FLOWER MOUND LACROSSE ASSOCIATION

CODES OF CONDUCT

Dear FMLA Parents, Players and Coaches,

Our goal is to set and maintain high standards of sportsmanship, ethics and integrity throughout the FMLA program. It is our responsibility to provide the discretion and constant vigilance under which good sportsmanship can prosper and have a positive impact on our children and community.

The value of the lessons learned by exhibiting good sportsmanship will last a lifetime. The positive actions of a coach, athlete or parent at an event play an import part in making youth lacrosse a positive experience for everyone. These also can influence how youth lacrosse is perceived in the community.

We are asking for your support in this effort by reviewing the Codes of Conduct set forth below and emphasizing to your son/daughter what is expected of them at an event as a player. We also ask you, as parents and role models, to set a good example when at a game or practice. It is through these efforts that we can clearly communicate what is acceptable behavior. We hope that your positive example will help set the tone for those around you.

All players and parents are required to review the Codes of Conduct below, sign in the appropriate location and returned the signed copy to the coach before the player can participate in the program.

Thank you in advance for your positive influence and enjoy the upcoming lacrosse season.

FMLA Board of Directors

FMLA Codes of Conduct and Disciplinary Action

For those involved in the FMLA program as an official, parent, coach, or player; a code of conduct is outlined below. FMLA will encourage good sportsmanship and fair play. Each FMLA coach will be totally responsible for the conduct of himself, his players and his respective spectators. Likewise, players and parents are responsible for their conduct. The failure to comply with the Codes of Conduct will be result in the actions detailed below.

<u>Parents' Code of Conduct</u>:

I Will:

1 I hereby pledge to provide positive support, care, and encouragement for my child participating in FMLA by following this Parents' Code of Conduct.
2 I will ensure my child has read and understood the Player's Code of Conduct, and I will encourage my child to follow the Player's Code of Conduct.
3 I will encourage good sportsmanship by being a positive role model, demonstrate positive support, courtesy and respect for all players, coaches, and officials at every game, practice, or

other youth sports event.
4 I will place the emotional and physical well being of my child ahead of a personal desire to win.
5 I will do my best to learn the rules of the game of lacrosse.
6 I will insist that my child play in a safe and healthy environment.
7 I will support coaches, officials, volunteers and Board members of FMLA working with my child, in order to encourage a positive and enjoyable experience for all.
8 I will insist on a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.
9 I will remember that the game is for youth, not for adults.
10 I will do my very best to make youth sports fun for my child.
11 I will require my child to treat other players, coaches, fans, and officials with dignity and respect, regardless of race, sex, creed, or ability.
12 I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.
13 I will teach my child to play by the rules, to compete fairly and resolve conflict without hostility or violence.
14 I will praise and teach my child that doing ones best, competing fairly, and trying hard are more important than winning.

I Will NOT:

1. I will NOT force my child to participate in sports.
2. I will NOT impose my expectations on my child.
3. I (and any of my guests) will NOT encourage or demonstrate poor behavior, poor sportsmanship or poor conduct with any of the other parents, fans, officials, coaches, spectators or Board members while at practices or games, on or off the field.
4. I will NOT publically question or argue with referees.
5. I will NOT do anything to endanger the health and well being (physical or otherwise) of the athletes, coaches, officials, fans or spectators on or off the field.
6. I will NOT coach my child or other players during games and practices unless I am one of the official coaches of the team
7. I will NOT ridicule, yell at, or embarrass my child, other players, coaches, officials and spectators on or off the field.
8. I will NOT use vulgar or foul language

Player's Code of Conduct:

I Will:

1 I will be positive role model and accept responsibility for my participation in FMLA by following this Players' Code of Conduct.
2 I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.
3 I will play by the rules.
4 I will attend every practice and game that I can, be “on time” for practices and games, and will notify my coaches if I cannot.
5 Except when a different rule applies, I will expect to receive a fair and equal amount of playing time.

6 I will do my very best to listen and learn from my coaches, parent volunteers and referees.
7 I will treat my coaches, other players, referees and fans with respect and dignity.
8 I will never argue with or complain about referee calls or decisions.
9 I will play for the fun of it and will alert parents or coaches if it stops being fun.
10 I am committed to giving my best effort everyday.
11 I am responsible and accountable for my actions.
12 I will do my very best in school.
13 School work and good grades comes first and are more important than sports.
14 I will commit to have good grades in school in order to play lacrosse.
15 I will remember that sports are an opportunity to learn, become a leader and have fun.
16 I will come prepared and on-time with all of my needed equipment for practice and games.
17 I deserve to play in an environment that is free of drugs, tobacco, and alcohol and expect adults to try to refrain from their use at all youth sports events.

Coach's Code of Conduct:

I Will:

1 I will be courteous at all times with players, opponents, game officials and fans.
2 I will exercise self-control on the field before, during and after contests.
3 I will be responsible for the sportsmanlike conduct of my players on the team.
4 I will explain to the parents that they are to respect the decisions of the referees and the play of both teams in a sportsmanlike manner.
5 I will agree that there shall be no use of foul and abusive language.
6 I will be familiar with all rules of lacrosse.
7 I will respect the integrity and judgment of game officials.
8 I will agree there shall be no use of tobacco products, alcoholic beverages, or illegal drugs at games or practices.
9 I will agree there shall be no recruitment of players from other teams or clubs.
10 I will win with character, lose with dignity.
11 I will review the Player's Code of Conduct and encourage my players to adhere at all times to the Code of Conduct.
12. I will review the Parents' Code of Conduct and encourage the parents of my players to adhere at all times to the Code of Conduct.

I also agree that if I fail to abide by the aforementioned rules and guidelines (Codes of Conduct), I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or head of the organization
- Written warning
- Parental/Player game suspension with written documentation of incident kept on file by the organizations involved
- Parent/ Player game forfeit through the official, coaches or Board of Directors
- Parental/ Player season suspension

Player Name

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Player Signature

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Date_____

Parent/Guardian Name

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Parent/Guardian Signature

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Date_____

Coach Signature

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Date_____