



Christ the King



Prayer and Liturgical Development Progression

Year	Reception	Y1	Y2	Y3	Y4	Y5	Y6
Formal Oral Prayers	Sign of the Cross Glory Be	The Sign of the Cross The Lord's Prayer Hail Mary Glory Be Grace before meals Grace after meals	The Sign of the Cross The Lord's Prayer Hail Mary Glory Be Grace before and after meals.	The Apostle's Creed An Act of Contrition Angel of God Come, Holy Spirit The Prayer of St Richard of Chichester	The Apostle's Creed An Act of Contrition Angel of God Come, Holy Spirit The Prayer of St Richard of Chichester	Morning Offering The Rosary The Magnificat Act of Faith Act of Hope Act of Love	Morning Offering The Rosary The Magnificat Act of Faith Act of Hope Act of Love
Liturgical Prayers	Simple responses: (and with your spirit) Peace be with you Amen)	Simple responses Bidding prayer responses Responses to short litanies: (pray for us) Go and announce the Gospel of the Lord	Simple responses Eucharistic acclamation: Lord have mercy (Holy Holy) Bidding prayer responses Responses to short litanies: (pray for us)	Simple responses Eucharistic acclamation: (Holy Holy) Blessed be God forever Concluding Rites Bidding prayer responses Responses to short litanies: (pray for us) Take part in Mass Readings	All Mass prayers and responses (using children's Mass card) Take part in Mass Readings	Lamb of God All Mass prayers and responses (using children's Mass card) Take part in Mass Readings Renewal of Baptismal Promises	All Mass prayers and responses (using children's Mass card) Take part in Mass Readings
Prayers in RED branches	Sign of the Cross Glory Be School Prayer/hymn	Opening of Nicene Creed Our Father Hail Mary 1 st Phrase of the Gloria Glory Be	Psalms as prayers to praise God. Some words of the Magnificat. Act of Sorrow (Contrition) Our Father Simple Examen Lord have Mercy Come Holy Spirit Stations of the Cross	St Francis, Canticle of Creation Extracts from Psalm of Creation A Prayer for our Earth (Laudato Si) Our Father Prayers and responses said during the Eucharistic Prayer Prayers referencing the Trinity	St Terese prayer 'May today there be peace' John Henry Newman 'Mission of my life' Bl Charles de Foucauld 'Prayer of Abandonment.' Nicene Creed Apostles Creed Marian Prayers, Hail Mary, the Angelus, the Rosary, the Magnificat, Ave Maria.	Act of Faith, Hope and Love Prayers Little Way Week Jesuit Pupil Profile Psalm 23 Joyful Mysteries O Antiphons Vespers for 17 th - 23 rd December Our Father Sorrowful Mysteries Simple Examen Act of Contrition Glorious Mysteries Come Holy Spirit	Nicene Creed Magnificat Music from one of the signs of St John's Gospel The Stations of the Cross Act of Faith, Hope and Love Prayers Benediction

Year	Reception	Y1	Y2	Y3	Y4	Y5	Y6
Gesture/ Action	Sign of the Cross Sign of Peace	Sign of the Cross Sign of Peace Genuflection/Bow Use Holy water Take part in the offertory procession Hands across chest for blessing at communion Use candles for prayer	Sign of the Cross Sign of Peace Genuflection/Bow Use Holy water Take part in the offertory procession Hands across chest for blessing at communion Use candles for prayer	As for KS1 and Sign forehead, lips and heart to greet the Gospel	As for KS1 and Sign forehead, lips and heart to greet the Gospel	As for KS1 and Sign forehead, lips and heart to greet the Gospel	As for KS1 and Sign forehead, lips and heart to greet the Gospel
Informal Prayer	Graces before meals. Simple prayers of thanksgiving Simple prayers to thank God for creation.	Graces before meals. Simple prayers of thanksgiving Simple examen Simple Visio Divina	Graces before meals. Simple prayers of thanksgiving Simple examen Simple Visio Divina Simple Lectio Divina	As for KS1 Bidding prayers Simple examen Simple Visio Divina Simple Lectio Divina	As for KS1 Bidding prayers Jesuit examen Visio Divina Lectio Divina	As for KS1 Bidding prayers Jesuit examen Visio Divina Lectio Divina	As for KS1 Bidding prayers Jesuit examen Visio Divina Lectio Divina
Silence/ Reflection	Take part in simple still exercises	Remain still for a few moments and think quietly	Remain still for a few moments and think quietly	Participate in extended periods of stillness and quiet thoughts	Participate in extended periods of stillness and quiet thoughts	Take part in guided meditation	Take part in guided meditation
Independent skills of prayer and worship	Understand the reasons for a focal point to aid prayer. With help choose appropriate coloured cloth and artefact.	Independently choose coloured cloth and artefact for focal areas and contribute to prayers.	Set up an appropriate focal area on a given theme and choose a hymn and contribute to prayers.	Plan and deliver a simple liturgy for their peers choosing an appropriate scripture story Hymn/song independently.			