



MIFC & EFC WEST



MIFC

PROGRAMS

MIFC will continue to operate all community-based programs, preserving our 61-year history of putting players first.

Retaining our commitment to Micro Soccer, Recreational, Juniors, and Select program options, we will provide options, opportunities, and a terrific soccer experience for players of all levels.

MICRO SOCCER - INTRODUCTION

2v2-based, fun soccer, introducing players to the game and building their love of the sport. Volunteer-driven, open enrollment

RECREATIONAL SOCCER - FOUNDATION

All age play, low commitment, prioritizing enjoyment through soccer, players who like the game and want to play with their friends. Volunteer-driven, open enrollment.

JUNIORS - COMPETITIVE FOUNDATION

Introduction to working with paid coaches. Competitive emphasis for U8 and U9 ages, development methodology and competitive league play. Paid coaches with volunteers, open enrollment.

SELECT - COMPETITIVE PROGRESSION

Full team experience, working with paid coaches/trainers. League season, summer tournament play. Paid coaches with dedicated volunteer roles, tryout process for selection. Open pathway to Rec or higher competitive options



EASTSIDE FC WEST

TRYOUTS & TEAM SELECTION

- Collective tryouts in Preston
- Player assessed across an age group
- Players can select location preference
- EFC tryout registration = free MIFC select tryouts
- Team communications will be handled within 24-48 hours of tryout process
- Player can choose preference based on options provided

RCL LEAGUE PLAY

- Strong, stable league filled with region's established clubs
- Consistent games, strong league operating standards
- Teams are placed on their own merit, not defined by location
- Locally-based, minimal travel compared to equivalent regional league offerings
 - Other leagues have significant cross-state or out-of-state travel required for games of equal or lesser value

PLAYER PATHWAY

- All players are in the ECNL-R/ECNL pathway, regardless of team or location
- Tryouts are an organic and honest process, merit-based offerings are provided along with guidance and support
- Player choice is the driving factor whenever multiple options are provided

LEAGUE COMPARISON SAMPLE



G12 (U14) Div 1

- Washington Premier (Federal Way)
- Snohomish United (Snohomish)
- Crossfire (Redmond)
- Seattle United (Seattle)
- Harbor Premier (Gig Harbor)
- Pac NW (Tukwila)
- Sound FC (Woodinville)
- Eastside FC (Bellevue/Issaquah)



GIRLS ACADEMY
ASPIRE

GU14 Pacific Northwest

- Sting Soccer Aspire (Coeur d'Alene, ID)
- Washington East Surf Soccer Club Aspire (Spokane)
- Soccer Chance Academy Aspire (Portland, OR)
- Western Washington Surf Aspire (Bellevue)
- Bend FC Aspire (Bend, OR)
- Mt. Rainier Futbol Club Aspire (Buckley, WA)
- Columbia Premier Soccer Club Aspire (Pasco, WA)
- Valor Soccer Aspire (Maple Valley, WA)
- Spokane Shadow Aspire (Spokane)
- Portland City United SC Aspire (Portland, OR)
- Seattle Reign Academy Aspire (Seattle)
- Eugene Metro FC Aspire (Eugene, OR)



GIRLS' TEAMS

OPTIONS



We recognize that the girls' teams in our clubs and community have distinctive needs and pathways. MIFC and EFC are excited to provide terrific pathways and options at all levels for the female players we are fortunate to have be a part of our clubs.

- **Recreational**

- Designed for the player who likes the game
- Playing with friends, 3 month commitment
- Parent volunteer coach

- **MIFC Select**

- Designed for competitive players who like and love the game
- Excellent development competitive pathway, promoting growth and learning through competition
- 6-9 month commitment, working with paid coaches
- NPSL as league play for locally-based games at strong competitive level, with Founders Cup access for state tournament

- **Eastside FC West**

- For players ready for the premier commitment and seeking competitive level above select
- Working with high-caliber professional coaches
- Direct pathway to ECNL premier opportunities
- RCL league access for high standard competition against established, recognized, reputable clubs in the region
- Regional-based league for local games and minimal travel

