

The Travellers Joy
TJ EMSWORTH

Brunch & Lunch 9am-3pm

Friday & Saturday

YOGHURT POTS £8

GREEK YOGHURT, FRESH BERRIES, HOMEBAKED GRANOLA WITH HONEY, SEEDS, GRAINS, OATS, DATES, SULTANAS & Currants

PANCAKES £5

MAPLE SYRUP OR CHOCOLATE SAUCE, BERRIES

EGGS ROYALE (GFO) £9.5

2 Poached Eggs, Smoked Salmon, Hollandaise, Toasted Sourdough

EGGS BENEDICT (GFO) £8.5

2 Poached Eggs, Honey-Glazed Ham, Hollandaise, Toasted Sourdough

SMASHED AVOCADO (GFO) £8.5

2 Poached Eggs, Toasted Sourdough

Add Bacon £2

BACON OR SAUSAGE BAP (GFO) £4.5

STEAK & EGGS £24

6oz DRY AGED SIRLOIN & 2 FREE RANGE FRIED EGGS, HASH BROWNS, BABY SPINACH & TOMATO SALAD, POMEGRANATE DRESSING

FULL ENGLISH £13.95

2 X EGGS, SMOKED BACK BACON, HASH BROWNS, BUTCHERS SAUSAGES, WITH TOMATOES, MUSHROOMS, BLACK PUDDING, BAKED BEANS

SMALL ENGLISH (GFO) (VEO) (VO) £9.5

1 X EGG, SMOKED BACK BACON, HASH BROWN, BUTCHERS SAUSAGE, TOMATOE, MUSHROOM, BLACK PUDDING, BAKED BEANS

TOAST X 2 SLICES £1.25

BAR SNACKS & BAGUETTES

CHEESE BOARD £13.50

ROAST BEEF & HORSERADISH BAGUETTE £10

PORK LOIN & APPLE SAUCE £9

BEER BATTERED FISH & TARTARE SAUCE £9

AVOCADO & TOMATO SALAD LEAVES (VE) £7

ADD PRAWN & MARIE ROSE MAYO £3

SAUSAGE & CARAMELISED ONION £9

CHEESY CHIPS £6

CHUNKY CHIPS/FRIES £5

STARTERS/SMALL PLATES

MARINATED OLIVES (V) £4

PRAWN COCKTAIL (V) £9.50
Bloody Marie Rose Sauce, Brown Bread

MOULES MARINEIRE £10
Crusty Bread

MINI SMOKED HADDOCK FISHCAKES
Crusty Bread

WILD MUSHROOM ARANCINI BALLS (VE) £7.50
Truffle Sauce

BAKED GARLIC & ROSEMAY CAMEMBERT £10
ONION RELISH & WARM BREADS

SOUTHBOURNE SUPER SALAD (VE)(V) M£8/£14.00
Seasonal Salad Leaves, Seeds, Roasted Seasonal Veg & Fruit
Add Baked Goats Cheese OR Crispy Bacon £8/£4

CHICKEN CAESER £16

Boiled Egg, Salad Leaves, Olives, Croutons, Cucumber, Tomato, Caeser Dressing
SOUP OF THE DAY £6.50

Freshly Made Vitamin Rich Vegetable Soup & Sourdough bread (V)

MAINS

BAKED POTATO OR SWEET BAKED POTATO £8.50
Choice of fillings (supplements may apply)

HOMEMADE PIE OF THE DAY £16.50
Creamy Mash, Seasonal Vegetables & Gravy

BEER BATTERED FISH & CHIPS (GFO) £13.50/£16.50
Burnt Lemon, Minted Crushed Peas & Tartare Sauce

LOADED BURGERS (GFO) £18
BEEF or VEGAN BURGER (VE)
Cheese, Burger Sauce, Gherkins, Beef Tomato, Crispy Lettuce, Caramelised Onions

BUTCHERS FAGGOTS £14
Colcannon Mashed Potatoes, Onion Gravy

CHICKEN, BUTTER BEAN & CHORIZO STEW £16
Slow cooked chicken in a Rioja, Tomato & Roasted Pepper Sauce

CHICKEN TAGLIELLI CARBONARA £16

FISH OF THE DAY M/P

SIDES

FRENCH FRIES/CHUNKY CHIPS £5
SEASONAL VEGETABLES £5
DAUPHIOISE POTATOES £5
GARLIC BAGUETTE £5

SOUTHBOURNE SUPER SIDE SALAD £5
CREAMY MASH £5
BUTTER BEAN MASH WITH GARLIC & THYME £5