

LIFE Group Sermon Questions

Psalms for You: When You Feel Unseen

Pastor Josh Parsons

July 27, 2025

Psalm 139



THE ORCHARD

Psalm 139

“O Lord, you have searched me and known me! 2 You know when I sit down and when I rise up; you discern my thoughts from afar. 3 You search out my path and my lying down and are acquainted with all my ways. 4 Even before a word is on my tongue, behold, O Lord, you know it altogether. 5 You hem me in, behind and before, and lay your hand upon me. 6 Such knowledge is too wonderful for me; it is high; I cannot attain it. 7 Where shall I go from your Spirit? Or where shall I flee from your presence? 8 If I ascend to heaven, you are there! If I make my bed in Sheol, you are there! 9 If I take the wings of the morning and dwell in the uttermost parts of the sea, 10 even there your hand shall lead me, and your right hand shall hold me. 11 If I say, ‘Surely the darkness shall cover me, and the light about me be night,’ 12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. 13 For you formed my inward parts; you knitted me together in my mother’s womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. 15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. 16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as they there was none of them. 17 How precious to me are your thoughts, O God! How vast is the sum of them! 18 If I would count them, they are more than the sand. I awake, and I am still with you. 19 Oh that you would slay the wicked, O God! O men of blood, depart from me! 20 They speak against you with malicious intent; your enemies take your name in vain. 21 Do I not hate those who hate you, O Lord? And do I not loathe those who rise up against you? 22 I hate them with a complete hatred; I count them my enemies. 23 Search me, O God, and know my heart! Try me and know my thoughts! 24 See if there be any grievous way in me, and lead me in the way everlasting!”

Sermon Outline

- I. God knows you (Psalm 139:1-4)
- II. God is with you (Psalm 139:5-12)
- III. God made you (Psalm 139:13-18)
- IV. God will judge you (Psalm 139:19-24)

Discussion Questions

1. What did you learn today from the Scripture passage(s) that you didn’t know before? What is something that hit you in a fresh way?

2. What would you say is your favorite Psalm (if you have one)? Why?

3. How has knowing that God knows *you* (and all you’re going through!) been a help to you? Think through what you know of King David’s life. In what situation of *his* life do you think this truth was especially precious?

4. How have you seen God care and provide for you in ways unique to you?

5. How would you counsel another Christian who doesn't *feel* that God is with them?

6. What are some ways we can "deaden" our sense of God's presence?

7. In what ways does the truth of God's omnipresence comfort you today?

8. How does the truth of Psalm 139:13-16 inform the way you view...

- ...the unborn?
- ...the elderly?
- ...the mentally disabled?
- ...the poor and needy?
- ...the addict?
- ...your enemies?
- ...your spouse?
- ...your children?
- ...those in your church?

9. How can we affirm and believe that God made us while still fighting against sinful tendencies inside us? When is saying, "This is just the way I am!" unhelpful? When is it Biblical?

10. How is it possible to hate the "with a complete hatred" the wicked and at the same time have the heart of Christ for them? How should we read what David says in Psalm 139:19-22 in the context of what else Scripture says?

11. How does Jesus share David's feelings in Psalm 139:19-22? How would you explain to someone else the way Jesus *fulfilled* the longing David had?

12. Take some time praying Psalm 139:23-24 for your group.