

# AUTUMN WEEK 1



**AVAILABLE DAILY WE HAVE:**

**JACKET POTATO WITH A SELECTION OF FILLINGS (INCLUDING ITEMS  
FORM THE DAILY MENU SUCH AS BOLOGNAISE)**

**TUNA (F), VEGAN CHEESE (CCN) (V) (VG), HUMMUS (SS)(VG),  
CHEESE (MK), BAKED BEANS (VG), HOMEMADE COLESLAW (E) (V)**

**A COLD SALAD BAR**

**SWEETCORN, TOMATO, CUCUMBER, CARROT (VG), LETTUCE, MIXED PEPPERS  
WATER AND MILK / A FRUIT BOWL (ALTERNATIVE PUDDINGS ARE AVAILABLE  
OCCASSIONALLY)**



## WACKY WEDGE MONDAY

**OVEN BAKED PORK  
SAUSAGE (S)**

**OR OVEN BAKED MEAT FREE  
SAUSAGE (G) (VG)**

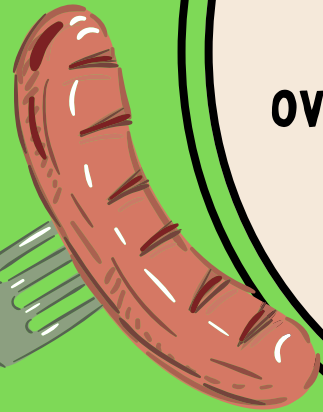
**WITH**

**OVEN BAKED POTATO WEDGES (VG),**

**AND A CHOICE OF**

**PEAS (VG), BROCCOLI (VG)**

**OR BAKED BEANS (VG)**



## FINTASTIC THURSDAY

**OVEN BAKED  
FISH FINGERS (G) (F)**

**OR**

**OVEN BAKED VEGE FINGERS (G) (VG)**

**WITH CHIPS (VG),**

**PEAS AND SWEETCORN (VG)**

**AND**

**KETCHUP (VG) OR**

**TARTARE SAUCE**

**(V) (E) (MU)**



## REACH FOR A ROAST WEDNESDAY

**OVEN ROAST TURKEY**

**OR**

**OVEN ROAST QUORN (V)  
(MK) (E)**

**WITH OVEN ROASTED POTATOES (VG) (G),**

**BROCCOLI (VG),**

**CARROTS (VG), YORKSHIRE**

**PUDDING (MK) (V) (G) (E)**

**AND GRAVY (VG)**



**WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH ALLERGIES  
THIS MENU IS SUBJECT TO CHANGE**

**FOR MORE INFORMATION ON ALLERGENS PLEASE VISIT OUR WEBSITE**

## TWIRLY PASTA TUESDAY

**HOMEMADE BEEF  
BOLOGNAISE (CY)**

**OR**

**HOMEMADE MEAT FREE BOLOGNAISE  
(BOTH WITH HIDDEN VEG)**

**(G) (SOYB)(VG)(CY)**

**WITH**

**TRICOLOUR PASTA TWIRLS (G)(VG)**

**GARLIC BREAD (G) (VG)**

**CARROTS (VG)**

**AND PEAS (VG)**



## FIREY FRIDAY FEAST

**OVEN BAKED BREADED  
CHICKEN GOUJON (G) OR  
BREADED MEAT FREE GOUJON (G)**

**WITH**

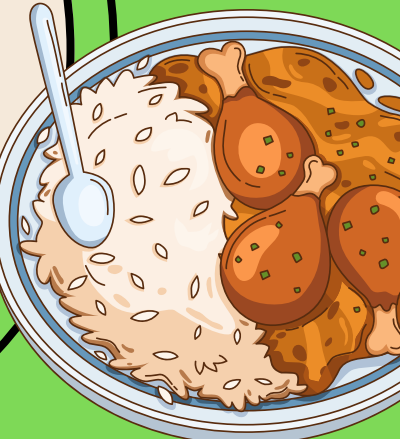
**HOMEMADE KATSU CURRY SAUCE  
(CCN) (SOYB)(CY)(VG)**

**AND STEAMED RICE AND**

**MIXED VEGETABLE MEDLEY:**

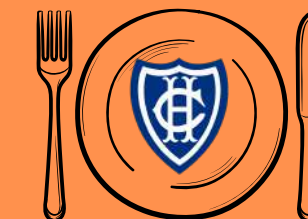
**GREEN BEANS/SWEETCORN/**

**CARROT/PEAS (VG)**





# AUTUMN WEEK 2



AVAILABLE DAILY WE HAVE:

JACKET POTATO WITH A SELECTION OF FILLINGS (INCLUDING ITEMS FROM THE DAILY MENU SUCH AS BOLOGNAISE)

