



# VIRGINIA RUSH SELECT ACADEMY



WELCOME PACKET

“Where the trails of passion and purpose  
meet, begins the path to victory”



# Why Virginia Rush Soccer



Virginia Rush player-centered approach, backed with a national-level program and elite-level coaching, provides a positive playing and learning environment that fosters long-term player development and personal growth. We strive to provide our players with the highest quality soccer training and development in America.

Rush aims to foster a safe, fun and educational experience for your child, as well as a solid foundation for a lifetime game.

Please find more info on  
[www.varush.com](http://www.varush.com)





# Virginia Rush Soccer

## Mission Statement

A global brand committed to providing an unparalleled soccer experience: Progressive. Ambitious. Comprehensive.

## Vision Statement

Our aim is to partner with like-minded clubs creating an enormous player base where elite players eventually feed into a Rush professional team representing one of the most recognized brands in the world.

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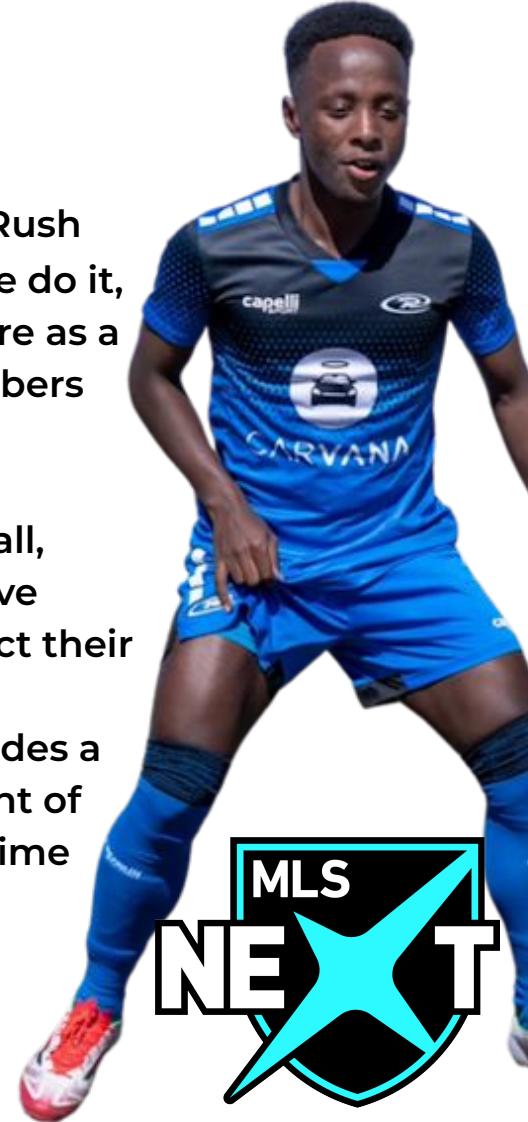




# The Rush Way

**The Rush Way** is the embodiment of all that is Rush Soccer. This not only entails what we do and how we do it, but the culture and standard that defines who we are as a Club. It is the rules and manner in which Rush members hold themselves and how they expect other Rush members to conduct themselves. The Rush Way encourages passion, leadership, respect and above all, quality. This standard is evident in how administrative organization is handled, the way our coaches instruct their players, and how the players and parents conduct themselves on and off the field. The Rush Way provides a system that supports the most efficient development of our players from the time they join the Club to the time they graduate.

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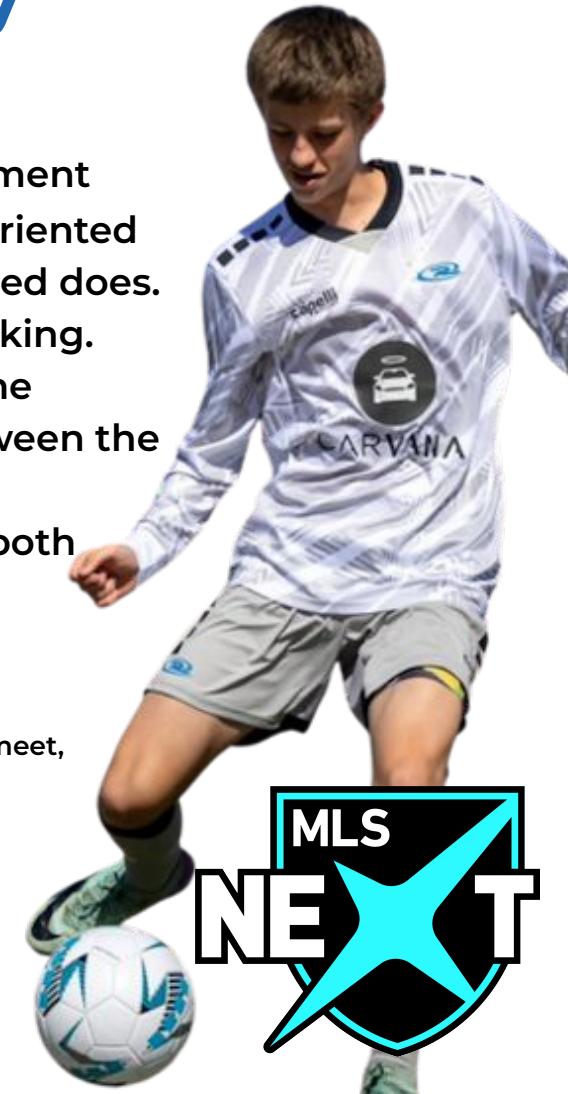


