

Series: Our Refuge and Strength

Title: Pray for Trust
Passage: Psalm 31:1-24
Pastor Tom Yoon
October 26, 2025

## **Outline:**

- 1. God always makes the right decision.
- 2. God always knows what you're feeling.
- 3. God always has perfect timing.
- 4. God always is working for your good.

## **Questions:**

- 1. What stood out to you most from this week's sermon, and why?
- 2. What does it mean that God's righteousness not our effort is the basis for our deliverance? How does this truth bring you peace when life feels unfair?
- 3. Why is God's reputation tied to our protection and deliverance? How does that strengthen your confidence in prayer?
- 4. How do you usually respond when you feel misunderstood or abandoned? What can you learn from David's example of turning to God instead of bitterness?
- 5. What are some waiting seasons in your life right now? What helps you wait faithfully instead of anxiously?
- 6. What is something or someone you may be holding too tightly to? What would it look like to release that to God this week?
- 7. Why do you think it's sometimes hard to see God's goodness while you're still waiting? What helps you remember that goodness is being stored up for you even now?
- 8. Do you have any other comments or questions regarding this passage?