



THE ORCHARD

Series: Exploring Christianity: The Foundations of Our Faith

Title: How can I be filled with the Holy Spirit

Passage: Ephesians 5:15-21

Pastor Tom Yoon

March 8, 2026

Outline:

1. You'll begin to make wiser decisions in life.
2. You'll become a voice of encouragement for others.
3. You'll learn to give thanks to God in all circumstances.
4. You'll be able to cultivate healthy relationships.

Questions:

1. What stood out to you most from this week's sermon, and why?

2. Where in your life do you most feel the struggle to live the Christian life by your own strength instead of relying on the Holy Spirit? What might it look like to depend on the Spirit more in that area?

3. In the sermon we saw four marks of a Spirit-filled life: making wise decisions, encouraging others, giving thanks in all circumstances, and cultivating healthy relationships. Which one resonates most with you right now, and why?

4. What does it mean to be content? Are there areas in your life where you don't feel content? What would it look like for you to be content?

5. Ephesians 5:21 calls believers to "submit to one another out of reverence for Christ." What might humility and submission look like in practical situations like marriage, parenting, friendships, or work?

6. According to the sermon, how can we be filled with the Holy Spirit? What practical steps can we take to allow the Spirit to lead our lives?

7. Do you have any other comments or questions regarding this passage?