THE DUBIN CENTER

Where no one faces dementia alone.

Helpful questions to ask when choosing an Adult Daycare Facility

When you have identified some options for adult daycare, plan to visit at least three so that you can "feel" for the people and the environments. Observe the staff and how they interact with participants. Try to picture yourself or your loved one there and ask plenty of questions. You may wish to try out different adult day care centers a few times each to see whether your experience on different days confirms your initial impressions.

The questions below will help you evaluate your options. Consider printing this list and taking notes during your visit.

1. Who owns or sponsors the adult daycare centers?
2. How long has it been operating?
3. Is it licensed through the state?
4. What are the days and hours of operations?
5. Which conditions are accepted (e.g., memory loss, limited mobility, incontinence)?
6. What is the ratio of staff to participants?
7. How are care providers screened?
8. What is the training and level of experience of the care providers?
9. How and by whom are the care providers supervised?
10. What procedures does the program have for emergencies?
11. What activities are offered?
12. Are there a variety of individual and group programs? Can you give me some examples?
13. Is transportation to and from the adult daycare center provided?
14. Are meals and snacks included? Can you provide examples of what types of meals and snacks are included?
15. Are special diets accommodated?
16. What is the cost of services?
17. How is payment arranged?

For more information, resources, or support- please call and schedule a consultation with a social worker.

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