



THE ORCHARD

Series: Healthy Rhythms for a Fruitful Life

Title: The Rhythm of Godliness

Passage: 1 Timothy 4:7-16

Pastor Greg Lawrence

January 4, 2026

Outline:

1. The Definition of Godliness (v7-10)
 - A. Godliness is Taking God seriously (v7)
 - B. Godliness is Valuable (v8)
 - C. Godliness is a response to God's Grace (v10)
2. The Example of Godliness (vs12-13)
3. The Practice of Godliness (vs15-16)
 - A. Practice
 - B. Immerse
 - C. Progress
 - D. Watch
 - E. Persist

Questions:

Questions:

Read the Word

- Please read the passage from this past Sunday.

Engage the Word

1. What was something in this passage/ sermon that stood out to you (whether a challenge or encouragement)?
2. What does this passage reveal about Jesus Christ?

Connect the Word

3. How does this passage connect to your life right now?

Apply the Word:

4. Is there a promise for you to believe, a command to obey, a warning to heed, an example to follow, or a sin to confess?
5. In one or two sentences, what is the next practical step(s) you will take going forward this week?

Pray the Word:

- Please take time to pray with your group. Ask God for the power to obey His preached Word this week.