



etc

2026 Schedule

11301 OLD NASHVILLE HWY
SMYRNA TN 37167

Little Dippers

Boys & Girls ages 2-3.5 years

Monday

9:00-9:40am
9:50-10:30am
10:40-11:20am
3:45-4:25pm
4:45-5:25pm
5:45-6:25pm
6:45-7:25pm

Tuesday

9:00-9:40am
9:50-10:30am
10:40-11:20am
1:00-1:50pm
3:45-4:25pm
4:45-5:25pm
5:45-6:25pm
6:45-7:25pm

Wednesday

9:00-9:40am
9:50-10:30am
10:40-11:20am
3:45-4:25pm

Thursday

3:45-4:25pm
4:45-5:25pm
5:45-6:25pm
6:45-7:25pm

Friday

3:45-4:25pm
Saturday
9:00-9:40am
10:00-10:40am

starting at
\$105
per month

Annual Membership fee
of \$30 applies



Save 10%

Weekday classes
beginning
3pm or earlier

Big Dippers

Boys & Girls ages 3.5-5 years

Monday

9:00am-9:50am
9:50-10:40am
10:40-11:30am
3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Tuesday

9:00-9:50am
9:50-10:40am
10:40-11:30am
1:00-1:50pm
3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Wednesday

9:00-9:50am
9:50-10:40am
10:40-11:30am
11:30-12:20pm
3:45-4:35pm

Thursday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Friday

3:45-4:35pm
3:45-4:35pm
4:45-5:45pm

Saturday

9:00-9:50am
10:00-10:50am
11:00-11:50am

Advanced Big Dipper
classes in Bold Italics
INVITE ONLY



Girls Gymnastics

Girls Gymnastics Rising Stars

Ages 5 and up

Tuesday

1:00-1:50pm

Wednesday

3:45-4:35pm

Friday

3:45-4:35pm



Ages 5-7

Monday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Tuesday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Thursday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Saturday

9:00-9:50am
10:00-10:50am
11:00-11:50am

Shooting Stars

Ages 8 and up

Monday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Tuesday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Thursday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Saturday

9:00-9:50am
10:00-10:50am
11:00-11:50am



Little Comets

Mommy & Me (Parent Participant Class)

Boys & Girls ages 16mo-2.5 years

Thursday

9:00am-9:40am
9:50am-10:30am

Wednesday

9:00am-9:40am
9:50am-10:30am



Special Events

Parent's Night Out

\$25 from 7:00-10:30pm

\$30 from 5:30-10:30pm

On the 2nd Friday of each month we break out the fun & games! Advance registration is required. Sign up online at www.etcgymnastics.com



615-617-7644



2026 Schedule



"Excellence in gymnastics through Him"

615-617-7644

All Star Girls Team

Tumbling Ages 8 and up

Monday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Tuesday

3:45-4:35pm
4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Thursday

4:45-5:35pm
5:45-6:35pm
6:45-7:35pm

Saturday

10:00-10:50am

Tiny Tumblers Ages 5-7

Monday

5:45-6:35pm

Tuesday

3:45-4:35pm

Thursday

3:45-4:35pm

6:45-7:35pm

Friday

3:45-4:45pm

Saturday

10:00-10:50am

Cheer Prep Ages 8+

Monday

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Thursday

4:45-5:35pm

5:45-6:35pm

Ninja Ages 5 and up

Monday

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Tuesday

1:00-1:50pm

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Thursday

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Saturday

9:00-9:50am

10:00-10:50am

Ninja Team

(\$116 per month)

Level 2

Wednesday

5:00-6:00pm

Thursday

7:35-8:35pm

Friday

3:45-4:45pm

4:45-5:45pm

Level 3

Wednesday

3:45-4:45pm

6:00-7:00pm

Friday

3:45pm-4:45pm

All Star Prep (\$116 per month)

Monday

7:35-8:35pm **

Tuesday

3:45-4:45pm**

**Seasonal class



Level 1 (\$116 per month)

Monday

6:45-7:45pm

Tuesday

1:00-2:00pm

6:45-7:45pm

Wednesday

3:30-4:30pm

4:45-5:45pm

Friday

4:45-5:45pm

Level 3 Only (\$195 per month)

Wednesday 6:00-8:00pm

AND Friday 5:45-6:45pm

OR

Tuesday 7:35pm-8:35pm

AND Saturday 9:00am-11:00am

OR

Thursday 7:35-8:35pm

AND Friday 4:30-6:30pm

Ninja Fit (Ages 10+)

Thursday

6:45-7:35pm



Level 2 (\$116 per month)

Monday

7:35-8:35pm

Tuesday

1:00-2:00pm

7:35-8:35pm

Wednesday

3:45-4:45pm

4:45-5:45pm

6:00-7:00pm

Thursday

7:35-8:35pm

Friday

3:30-4:30pm

4:45-5:45pm

Saturday

10:15-11:15am



Level 4 & Up (\$195 per month)

Wednesday 4:00-6:00pm

AND Saturday 11:15-12:15pm

OR

Monday 7:35-8:35pm

AND Wednesday 6:00-8:00pm

OR

Tuesday 7:35-8:35pm

AND Friday 4:30-6:30pm



For always current information, visit our website!