



Consecration of the United States to the
Sacred Heart of Jesus

The USCCB will consecrate our nation to the Sacred Heart of Jesus in anticipation of the 250th anniversary of our nation.

To join in this historical effort, the Diocese of San Diego will participate in the 250 Holy Hours of adoration beginning the weekend of June 14 leading up to Independence Day on July 4. The 250 hours are collective hours, every person that attends; constitutes one hour. Parishes throughout the diocese will host Holy Hours based on the following themes specified by the USCCB:

Holy Hour for Life, Holy Hour for Peace, Holy Hour for Life, Marriage, and Religious Liberty, Holy Hour for Vocations, Holy Hour Against Racism, and Sacred Heart Holy Hour.

South Bay Deanery

June 18, 2026	9:00 AM	Most Precious Blood, Chula Vista
June 18, 2026	1:00 PM	Our Lady of Mt. Carmel, San Ysidro
June 19, 2026	6:00 PM	St. Pius X, Chula Vista
June 19, 2026	7:00 PM	St. Michael, Paradise Hills
June 20, 2026	7:30 PM	Our Lady of Guadalupe, Chula Vista
June 23, 2026	9:00 AM	St. Mary, National City
June 24, 2026	9:00 AM	Sacred Heart, Coronado
June 25, 2026	9:00 AM	Our Lady of Mt. Carmel, San Ysidro
June 26, 2026	6:00 PM	Corpus Christi, Bonita
July 1, 2026	6:00 PM	Mater Dei, Chula Vista
July 2, 2026	4:30 PM	St. Anthony, National City
July 3, 2026	9:00 AM	St. Rose of Lima, Chula Vista
July 3, 2026	8:00 AM	St. Charles, Imperial Beach

