THE DUBIN CENTER
Where no one faces dementia alone.

PLACEMENT: ASSISTED LIVING & MEMORY CARE

Placement and long term care planning can be a daunting task, please see the below tips and FAQs when considering placement.

When do families start considering placement?

Most families begin thinking about placement when care needs outgrow what can safely be provided at home, even with support.

Common signs include:

- Increasing safety concerns (falls, wandering, medication errors).
- Memory loss or confusion affecting daily life.
- Caregiver exhaustion, burnout, or health decline.
- Escalating behavioral or emotional needs.
- Social isolation or lack of stimulation for your loved one.

Needing help is not a personal failure, it's a sign that the situation has changed.

What is placement?

- 24/7 supervision and support
- Assistance with daily activities (meals, bathing, medications)
- Structured routines and social engagement
- Specialized care (especially for memory-related conditions)

Assisted living supports people who need help but maintain some independence. Memory care offers additional structure, safety, and dementia-specific support.

What placement is not...

- Abandonment OR "Giving up"
- A reflection of not loving your parent or partner enough
- A decision that means you stop being involved

You are still an advocate, companion, and family member, just not the sole caregiver.

Why does this feel so hard if it's the right choice?
Because love and loss can coexist. Grief does not mean regret.

Frequently Asked Questions

1. **Will my loved one feel abandoned?** Transitions are emotional, but most residents adjust, especially when families stay present, visit regularly, and partner with staff.
2. **Am I doing this too soon?** Families often wait too long, not too early. Proactive decisions usually lead to smoother transitions.
3. **Can I still be involved?** Absolutely. Families remain critical members of the care team.
4. **How is placement paid for?** Payment varies by situation. Options may include private pay, long-term care insurance, veterans benefits, or limited Medicaid programs. A care professional can help families understand what applies and plan ahead.
5. **What are placement agencies?** Placement agencies help families explore care options and identify appropriate communities. Most are free to families but are paid by senior living communities, so it's important to ask about how recommendations are made.

To learn more about placement- please call and schedule a consultation with a social worker.

www.DubinCenterSarasota.com | 941-275-2941 | InfoSarasota@dubincenter.com