



## THE ORCHARD

### **Series: Healthy Rhythms for a Fruitful Life**

Title: The Rhythm of Gathering Together Part 2

Passage: Hebrews 10:19-25

Pastor Tom Yoon

January 18, 2026

#### **Outline:**

How can we care for one another?

1. By considering one another.
2. By stirring up one another.
3. By encouraging one another.

#### **Questions:**

1. What stood out to you most from this week's sermon, and why?
2. What does it practically mean to "consider one another" rather than merely thinking about ourselves during the week? How does this challenge our normal routines?
3. How does the biblical idea of "stirring up" differ from judging, guilt-tripping, or pressuring people? What makes Christ-centered stirring healthy and loving?
4. How does encouragement differ from stirring up, and why do we need both in the life of the church?
5. Please take a moment to encourage others in the group. Place everyone's name in a bucket. As you pull each person's name, have one other person say a word of encouragement. One by one, pull out a name, and have one other person say a word of encouragement until there are no more names in the bucket.
6. Do you have any other comments or questions regarding this passage?