LIFE Group Guide

Distress

Pastor Justin Searles

November 9, 2025

Genesis 32:1-8



Read: Genesis 32:1-8

Outline:

"The angel of the LORD encamps around those who fear Him, and delivers them." Psalms 34:7

Jacob feels safe by God's camp (1-2)
Jacob initiates contact with Esau (3-4)
Jacob declares his sufficiency to Esau (5)
Jacob is distressed by Esau's reply (7)

Jacob's response to distress

- He separates his camp (7-8)
- He requests the Lord's protection (9-12)
- He stays near the Lord's camp (13)
- Jacob depends on his resources (14-15)
- Jacob manipulates the message (16-20)
- Jacob stays another night in the camp (21)
- Jacob sends his family from camp (22-23)
- Jacob struggles with the Lord (24)

The Lord's response to Jacob distress

- Interrupts his plan (24b)
- Disables his plan (25)
- Renames and blesses (26-28)

Discussion Questions

- 1. What encouraged, nourished, or challenged you from this sermon? The scripture passage?
- 2. What comfort does Jacob get from seeing the Lord's angels at the place where he camps? How does that point us to God's protection of us?
- 3. How do we see Jacob's faith and lack of faith when he prepares to meet Esau?
- 4. Why do you think Jacob and the Angel of the Lord wrestle? How does that relate to Jacob's life?
- 5. What does Jacob's wrestling with the Lord teach us about our faith and God's grace?