

LIFE Group Sermon Questions

Identity In Christ

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June, 7, 2026



THE ORCHARD

Ephesians 1:1-6

1. Paul, an apostle of Christ Jesus by the will of God, to the saints who are in Ephesus, and are faithful in Christ Jesus: ² Grace to you and peace from God our Father and the Lord Jesus Christ. ³ Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, ⁴ even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love ⁵ he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, ⁶ to the praise of his glorious grace, with which he has blessed us in the Beloved.

Sermon Outline

- I. In Christ, you are blessed
- II. In Christ, you are chosen
- III. In Christ, you are adopted
- IV. In Christ, you are transformed

Discussion Questions

1. What did you learn today from the Scripture passage that you didn't know before? What is something that hit you in a fresh way?
2. When you think about your identity, what typically defines you (roles, achievements, failures)? How does this passage challenge or reshape that?
3. As you've read verses 3-5, it says that IN Christ we are:
 - Blessed v.3
 - Chosen v.4
 - Adopted v.5Which of these three truths above did you need to be reminded of this week and why?
4. Ephesians 1:3 says we have been blessed with *every spiritual blessing in Christ*. What are some of those blessings you recognize in your life?
5. What is one blessing in Christ that you tend to forget, and how might remembering it change your daily outlook?
6. How does knowing that God chose you before the foundation of the world affect your sense of worth and purpose?
7. In verse 5, it says that "in love He predestined us for adoption to himself." How does knowing that in Christ you are a beloved child of God change the way you approach God in prayer, trust, or struggle?