



Consecration of the United States to the
Sacred Heart of Jesus

The USCCB will consecrate our nation to the Sacred Heart of Jesus in anticipation of the 250th anniversary of our nation.

To join in this historical effort, the Diocese of San Diego will participate in the 250 Holy Hours of adoration beginning the weekend of June 14 leading up to Independence Day on July 4. The 250 hours are collective hours, every person that attends; constitutes one hour. Parishes throughout the diocese will host Holy Hours based on the following themes specified by the USCCB:

Holy Hour for Life, Holy Hour for Peace, Holy Hour for Life, Marriage, and Religious Liberty, Holy Hour for Vocations, Holy Hour Against Racism, and Sacred Heart Holy Hour.

Cathedral Deanery

June 17, 2026	6:00 PM	St. Vincent de Paul Parish, San Diego
June 18, 2026	5:30 PM	Our Lady of the Sacred Heart, San Diego (Spanish)
June 19, 2026	6:15 PM	Our Lady of the Sacred Heart, San Diego (Vietnamese)
June 19, 2026	5:15 PM	St. Anne, San Diego
June 22, 2026	6:00 PM	St. Didacus, San Diego (Bilingual)
June 24, 2026	6:00 PM	St. Vincent de Paul Parish, San Diego
June 26, 2026	5:15 PM	St. Anne, San Diego
July 1, 2026	6:00 PM	St. Vincent de Paul Parish, San Diego
July 3, 2026	10:45 AM	St. Joseph Cathedral, San Diego
July 3, 2026	5:15 PM	St. Anne, San Diego, San Diego
July 3, 2026	6:00 PM	Our Lady of the Rosary, San Diego
July 3, 2026	7:00 PM	Our Lady of Guadalupe, San Diego (Spanish)

