Thank You for Supporting Hope for Girls — and What's Next...

\$35 Can Change a Girl's Life — Here's How



As May comes to a close, we want to pause and say thank you.

This Menstrual Hygiene Month, you helped shine a light on an issue that too often goes unseen — and because of your support, **real change is happening**.

Through our Hope for Girls program, we've been able to provide:

- Reusable menstrual hygiene kits to girls in need
- Health education that empowers and informs
- Dignity and opportunity to girls in places like Ethiopia and Guatemala

Your voice, your gift, your partnership — it matters more than you know. Because of people like you, thousands of girls now walk forward with **confidence instead of shame**.

But we're not done.

Here's what it takes to change one girl's life:

- \$15 to make a reusable hygiene kit
- \$15 to ship it across the globe
- ✓ \$5 to place it in her hands and teach her how to use it with dignity

That's \$35 to keep a girl in school, safe, and thriving for up to 3 years.

Would you consider becoming a **\$35/month donor** to help us continue this life-changing work all year long?

Learn more or sign up to give: HopeSpringsWater.org/Hope-for-Girls

You can also help by sharing our mission or joining a local sewing group — every bit of support brings hope to another girl.

I will be traveling to Guatemala in November with some ladies from our sewing groups to deliver kits and visit schools!

With gratitude,

Amanda Bennett

Director of Advancement Hope Springs Water

P.S. We'd love to hear from you! If you supported Hope for Girls this month — by donating, sewing, or spreading the word — reply to this email and let us know. We want to celebrate you!





