



## THE ORCHARD

### **Series: Exploring Christianity: The Foundations of Our Faith**

Title: How can I be sure I'm a true Christian?

Passage: 1 John 5:11-21

Pastor Tom Yoon

March 1, 2026

#### **Outline:**

1. Remember your confession of faith.
2. Look at the fruit of your new life in Christ.
3. Look at how Jesus Christ is growing your love.

#### **Questions:**

1. What stood out to you most from this week's sermon, and why?
2. John says we can know we belong to God because we confess that Jesus is the Son of God. When you struggle with doubt, what thoughts or fears usually surface? How does remembering your confession of faith help steady your heart?
3. The sermon emphasized that it's not the strength of your faith, but the object of your faith that saves you. How does that truth challenge the way you normally evaluate your spiritual condition?
4. 1 John 3 says that when our heart condemns us, God is greater than our heart. What are some ways your heart condemns you? What would it look like practically to respond with God's promises instead of your feelings?
5. Instead of focusing on your failures, where do you see even small signs of spiritual fruit in your life (growth in conviction, repentance, humility, love, obedience)? How does recognizing small fruit strengthen assurance?
6. The Christian life includes seasons of running, walking, crawling, and feeling stuck. What season are you in right now? How does abiding in Christ (John 15) give hope in slower or drier seasons?
7. John says we know we've passed from death to life because we love the brothers. In what ways has God grown your love for others over time? Is there anyone right now whom you find difficult to love—and how might remembering Christ's love for you help?
8. Do you have any other comments or questions regarding this passage?