



Nourishing Community

www.agapetable.ca



Please support Agape Table during this Thanksgiving Season

Donate online at www.agapetable.ca or use the form inside this newsletter. **Thank you!**

Message from the Executive Director



Jim Steep
Executive Director

To our Loyal Supporters- Most of us are lucky to have something to be thankful for at this time of year. Every day, we see many people who are very thankful for Agape Table, where they receive food, hygiene products, clothing, a kind word, and a smile from staff and volunteers.

I personally am extremely thankful for the opportunity to be a part of the Agape Table experience. I am also thankful to the incredible team of Agape volunteers and staff who provide the unconditional love, that is Agape. I would also like to thank our board of directors for their unwavering support and dedication to Agape Table's mission.

To you, our faithful and generous donors, we thank you from the bottom of our hearts... without you, there would be no Agape Table!

For 5.5 years now, we have been unable to serve our guests inside, which has always been one of the most important parts of our operations... a social safe and caring atmosphere. We are excited that in 4-5 months we will host our guests in our new, totally accessible building, where we can serve food to those in need, 7 days a week.

Thank you to all those involved in fundraising, advisory, and building committees for your time and efforts to make this dream a reality!

From our Agape Table family to yours, we wish you a Happy Thanksgiving

Sincerely,

Jim Steep

Executive Director



Make a difference in someone's life today!

Give a Cup of Kindness and help Agape Table feed the rising number of people who struggle with hunger and poverty every day.

For as little as \$25, you can provide hearty soup for 10 people and support our expanded home.

"Show Your Agape" - Give A Cup of Kindness today.



Message from the Volunteer Coordinator

As the seasons are changing, we're filled with gratitude for our incredible volunteers. This year your support has been more important than ever. Thanksgiving is one of the busiest times of the year here at Agape Table. Your dedication helps provide a warm and nourishing meal for someone who needs it most.

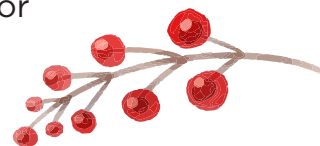
Volunteering at Agape Table is a great place to truly make a difference in the lives of others. If you are interested in volunteering with friends, family, team group or workplace- please reach out to **Aaron@agapetable.ca**.

Every hour helps make a difference whether you serve meals, make sandwiches or help with donations.

From all of us here at Agape Table, THANK YOU. We wish you a very happy and peaceful Thanksgiving.

Aaron Scarff

Volunteer Coordinator



Volunteering at Agape Table

Volunteering at Agape Table is more than just serving food; it's about meeting where they're at, living life alongside them, and getting to know others on an intimate level.

We share stories, laughter and sometimes tears. We discover common ground and learn from each other's experiences. It's a reminder that we are all part of the same human family, and that by working together, we can create a kinder, more compassionate community.

Volunteering is an experience that nourishes the soul as much as it nourishes the body.

Diane Sorin

Volunteer

Most Needed Items

Food

- Sandwich fillings (chicken, tuna, ham)
- Peanut Butter
- Fruit (apples, oranges, bananas)
- Vegetables (frozen, canned, fresh)
- Juice boxes
- Fruit Cups / Yogurt / Pudding

Clothing

- Socks
- Winter jackets (new and gently used)
- Toques, mitts, and gloves

Cash Donations

- To help us feed 600 to 900 people every weekday morning



Message from the Board of Directors



On behalf of the Board of Directors for Agape Table, I wish each of you a Happy Thanksgiving. We are so grateful to the many people and organizations that donate their time and money and goods to keeping Agape Table going. It is truly inspiring to hear about the generosity of our donors and volunteers.

We are all working together right now towards our goal of opening a New Home for Agape! This project has been in the works for many years, and we are finally able to see our vision coming to life, quite literally as the new building arises right next door. This is an unprecedented achievement by the Board, the staff, the volunteers, the fundraising team and our generous donors. We can't wait to invite you to the opening of the building in the new year.

Cathe Umlah

Board Chair

Thank You to all those who sponsored, donated prizes and played in our 7th Annual Golf Tournament

This year was our biggest and most successful yet!



Congratulations

to Kevin Higgs, he won the trip for 2 that was generously donated by WestJet

Save the Date

for next year's tournament at
Southwood Golf and Country Club

August 18, 2026



Agape Team

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Executive Director
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Dave Feniuk
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Aaron Scarff
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Board of Directors

Cathe Umlah
Chair

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Brynn Todd
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Secretary

Jason Stevens
Advisor to the Board

Jessica Court

Delaney Ellis

Erfan Hossain

Cassandra Montanino

Nick Noonan

David Patton

Breda Vosters

Members at Large

**Reg. Charitable
Number**

10668 7833 RR0001

Message from the General Manager



Thanksgiving is more than just a big meal—it's a time to be grateful, connect with others, and spread a little kindness. For many of us, it's all about sharing food with family and friends, enjoying those familiar recipes, and

making lasting memories. At Agape Table the tradition of sharing food at Thanksgiving is how we help fulfill this for those who might otherwise be alone or struggling.

It is also a chance to pause and reflect on what we're truly thankful for, like our amazing staff and volunteers that make the magic happen each day, our family and friends that support us, knowing Agape Table is a cause bigger than any individual.

YOU our donors that support our guests by supplying food, volunteering your time, or making a monetary donation. **Your** contribution directly impacts the lives of individuals and families who rely on Agape Table to get by, not just during the holidays, but throughout the year.

From The Agape Family & my family I wish you a Healthy and Happy Thanksgiving

Dave Feniuk



Your generosity changes lives!

Please donate to Agape Table



First name _____ Last name _____

Address _____

City _____ Province _____ Postal Code _____

Phone _____ Email _____

Here is my gift of: ☐ \$500 ☐ \$100 ☐ \$50 ☐ \$25 Other _____

If you would like to become a **Monthly Donor** please call **204-783-6369**

I prefer ☐ Visa ☐ Master Card # _____ Expiry date _____



Visit www.agapetable.ca or send in this form with your cheque or credit card information.

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Email: treasurer@agapetable.ca