



11301 OLD NASHVILLE HWY **SMYRNA TN 37167**

Big Dippers

Boys & Girls ages 3.5-5 years

Monday

Tuesday

Advanced Big Dipper

classes in Bold Italics INVITE ONLY

9:00am-9:50am

9:50-10:40am

10:40-11:30am

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

9:00-9:50am

9:50-10:40am

10:40-11:30am

1:00-1:50pm

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Little Dippers

Boys & Girls ages 2-3.5 years

Monday
9:00-9:40am
9:50-10:30am
10:40-11:20am
3:45-4:25pm
4.4E E.2E.2

4:45-5:25pm 5:45-6:25pm 6:45-7:25pm

Tuesday 9:00-9:40am

9:50-10:30am 10:40-11:20am 1:00-1:50pm 3:45-4:25pm 4:45-5:25pm

5:45-6:25pm 6:45-7:25pm

Wednesday 9:00-9:40am

9:50-10:30am 10:40-11:20am 3:45-4:25pm

Thursday

9:00-9:40am 9:50-10:30am 3:45-4:25pm 4:45-5:25pm 5:45-6:25pm

6:45-7:25pm **Friday** 3:45-4:25pm

Saturday 9:00-9:40am 10:00-10:40am







Save 10%





Weekday classes beginning 3pm or earlier

Wednesday

9:00-9:50am 9:50-10:40am 10:40-11:30am 11:30-12:20pm 3:45-4:35pm

Thursday 3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm Friday

3:45-4:35pm 3:45-4:35pm

4:45-5:45pm

Saturday

9:00-9:50am L0:00-10:50am



Girls Gymnastics

Girls Gymnastics Rising Stars Shooting Stars

Ages 5 and up

Tuesday

1:00-1:50pm

Wednesday

3:45-4:35pm





Ages 5-7

Monday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm

Tuesday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm

Thursday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm

Friday

3:45-4:35pm

Saturday

9:00-9:50am 10:00-10:50am 11:00-11:50am

Monday

Ages 8 and up

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm

Tuesday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm

Thursday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm 6:45-7:35pm **Friday**

3:45-4:45pm Saturday

9:00-9:50am 10:00-10:50am 11:00-11:50am

ittle Comets

Mommy & Me (Parent Participant Class) Boys & Girls ages 16mo-2.5 years



Thursday 9:00am-9:40am 9:50am-10:30am





Special Events

Parent's Night Out

\$25 from 7:00-10:30pm \$30 from 5:30-10:30pm On the 2nd Friday of each

month we break out the fun & games! Advance registration is required. Sign up online at

www.etcgymnastics.com



2025 Schedule



615-617-7644

All Star Girls Team

Tumbling

Ages 8 and up

Monday

3:45-4:35pm 4:45-5:35pm 5:45-6:35pm

6:45-7:35pm

Tuesday

3:45-4:35pm 4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Thursday

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Saturday

10:00-10:50am

Monday

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Tiny Tumblers

Ages 5-7

Monday

5:45-6:35pm

Thursday

3:45-4:35pm

Friday

3:45-4:45pm

Cheer Prep

Ages 5+

Monday

4:45-5:35pm 5:45-6:35pm

6:45-7:35pm

Thursday

4:45-5:35pm

5:45-6:35pm

All Star Prep

(\$115 per month)

Wednesday

4:45-5:45pm **

**Seasonal class



Discounts 🗡 Available for

Multiple Classes

Level 1

(\$115 per month)

Monday

6:45-7:45pm

Tuesday

1:00-2:00pm 6:45-7:45pm

Wednesday

3:30-4:30pm

4:45-5:45pm

Friday

4:45-5:45pm

Level 3 Only

(\$190 per month)

Wednesday 6:00-8:00pm

AND Friday 5:45-6:45pm

Level 2

(\$115 per month)

Monday

7:35-8:35pm

Tuesday

7:35-8:35pm

Wednesday

3:45-4:45pm 4:45-5:45pm

6:00-7:00pm

Thursday

7:35-8:35pm

Friday

3:30-4:30pm 4:45-5:45pm

Saturday

10:15-11:15am



Level 3 & Up

(\$190 per month)

Wednesday 4:00-6:00pm **AND** Saturday 11:15-12:15pm

OR

Monday 7:35-8:35pm AND Wednesday 6:00-8:00pm

OR

Friday 4:30-6:30pm **AND** Tues. 7:35pm-8:35pm **OR** Thurs. 7:35-8:35pm



Tuesday

5:45-6:35pm

Thursday

6:45-7:35pm





Ninja Team (\$115 per month)

Ninia

Ages 5 and up

3:45-4:35pm 1:00-1:50pm

Tuesday

3:45-4:35pm

4:45-5:35pm

5:45-6:35pm

6:45-7:35pm

Level 2

Tuesday 7:35-8:35pm **Thursday**

7:35-8:35pm

Wednesday 5:00-6:00pm Friday

3:45-4:45pm 4:45-5:45pm

Level 3 Wednesday 3:45pm-4:45pm

6:45-7:35pm

Saturday

9:00-9:50am 10:00-10:50am

Friday 3:45pm-4<u>:45pm</u>









