

Title: Bless the Lord Passage: Psalm 103 Pastor Eric Feder December 28, 2025

Outline

- 1. Preach to Your Soul
- 2. Remember the Gifts of Grace
- 3. Remember the Mercy of God
- 4. Remember the Extent of God's forgiveness
- 5. Remember the Compassion of the Father
- 6. Remember Human Frailty
- 7. Remember the Kingdom of God
- 8. Preach to Your Soul

Application

- 1. Actively preach truth to your soul when spiritual forgetfulness sets in
- 2. Guard against ingratitude by intentionally remembering what God has done
- 3. Rest in God's mercy rather than trusting your own merit or effort
- 4. Believe that your sins are truly removed through Christ, not merely minimized
- 5. Live for God who will never forget you
- 6. Walk obediently the road God paved for us and see the beautiful things that he will do

Questions

- 1. What stood out to you most from this sermon on Psalm 103, and why?
- 2. David begins by speaking to his own soul rather than addressing others. Why do you think preaching to ourselves is often harder than teaching or correcting others?
- 3. Psalm 103 emphasizes "forgetting" as a major spiritual danger. In what seasons of life are you personally most prone to spiritual forgetfulness?
- 4. Forgiveness is received by faith, not earned by repentance or good works. How does this truth challenge subtle forms of works-based thinking in your own heart?
- 5. In verses 11–12, David describes the removal of sin "as far as the east is from the west." Why do you think believers often struggle to believe this promise?
- 6. Psalm 103 reminds us of human frailty and the certainty of being forgotten by the world (vv. 15–16). How does this truth confront modern ideas of legacy, success, and self-importance?
- 7. David concludes by focusing on God's sovereign kingdom (vv. 19–21). How does trusting God's rule over all things shape the way you face fear, uncertainty, or suffering?
- 8. What practical habits could help you regularly "preach to your soul" the truths of God's grace, mercy, forgiveness, compassion, and sovereignty?