# The Rush Way

**The Rush Way to Play** is based upon movement and activity by both player and ball. Possession-oriented does not fully describe how we play; attack-oriented does. Whether in possession or in defense, we are attacking. Rush Players play with freedom yet understand the importance of responsibility and the balance between the two. Rush teams are flexible and adapt to varying circumstances. The Rush Way to Play represents both passion and purpose.

**Our club mantra** is: “Where the trails of passion and purpose meet, begins the path to victory”

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[www.varush.com](http://www.varush.com)



# Meet our **Staff**

## **SELECT ACADEMY DIRECTOR**

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### **YIANNI TITSIS**



# Meet our **Staff**

## **FUTSAL DIRECTOR**

**Chris Whiteside**



## **GK DIRECTOR**

**Mike Kappas**



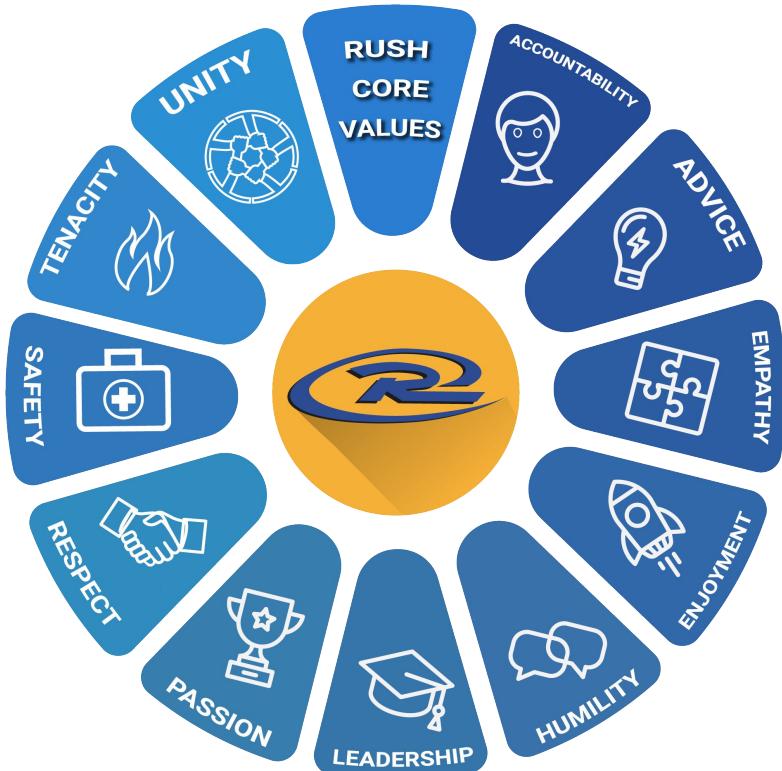
# Virginia Rush Boys Player



Regardless of a child's age, ability or financial status, we will find a place for them to play. That goes for a 16-year-old with dreams of playing professionally to a 4-year-old kicking a ball for the first time. As your player grows in ability and interest, he or she can move through the Mighty Mites, Recreation, Select and Competitive programs.

And if they still aren't challenged enough, we can get them opportunities to play outside of Virginia and into college.

# Rush Core Values



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**Accountability:** Be accountable for your actions and hold others accountable for their actions. Who am I ultimately accountable to, and who judges my work?

**Advice:** Seek out advice and aspire to be the best. In order to learn, we must be open to learning and consider the advice of others. Are you coach-able?

**Empathy:** Empathy is at the core of solid relationships.

**Enjoyment:** Enjoy your work, this is a gift. The desires of diligent workers are satisfied.

**Humility:** Apologize when you make a mistake. Forgive others and do not look back.

**Leadership:** Leaders strive to be trustworthy, honest and sincere. They are willing to serve others and sacrifice their own interests.

**Passion:** Passion always trusts, always hopes and always perseveres. Passion never fails.

**Respect:** Respect everyone. Respect the opponent, the rules, your colleagues, your superiors and subordinates. Be thoughtful and considerate.

**Safety:** Our environment is safe. Safety is not only physical safety from harm, but safety from ridicule and attack.

**Tenacity:** To be successful, persevere.... persevere but do not be anxious. Fear no one. Be strong and courageous. Work when no one else is looking.

**Unity:** Together all things are possible. When your teammates are down, bear each other's burdens; conversely, celebrate your teammate's successes.



