

# 1st Sunday of Lent

*1st Reading: Genesis 2:7-9; 3:1-7*

1. In what ways is the image of the serpent akin to sin?
2. How does the serpent interject doubt of God into humanity?
3. Where in your life do you find it difficult to trust God?

*Psalm 51:3-4, 5-6, 12-13, 17*

1. What is the spiritual posture of the psalmist and how does it speak to your heart?
2. What are some links (words/phrases/ideas) between the 1st Reading and the Psalm?
3. What is mercy and where is it needed in the world, your life...?

*2nd Reading: Romans 5:12-19 or 5:12, 17-19*

1. What is the contrast between Adam and Jesus?
2. What are some links (words/phrases/ideas) between the 1st Reading, Psalm, and 2nd Reading?
3. In what ways do you or do you see others struggle to believe this line in life: *“How much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one Jesus Christ.”*

*Gospel: Matthew 4:1-11*

1. Why would the Holy Spirit lead Jesus into the wilderness to be tempted right after His baptism?
2. “40” is an important biblical number. What are other important 40’s and what happened during and after each?
3. What are some links (words/phrases/ideas) between the 1st Reading, Psalm, 2nd Reading, and Gospel?
4. As we follow Jesus into this Lenten desert season—what ways would you like to ask for more reliance on the Lord?



## PRAYER

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects.

Amen