TUNA (F), VEGAN CHEESE (CCN) (V) (VG), HUMMUS (SS)(VG), CHEESE (MK), BAKED BEANS (VG), HOMEMADE COLESLAW (E) (V)

A COLD SALAD BAR

SWEETCORN, TOMATO, CUCUMBER, CARROT (VG), LETTUCE, MIXED PEPPERS

WATER AND MILK / A FRUIT BOWL (ALTERNATIVE PUDDINGS ARE AVAILABLE OCCASSIONALLY)

## WACKY WEDGE MONDAY

HOMEMADE CHEESE AND TOMATO PIZZA / VEGE PIZZA

(MK) (G) 9V) (ON A

WHOLEMAEL BASE AND

HIDDEN VEG)

WITH

OVEN BAKED POTATO WEDGES (VG),

AND MIXED VEGETABLE MEDLEY:

GREEN BEANS/SWEETCORN/

CARROTS/PEAS (VG)



## FINTASTIC THURSDAY

OVEN BAKED

FISH FINGERS (G) (F)

OR

OVEN BAKED VEGE FINGERS (G) (VG)

WITH CHIPS (VG),

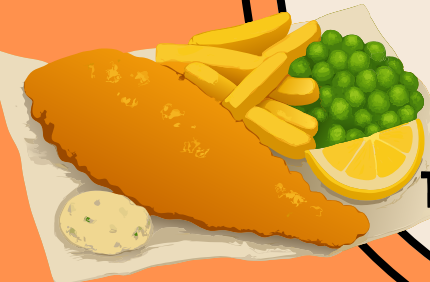
PEAS AND SWEETCORN (VG)

AND

KETCHUP (VG) OR

TARTARE SAUCE (V) (MU)

(E)



## REACH FOR A ROAST WEDNESDAY

PORK SAUSAGE TOAD IN THE

HOLE (G) (MK) (E) (S)

OR

MEAT FREE SAUSAGE TOAD IN

THE HOLE (G) (MK) (E) (S) (V)

WITH OVEN ROASTED POTATOES (VG) (G),

BROCCOLI (VG),

CARROTS (VG)

AND GRAVY (VG)



## FIREY FRIDAY FEAST

HOMEMADE BEEF CHILI

(WITH HIDDEN VEG)

OR VEGGIE CHILI (SOYB) (VE)

WITH

STEAMED RICE AND GRATED

CHEESE (MK) (V)

AND

CARROTS AND BROCCOLI

(VG)



WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH ALLERGIES  
THIS MENU IS SUBJECT TO CHANGE

FOR MORE INFORMATION ON ALLERGENS PLEASE VISIT OUR WEBSITE

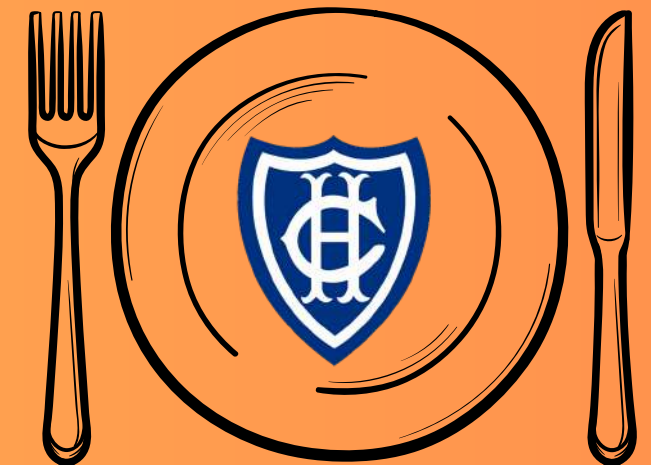


# SUMMER MENU - ALLERGENS



G	CEREALS CONTAIN GLUTEN (WHEAT, BARLEY, RYE, OATS, KAMUT, SPELT)
MK	MILK
E	EGG
SS	SESAME SEEDS
CY	CELERY
V	VEGETARIAN
VG	VEGAN
F	FISH

N	TREE NUTS
P	PEANUT
L	LUPIN
MU	MUSTARD
SOYB	SOYBEAN
MOL	MOLLUSCS
CR	CRUSTACEANS
S	SULPHITES
CCN	COCONUT



**WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH FOOD ALLERGIES**

**OUR HEAD COOK JOSEPHINE, IS HAPPY TO DISCUSS YOUR CHILD'S INDIVIDUAL DIETARY REQUIREMENTS AND ALLERGIES WITH YOU**

**WHERE POSSIBLE, ALL OUR MEALS ARE FRESHLY PREPARED, USING QUALITY, LOCALLY SOURCED INGREDIENTS**

