

Biblical Meditation

Pastor Brad Wetherell

January 18, 2026

Psalm 119: 9-16



THE ORCHARD

Sermon Questions

1. What is the difference between someone who *knows* a lot of Bible facts and someone who has *meditated* on them until they change how they live?

2. Why is it that just reading a verse once in the morning usually isn't enough to stop us from "sinning against God" later that day?

3. How does your attitude change when you stop viewing the Bible as a textbook you are mastering, and start viewing it as a conversation where God is teaching you?

4. If you were to meditate on the fact that "God loves you," how would that look different than just knowing it as a fact?

5. If your bank account grew by \$10,000 today, you'd probably think about it all day. Why is it harder for us to find that same "wealth" in God's promises?

6. How can meditation help make God's grace look more "delightful" than the things that tempt us?

7. What is the biggest noise or distraction in your life that prevents you from having a quiet mind to actually consider what God is saying?

8. What is one specific promise of God that you need to fix your eyes on right now to get through a current struggle?