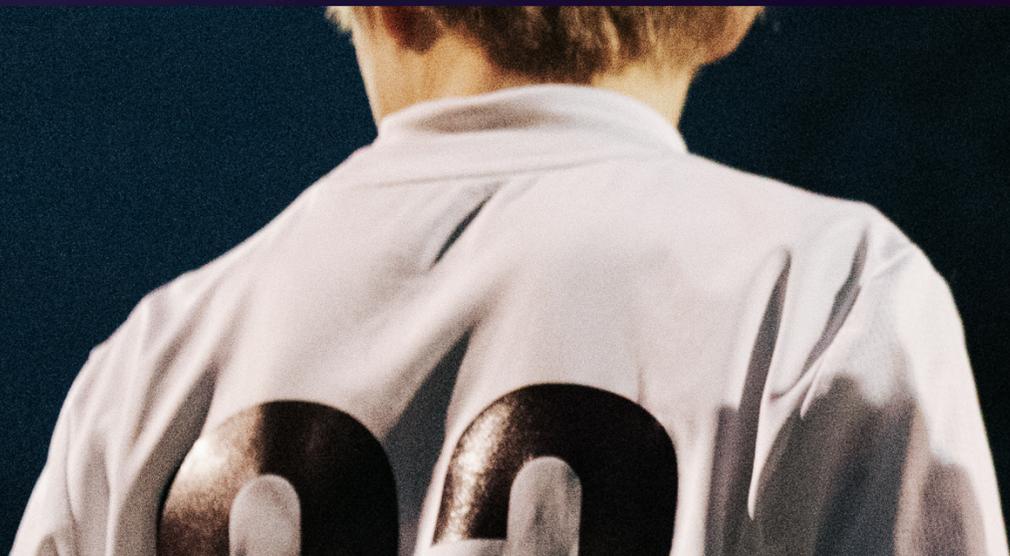
- **Eastside FC ECNL/ECNL-R**

- Pinnacle of premier pathway
- National competition, highest point of competition for girls' pathway
- Full year commitment, working with highest standard coaches



BOYS' TEAMS

OPTIONS



The boys pathway is robust, and presents a variety of options and opportunities. MIFC and EFC are united in providing a clear, understandable, and complete range of offerings for boys teams and players, to serve all needs and provide every opportunity possible

- **Recreational**

- Designed for the player who likes the game
- Playing with friends, 3 month commitment
- Parent volunteer coach

- **MIFC Select**

- Designed for competitive players who like and love the game
- Excellent development competitive pathway, promoting growth and learning through competition
- 6-9 month commitment, working with paid coaches
- NPSL as league play for locally-based games at strong competitive level, with Founders Cup access for state tournament

- **Eastside FC West**

- For players ready for the premier commitment and seeking competitive level above select
- Working with high-caliber professional coaches
- Direct pathway to ECNL premier opportunities
- RCL league access for high standard competition against established, recognized, reputable clubs in the region
- Regional-based league for local games and minimal travel

- **Eastside FC ECNL/ECNL-R**

- Pinnacle of premier pathway
- National competition, highest point of competition for boys' pathway
- Full year commitment, working with highest standard coaches

26/27 SEASONAL YEAR AGE CHART

BIRTH YEAR	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2007								U19	U19	U19	U19	U19
2008	U19	U18	U18	U18	U18	U18						
2009	U18	U17	U17	U17	U17	U17						
2010	U17	U16	U16	U16	U16	U16						
2011	U16	U15	U15	U15	U15	U15						
2012	U15	U14	U14	U14	U14	U14						
2013	U14	U13	U13	U13	U13	U13						
2014	U13	U12	U12	U12	U12	U12						
2015	U12	U11	U11	U11	U11	U11						
2016	U11	U10	U10	U10	U10	U10						
2017	U10	U9	U9	U9	U9	U9						
2018	U9	U8	U8	U8	U8	U8						
2019	U8	U7	U7	U7	U7	U7						
2020	U7	U6	U6	U6	U6	U6						
2021	U6	U5	U5	U5	U5	U5						
2022	U5	U4	U4	U4	U4	U4						
2023	U4											

AGE GROUP CHANGE

TEAM

RESTRUCTURING

- Teams will be built for the 2026/27 season onward using the school year system
- Removal of “trapped” teams for mixed 8th/9th grade player pools
- All teams have strong likelihood to face notable changes
- Conversations about player movements will happen on a team/player level with coaches & club leadership

FAQ'S

WILL LOCATION DETERMINE PATHWAY OR TEAM LEVEL?

No, players are all part of an equal pathway, regardless of team or location

Teams are placed in the appropriate division based on their assessed competitive level, not their geographic location

EFC West teams are not inherently "lower tier," but are assessed on their own quality individually

WHAT ARE THE PROGRAM COSTS?

EFC programs all operate on a uniform cost structure.

2018-2019: \$2,100

2017-2008: \$3,400

MIFC programs vary by commitment, with the Select program being the highest cost participation at \$2,100 for June-January

Tournaments, uniforms, travel fees are excluded from reg. fees

HOW WILL WE FORM COMPETITIVE EFC WEST TEAMS?

The combination of the strong existing MI & Bellevue-based players who have comprised XL, with the extensive reach of Eastside FC will provide a more than adequate player pool to create strong, stable teams

Teams will only be formed when they have the appropriate roster depth and capacity to compete effectively

WILL THERE BE CROSS-TRAINING OPPORTUNITIES?

Yes, teams will have the chance to train in Preston throughout the season, and Preston-based teams will be invited to train at MI & Bellevue locations, to provide a unified club experience

Players will be offered guest training and playing opportunities throughout the season based on coach & leadership assessments

THANK YOU!

M I F C & E F C



www.mifc.org



www.eastsidefc.org