# Select Academy Program

FOR PLAYERS **U13-U19 Boys**



**A**

## **U13-U14 AGE GROUPS**

- Fall (July-Dec) & Spring (Feb-May) Season
- 4 sessions a week w/ Futsal and CHKD Sports Performance Program

**B**

## **U16-U19 AGE GROUPS**

- Season Dates (July - April)
- 4 sessions a week w/ Futsal and CHKD Sports Performance Program



# SELECT PROGRAM

## CHKD and Futsal Programs



 **Sports  
Medicine**



# Competitive Program

## Boys Capelli Uniform Line



### 2025/2026 APEX LINE COMPETITIVE KIT



STYLES AVAILABLE IN YOUTH, MEN'S, WOMEN'S SIZES

Please find more info on  
[www.varush.com](http://www.varush.com)





# Competitive Program

## Boys Capelli Uniform Line



### 2025/2026 APEX LINE TRAINING KIT



STYLES AVAILABLE IN YOUTH, MEN'S, WOMEN'S SIZES

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# Additional Opportunities



- Rush Select - State, Regional and National
- CAP - College Advisory Program
- Virginia Beach United

Please find more info on  
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# Rush Select XI

FOR COMPETITIVE PLAYERS **U13-U19**



## Rush Select XI

**A**

### Rush Select Regional Teams

Rush Soccer hosts regional centers for the U13-U15 age groups to continue to promote the Rush Way to both coaches and players around the country. At these regional centers, the top performers can be identified for Regional Select teams

**B**

### Rush Select National Teams

Players that are identified as the top players in the country will be asked to join the Rush National Teams for U13-U19 players.



# CAP PROGRAM

## College Advisory Program

FOR COMPETITIVE PLAYERS **U15-U19**

The College Advisory Program (CAP) provides high school age players and their parents with an introduction to the college recruiting, scholarship, financial support, and selection process. This process can be bewildering at times and the intent of the CAP is to offer factual advice and assist in every way possible. The Rush Soccer Club staff will provide guidance but, will not do those tasks that the player and parents can and must do for themselves.

The program includes the following services to participants:

Individual consultations and assistance related to:

- letter writing & resume writing
- college coach contacts
- test prep
- specific player and family issues
- other assistance such as financial planning.
- Specific information seminars providing grade appropriate information.

Rush Soccer has more than 150 College Coaches working for Rush Organizations throughout the country.



# Virginia Beach UNITED

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Created a program to enhance our players' pathway by partnering with Virginia Beach United. We can offer unique development and exposure opportunities at the next level. This collaboration will further bridge the gap between youth and pre-professional soccer, helping our players reach their highest potential.



# Rush Select Academy Program Details

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## Frequently Asked Questions (FAQ)

### ***CAN I PLAY HIGH SCHOOL AND MLS NEXT?***

Yes. Players are allowed to play MLS Next and high school along with Middle School. We ask families to communicate with the Select Academy Director along with their head coach about any outside sports.

### ***HOW MUCH IS THE 2026 - 2027 RUSH SELECT ACADEMY TUITION?***

Each team in the Rush Select Academy will pay the same tuition of \$2850. Payment plans (5 month and 8 month) and financial aid is available. Sibling discounts are also available.



# Rush Select Academy Program Details



# TUITION FEE PAYMENT OPTIONS

July 2026	\$475
August 2026	\$475
September 2026	\$475
October 2026	\$475
November 2026	\$475

July 2026	\$296.88
August 2026	\$296.88
September 2026	\$296.88
October 2026	\$296.88
November 2026	\$296.88
December 2026	\$296.88
January 2027	\$296.88
February 2027	\$296.84

**\* Uniforms must be ordered in May 2026 for new players**



# Rush Select Academy

## Program Details

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### Frequently Asked Questions (FAQ)

#### ***WHAT DOES TUITION INCLUDE?***

- Regional MLS NEXT Event w/ hotel & on-site transportation for team
- 4 Training Sessions per week including:
  - CHKD Strength and Performance Program
  - Futsal Training Program
- 2 tournaments (Labor Day and Memorial Day)
- Coach Expenses
- TRACE Video Film with player accounts
- CAP+ for U15-U19 players
- 3rd Jerseys
- \$30 Talent ID Sessions
- Media day for players
- Individual Development Plans (IDPs)





# Rush Select Academy Program Details

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## Frequently Asked Questions (FAQ)

### ***WHAT DOES TUITION NOT INCLUDE?***

- Uniform Package
- Preseason Player Camp
- Player travel to and from Regional events
- Any additional tournaments including all fees associated with
  - Personal expenses
  - Coach expenses
  - Tournament fees
- National Events (if qualify)





# Rush Select Academy Program Details

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## Frequently Asked Questions (FAQ)

### ***HOW MUCH IS THE UNIFORM PACKAGE & WHAT DOES IT INCLUDE? \* new players only***

The uniform package cost is between \$385 - \$450 (Youth-Adult).

The required uniform package includes:

- Home and Away Kits (Jersey, shorts and socks)
- Training Uniforms (Jersey, shorts and socks)
- Warm up jacket and pants
- Backpack

*\* Long-sleeve jerseys are available*



# Contact Us

FOR ADDITIONAL **QUESTIONS**



Virginia Rush Soccer Club  
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Virginia Beach, VA 23456

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**Instagram:** virginiarushsoccer  
**Email:** support@varush.com



Please find more info on  
**[www.varush.com](http://www.varush.com)**