HOW TO PREPARE?

Jesus, throughout His life and particularly during His discourse on the Mount of Olives, provided clear guidance on preparing for the end times.

He foretold of unprecedented troubles and emphasized the need to watch, pray, be alert, filled with His spirit, and stand on His Word, using parables to illustrate these principles.

READ, STUDY
AND PRAY ON
THE WORD OF
GOD EACH DAY

GREAT EXAMPLE OF BIBLICAL FASTING

Throughout the Bible we see many examples of God's people fasting: for wisdom (Daniel 1, Acts 14:23), for deliverance (Esther 4:16, 2 Chron. 20:3), when beginning in ministry (Matt. 4), when seeking spiritual revival (Neh. 9:1, Joel 1:14, Jonah 3:5), when seeking victory over demonic oppression (Matt. 17:21), and many more. Ellen White also has written a number of reasons why and when we should consider fasting.

Consider the following:

- We should fast when searching out the truths of Scripture so our understanding is clear!
 - We should fast when seeking heavenly wisdom that God has promised!
- We should fast when seeking God's direction in making important plans.
- We should fast when dedicating our talents to God's service.
 - We should fast when requesting God's help in crisis.
 - And many more...

WHAT SHOULD I BE FASTING ABOUT?



"Seek the Kingdom of God above all else, and live righteously, and He will give you everything you need." Matt. 6:33 In the Bible, fasting is not an option. It's a given. Matthew 6:17 doesn't say, "If you fast," but rather, "When you fast." Fasting has always been part of the lifestyle of believers, just like praying and studying the Bible. In fact, every major character in the Bible fasted. And even now Jesus is fasting: He promised He would not drink grape juice again until we are all together in heaven (see Matt. 26:29). If Christ is currently fasting on our behalf, why can't we also fast on His behalf...that He may have His way in our life, that we might have clearer perceptions of truth, that we might love and desire to serve Him more?

THEME

Preparing for the final events

FOCUS

To prepare for prayer and fasting by studying the word

TOPIC: THE SIGNS OF THE TIMES AND END OF THE AGE

SAT. MARCH 30TH

Study and Pray on Matt. 24: 3-28
• Signs of times and End of the Age
• The Great Tribulation

SUN. MARCH 31ST

Study and Pray on Matt. 24: 29-51

- The Coming of the Son of Man
- The Parable of the Fig Tree
- · No One Knows the Day or hour
- The Faithful Servant and the Evil Servant

MON. APRIL 1ST

Study and Pray on Matt. 25: 1-13
• The Parable of the Wise and Foolish Virgins

TUE. APRIL 2ND

Study and Pray on Matt. 25: 14-30
• The Parable of the Talents

WED. APRIL 3RD

Study and Pray on Matt. 25: 31-46
• The Son of Man Will Judge the
Nations

TOPIC: THE PIVOTAL OLD TESTAMENT PROPHECY

THU. APRIL 4TH

Study and Pray on Daniel: 12:1-2 & Isaiah 57: 15-19

- The Prophecy of the End Time, Daniel: 12:1-2
- Healing for the Backslider, Isaiah
 57: 15-19

FRI. APRIL 5TH

Study and Pray on Job 42: 1-6

- The Repentance and Restoration
- Promise of Blessing and Retribution, Leviticus 26:1-13; 14-46

SAT. APRIL 6TH

Prayer & Fasting