

## LIFE Group Sermon Discussion Guide

The Blessing of Humility

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Matthew 15:21-39

February 15, 2026



**THE ORCHARD**

### Sermon Outline

- I. Seek Mercy
- II. Glorify God
- III. Anticipate the Feast

### Suggested Memory Verse:

Matthew 15:28 (cf. 1 Peter 5:6-7)

“Then Jesus answered her, ‘O woman, great is your faith! Let it be done for you as you desire.’ And her daughter was healed instantly.”

### Review of Last Week:

Have the group share how they applied last week's sermon.

- “You said you would \_\_\_\_\_. How did that go?”
- “What did God do in your life this week through your obedience?”

### RECAP Questions – Read, Engage, Connect, Apply, & Pray

#### 1. Read the Word

Main Question: What is the passage from this week's sermon?

#### 2. Engage the Word

- Main Question: What was something in this passage that stood out to you?
- Additional Follow-up Questions:
  - How did the Holy Spirit speak to you through the passage?
  - What other Bible verses came to your mind that speak into this passage?
  - What does this passage reveal about God? About mankind?
  - In your own words, how would you summarize the passage?
  - Is there anything you didn't understand?
- Main Question: How does this passage point to or reflect Jesus Christ?
- Additional Follow-up Questions:
  - Does Jesus fulfill something in this passage?
  - Is there a problem in this passage that Jesus has overcome?
  - How does Jesus bring future hope to this passage?

#### 3. Connect the Word:

- Main Question: How does this passage connect to our lives right now?

- Additional Follow-up Questions:
  - Is there something in this passage that is similar or different from what we are experiencing?
  - How does this passage connect to your personal life circumstances?
  - How does this passage connect to our life as the church?
  - How does this passage connect to our lost world?

#### **4. Apply the Word:**

- Main Question: Is there a promise for you to believe, a command to obey, a warning to heed, an example to follow, or a sin to confess?
- Additional Follow-up Questions:
  - In one or two sentences, what is the next practical step(s) you will take going forward this week?
  - What truth about God and His gospel will motivate your application this week?
  - How can we as a LIFE Group help you, root for you, or hold you accountable?

#### **5. Pray the Word:**

- Main Question: Ask God for the power to comprehend and obey all that He has revealed in His preached Word this week.
- Additional Follow-up Questions:
  - What did we learn in this passage that makes us want to praise and thank God?
  - What sin in this passage do we need to confess to God?
  - What help or hope in this passage do we need to ask of God?

#### **Resolve**

After you close in prayer, take some time to solidify your group's plan for application of the Word and prayer for each other throughout the week ahead.