**
Jessica Cope Williams, Co-CEO

**AGENCY MEDIA CONTACT**
Kiefer Sutherland, Communications Coordinator
Tel: 403.205.5207
Email: kiefer.sutherland@kindred.ca

Facebook: @KindredAB  Twitter: @KindredAB  Instagram: @kindred_ab
Lionheart Foundation

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Youth Anxiety Related Therapy - Longer-term counselling for any youth (age 8-28) and their families facing anxiety-related issues or disorders.

SPOKESPERSON
Jamilah Edwards, Executive Director

AGENCY MEDIA CONTACT
Alyssa Burnham
Email: alyssaburnham@hotmail.com
Facebook: @Lionheartfdn Twitter: @Lionheartfdn Instagram: lionheartfoundationyyc

Sagesse

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Domestic Violence Supports – Intake and assessment services to connect to a range of group and individual supports for those impacted by domestic violence
Stand By - Intake and assessment services to connect to a peer-based group for those supporting people impacted by domestic violence.

SPOKESPERSON
Amy Munroe, Direct Service Team Lead

AGENCY MEDIA CONTACT
Tami Hutchinson, Communications Specialist
Phone: 403-680-0811
Email: communications@sagesse.org
Facebook: @SagesseCalgary Twitter: @SagesseCalgary Instagram: sagessecalgary

The Alex

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
Rapid Access Addiction Medicine – Counselling, groups, medical, and medication support for those experiencing a challenge with substance use.

SPOKESPERSON
Jennifer Eyford, Associate Director of Mental Health and Addictions

AGENCY MEDIA CONTACT
Johanna Schwartz, Communications Manager
Phone: 403-615-0764
Email: communications@thealex.ca; jschwartz@thealex.ca
Facebook: @thealexcommunityhealthcentre Twitter: @TheAlexCHC Instagram: thealexchc

The Immigrant Education Society

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC
**TIES Healthy Minds** - Certified Mental Health Counsellors providing free counselling sessions 7 days a week, daytime and evening. First languages and interpretation services are available.

**SPOKESPERSON**
Ronni Abraham, Manager, Settlement & Mental Health Programs

**AGENCY MEDIA CONTACT**
Robert Toth, Director, Communications & Community Engagement
Tel: 587-393-3414
Email: RobertToth@immigrant-education.ca
Facebook: @TIESyyc Twitter: @TIESyyc

---

**Trellis**

**SUPPORT CONNECTED TO COMMUNITY CONNECT YYC**

**Youth Counselling** - Counselling for youth aged 12-24. 2SLGBTQ+, BIPOC affirming and counselling from Indigenous ways of knowing and being.

**Child and their Adult/s Counselling** - Counselling for children aged 4 to 12 and their adult/s.

**SPOKESPERSON**
Amelia Larson, Program Director

**AGENCY MEDIA CONTACT**
Shannon Hollick, Director of Engagement
Tel: 403-629-0413
Email: shollick@growwithtrellis.ca
Facebook: @TrellisYYC Twitter: @TrellisYYC Instagram: trellisyyc

---

**Vecova**

**SUPPORT CONNECTED TO COMMUNITY CONNECT YYC**

**Individual Counselling for Persons with Disabilities** - counselling with person (aged 13 and up) with a disability in support of various issues including trauma, loss, family, stress, substance use, relationships and many others.

**Individual Counselling for Caregivers** - counselling for those who identify as caregivers. Caregivers include people who are supporting individuals with disabilities or mental illness in some capacity.

**Individual Counselling for Trauma-related Concerns** - counselling focused on managing and processing trauma-related responses to enhance functioning and support wellbeing.

**Art Therapy** – support to process complex emotions and difficult life events for youth 13+, adults with intellectual disabilities or their caregivers.

**SPOKESPERSON**
Tom Naested, Director of Wellness Services

**AGENCY MEDIA CONTACT**
Kaitlyn Pecson, Communications Manager
Tel: 403-284-1121
Email: kpecson@vecova.ca
Facebook: @Vecova Twitter: @Vecova Instagram: wearevecova
YW Calgary

SUPPORT CONNECTED TO COMMUNITY CONNECT YYC

Adult General Counselling and Groups - Intake services into general counselling supports for adults
Counselling for Children and Families - Intake service into individual, group, and family counselling for Calgarians of all ages
Domestic Violence Support - Intake service for individual, group, and family counselling for Calgarians of all ages impacted by domestic violence

SPOKESPERSON
Tonia Rodgers, Manager, Counselling and Personal Development, COMPASS & FRN

AGENCY MEDIA CONTACT
Mikayla Berger, Director, Communications & Community Relations
Phone: 587-228-8663
Email: mberger@ywcalgary.ca

Facebook: @YWcalgary Twitter: @YWcalgary Instagram: ywcalgary